



COMMUNITY OF CARE BGSU

A Community of Care requires campus-wide responsibility for acting on situations that can have significant impact on individuals and the campus community. As a public university for the public good, Bowling Green State University prioritizes community well-being and belonging to ensure that Falcons do not struggle alone.

This publication provides information on five topics, behaviors and situations to be aware of, and what action(s) you can take when you have a concern or certain information is shared with you:

- Alcohol and Substance Misuse and Abuse
- Diversity and Inclusion
- Hazing
- Mental Health and Suicide Prevention
- Sexual Misconduct/Title IX

The most important thing to remember is, if you see or know something that does not feel quite right, say something so that appropriate University personnel can assist.

There are many options available to share information:

- When immediate action is required because someone's health, safety and/or property is at-risk, call 9-1-1.
- When there are non-emergencies that require law enforcement intervention, BGSU Police can be reached by calling 419-372-2346.
- When there is a student concern that is not an emergency, call the Office of the Dean of Students during business hours at 419-372-2843.
- Submitting a written report through the See It. Hear It. Report It. webpage at www.bgsu.edu/reportit.

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Parent and Family Connections

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WE'VE GOT YOU COVERED: CAMPUS AND COMMUNITY RESOURCES

On-Campus Resources

Accessibility Services
419-372-8495

BGSU Police (24/7)
419-372-2346

Counseling Center*
419-372-2081

Division of Diversity and Belonging
419-372-7100

Falcon Health Center*
419-372-2271

Hazing Reporting Line (24/7)
419-372-HAZE (4293)

Parent and Family Connections
419-372-0438

Office of the Dean of Students
419-372-2843

Title IX
419-372-8476

Office of Health and Wellness
419-372-WELL (9355)

Outside Resources

National Suicide Prevention Lifeline (24/7)
800-273-TALK (8255)

The Cocoon (24/7)*
419-373-1730

Wood County Crisis Line (24/7)
419-502-HOPE (4673)

bgsu.edu/bgsucares

**Denotes service providers with confidential resources*

ALCOHOL AND SUBSTANCE MISUSE AND ABUSE

The negative implications of alcohol and drug misuse or abuse can impact an individual's health and decision-making, relationships, academic performance and future goals. Contributing factors to alcohol and drug use include stress, a belief that all students are engaging in those behaviors and a lack of accurate information about alcohol and drugs, as well as misinformation about the consequences of their use.

Be aware of...

- Actions that appear slowed or lethargic
- Speech that is slurred
- Appearance that one is dazed or "out of it"
- Clothes or breath that smell of alcohol and/or marijuana
- Deterioration of physical appearance over time
- Glassy eyes, bloodshot eyes, and/or abnormally sized pupils
- Individuals that are continually overly-tired or exhausted
- Excessive absences

DIVERSITY AND INCLUSION

BGSU is committed to fostering a safe and welcoming campus community. However, there are times when the actions and/or behaviors of some members of our campus community impact others negatively. Bias incidents—discriminatory and/or harassing actions that target or harm individuals—directly impact the ability to know, trust, support and learn from one another. We must respond to these incidents with resources and support for those targeted, as well as educational and consequential actions for those who engage in such conduct.

Be aware of...

- Actions and/or behaviors directed at one or more individuals based upon their actual or perceived identities, including but not limited to:
 - disability
 - ethnicity
 - gender identity and/or expression
 - race
 - religion
 - sex
 - sexuality or sexual orientation
- Actions and/or behaviors that may be considered a bias incident, discrimination or harassment, including but not limited to belittling, excluding, name-calling or stereotyping
- Withdrawal of participation from students with marginalized identities in classroom or group settings; they may be experiencing targeting from other students in the class/group
- Frequent absences

HAZING PREVENTION AND EDUCATION

BGSU seeks to promote a safe environment so members of our learning community may participate in experiences and activities without compromising their health, well-being, dignity and/or rights. Hazing can cause irreparable harm to victims, victims' families and the University community. BGSU has zero tolerance for any form of hazing.

