Interesting Findings

- **Sanctification of marriage** is moderately related ($z_r = .32$) to greater levels of marital satisfaction (e.g., quality, adjustment, perceived benefits), marital commitment (e.g., investment), positive coping and communication styles, and lower levels of marital dissatisfaction (e.g., conflict) in self-report, behavioral, cross-sectional, and longitudinal methods.

- **Sanctification of parent-child relationships** is moderately associated ($z_r = .19$) with a better self-reported parenting experience (e.g., lower parental stress, positive parenting strategies, relationship satisfaction, investment, parental self-efficacy, open communication, and spiritual disclosure) throughout the child’s infancy to young adulthood.

- **Sanctification of pregnancy** is highly related ($z_r = .88$) to positive spiritual outcomes (e.g., spiritual investment, spiritual emotions, and spiritual coping).

- Sanctification of **sexuality** is moderately associated ($z_r = .22$) with relational, emotional, and spiritual outcomes (e.g., sexual satisfaction, sexual intimacy, marital satisfaction, spiritual intimacy, positive emotions about sex, more frequent sex) in a married community sample and unmarried college students.

- **Sanctification of strivings** is moderately related ($z_r = .33$) to higher levels of commitment, interest, time devoted to strivings, greater meaning, and joy and happiness derived from pursuing strivings (e.g., family relationships, self-development, career, finances, spiritual growth, health, and travel).

- **Sanctification of the body** is modestly associated ($z_r = .11$) with positive psychological and health-protective behavioral variables (e.g., body satisfaction and exercise).

- **Sanctification of work** is moderately related ($z_r = .22$) to positive job-related variables (e.g., job satisfaction, commitment, and low turnover intention).

- **Sanctification of the environment** is modestly related ($z_r = .12$) to pro-environmental attitudes and behavior

- **Sanctification of forgiveness** is moderately associated ($z_r = .20$) with self-reported forgiveness.

*If you have questions or would like additional information please contact us or visit our website:

Julie Pomerleau: pomerjm@bgsu.edu
Serena Wong: swong@bgsu.edu
Annette Mahoney: amahone@bgsu.edu

http://www.bgsu.edu/arts-and-sciences/psychology/graduate-program/clinical/the-psychology-of-spirituality-and-family.html
References

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