Note: BGSU and State Law require all University employees (including student employees) to immediately report any and all knowledge of hazing (or suspected hazing) to law enforcement and the Office of the Dean of Students.

Be aware of...

- Behaviors expected of individuals in order to join, participate in and/or elevate status in athletic teams, bands, clubs, fraternities or sororities, honor societies, military organizations, musical or theatrical ensembles, spirit groups, student organizations and/or other established group settings for students
- Actions and/or behaviors that constitute hazing may include but are not limited to:
 - Engaging in any conduct prohibited by federal and/or state and/or municipal criminal law, regardless of whether an arrest is made, or criminal charges are brought;
 - Taking into their body any food, liquid (including alcohol), drug, or other substance that subjects the person to a substantial risk of mental or physical harm; and /or;
 - Causing or creating a substantial risk of causing mental or physical harm to another and/or engaging in any act or omission that contributes to the death of another.

MENTAL HEALTH AND SUICIDE PREVENTION

Students in distress may sometimes turn to you for support, advice and referral to other sources of help. You might also observe students who appear to be having difficulties and wonder how you might be able to support them or find that others come to you expressing concerns about a student.

Be aware of...

- Any sudden or significant change in behavior
- Serious grade problems or a decline in quality of work
- Chronic absenteeism
- Depression indicated by a sad expression, low motivation, changes in eating, sleeping patterns, and/or excessive crying or hopelessness
- Excessive worry, agitation, irritability or aggressiveness
- Significant change in appearance or poor hygiene

Emergency situations that require an immediate referral to BGSU Police:

- Expressions of suicidal thoughts and/or intent
- Expressions of violence toward others
- Severe loss of emotional control
- Bizarre behavior or gross impairment in ability to think

SEXUAL MISCONDUCT/TITLE IX

Title IX protects students, employees, applicants for admission and employment and other persons from all forms of sex discrimination, including discrimination based on gender identity. BGSU prohibits the offenses of domestic violence, dating violence, sexual assault and stalking (as defined by the Clery Act) and is committed to maintaining a campus environment that emphasizes the dignity and worth of all members of the college community.

Note: BGSU requires mandatory reporters to immediately report any and all knowledge of sexual misconduct to the Title IX Coordinator. Employees who are not mandatory reporters are encouraged to report any suspected behaviors so that appropriate University personnel can assist.

Be aware of...

- Signs of depression such as persistent sadness, lack of energy, changes in sleep or appetite, withdrawing from normal activities or feeling “down”
- Self-harming behaviors, thoughts of suicide or suicidal behaviors
- Low self-esteem
- Anxiety about situations that did not seem to cause anxiety in the past
- Avoiding specific situations or places
- Falling grades, decreased participation or withdrawing from classes
- Increase in drug or alcohol use

CARE Team

The Campus Assessment, Response and Evaluation (CARE) Team serves to promote the health and safety of the campus community in an effort to create and promote a safe campus environment. The team — comprised of representatives from across campus — tailor interventions to each unique situation, which may include supportive outreach and referrals, advocacy, student conduct proceedings and/or law enforcement responses.

What You Can Do

- Educate yourself about how to assist individuals in distress
- Learn about campus resources
- Speak with the individual privately and use specific examples of what you are observing to let them know you are concerned about their well-being
- Do not promise confidentiality concerning situations that require mandatory reporting
- Share your concerns with your department leadership and others listed on the folder front who can help
- Take threats seriously
- When in doubt, contact the Office of the Dean of Students and/or BGSU Police Department

When You Report a Concern

- Every report received is taken seriously and reviewed on a case-by-case basis
- In many instances, concerns are shared with members of the CARE Team
- Depending upon the nature of the concern, it is not always possible to provide you with an update regarding action(s) taken
- Contact the Office of the Dean of Students if you feel that any concern you have shared is not being addressed