

ElderCollege Course List Spring 2023

Tuesday, February 7, 2023 12pm – 1pm IN PERSON

[True Black History Museum](#)

Hayden Spaeth – Journey through the African American experience with a collection and lecture that celebrates and highlights the contributions of African Americans in the arts, sciences, sports, entertainment, education, and politics. The lecture will explore topics from the many great civilizations in Africa, through the Transatlantic Slave Trade, Slavery, The Civil War, Reconstruction, Jim Crow, the Civil Rights/Black Power movement, to understanding modern African American and Black issues of today. This **FREE CLASS** will be held in 115 GMH.

Thursday, February 23, 2023 1:30pm – 3:30pm IN PERSON

[Real Stories of Digital Thievery](#)

Fil de Banate, Dan McLaughlin, & Steve Snyder – This is the first follow up to the September Kick Start: Why Elders are Targeted for Scams and Exploitation. This presentation will answer questions on trending payment scams, statistical data on complaints, robocalls, cryptocurrency, credit/debit cards, texts, social media, computer malware, and hacking. This **FREE CLASS** will be held in 1001 CPC.

Friday, March 3, 2023 11am – 12pm IN PERSON & ONLINE

[FORTS of NW OHIO During the War of 1812](#)

Patrick Dymarkowski – These forts played a major role in securing the territory and provisioning the troops. Learn the significance of each one and how they helped shape Ohio history.

Tuesday, March 7, 2023 10am – 12pm IN PERSON

[Go Phish!](#)

Mike Myers – An introduction to avoiding scams that are emailed to your inboxes. Learn what to look for and how to identify phishing emails.

Friday, March 10, 2023 10am – 12 pm IN PERSON

[It's Time to Rethink How We Think About Science](#)

Lisa Fisher – Our perceptions about science shape our understanding. What's real vs what's possible is skewed. Discussion will revolve around those factors and their power to detract and what we can do about it.

Tuesday, March 14, 2023 10am – 12pm IN PERSON

[Securing Your Digital Profile](#)

Julie Hamann – Learn how to secure your social media accounts, such as Facebook and Instagram. Understanding spoof accounts and ways to prevent someone from taking over your social media profile.

Friday, March 17, 2023

11am – 12pm IN PERSON & ONLINE

[The Milan Canal & Jenkins Warehouse](#)

Judi Horchler, Ph D – Many of you have read in the newspaper about the Milan Community wanting to preserve an old barn. This structure is the last vestige of structures dating from the canal days in Ohio. The class will learn of the significance of not only that structure, but of the canal in the history of Milan and this region.

Tuesday, March 21, 2023

10am – 12pm IN PERSON

[Self Defense for Older Adults](#)

Erie County Sheriff Paul Sigsworth – This course will advise on safety and techniques for avoiding injury and violence. This is NOT a hands-on course that will place an elder in danger. Plan to understand how looking like a target, can make you a target.

Friday, March 24, 2023

11am – 12pm IN PERSON & ONLINE

[Art in Fashion and on Canvas, in Downtown Sandusky](#)

Erik Anderson & Amy Helfinger – If you came downtown in the Fall, you might have run into a "pop-up Art Gallery" on the North side of Market Street around the corner from the old Bertsch's Jewelers or have seen art in the window of ERIK's Clothing store on the corner of Jackson and Market. These are the windows of art available in the ever-revitalizing Downtown Sandusky. Get the "rest of the story" with this class.

Friday, March 31, 2023

11am – 12pm IN PERSON & ONLINE

[Preserving America: The History and the Art of the Birth Certificate](#)

Andrew du Fresne – The Birth Certificate is a document rich in tradition and history. It establishes who you are and provides access to the rights, privileges, and obligations of citizenship.

Friday, March 31, 2023

12:30pm – 2pm IN PERSON

[Exploring the Neighborhoods of Huron](#)

Alyson Wilson – From 1824 as a Township of the Firelands Sufferers, this talk explores Huron through photos, maps, timelines, and oral histories. It explains how Huron has changed via immigration trends and industry.

Tuesday, April 4, 2023

10am – 12pm IN PERSON

[RELAX: A Guide to True Cyber Security](#)

Ken Fanger – Cybersecurity as a strategy of Relax, Evaluate, Act to help students understand how to address cyber-attacks with the message that you are not bad for being attacked.

Friday, April 7, 2023

11am – 12pm IN PERSON & ONLINE

[What are Our Elders Eating?](#)

Carrie M Hamady, Ed D – Nutrition is a key component in aging. There are confusing nutrition messages that can lead to difficulty in planning meals and knowing how to meet one's changing needs. This presentation will address adequate nutrition, vitamins, minerals, and macronutrients.

Tuesday, April 11, 2023

10am – 12pm IN PERSON

[Tech Topics Roundtable](#)

BGSU Firelands Tech Team – Meet with a panel of BGSU Firelands technology experts to ask your technology questions. Leave with the answers and connections you need.

Wednesday, April 12, 2023

11am – 12pm IN PERSON & ONLINE

[A THREE-PART SERIES: PRESIDENT GEORGE WASHINGTON'S FAREWELL ADDRESS](#)

[Part 1 – The Relevance of George Washington's Farewell Address Right Now, TODAY!](#)

Jon Carver, MS – We begin by looking at the historical, political, and cultural forces that were at play at the time that George Washington wrote and gave this address.

Friday, April 14, 2023

11am – 12pm IN PERSON & ONLINE

[A THREE-PART SERIES: PRESIDENT GEORGE WASHINGTON'S FAREWELL ADDRESS](#)

[Part 2 – The Relevance of George Washington's Farewell Address Right Now, TODAY!](#)

Jon Carver, MS – Learn about the very important parts of this writing as President Washington reflects upon tensions in the country ranging from foreign affairs to political philosophies.

Tuesday, April 18, 2023

10am – 12pm IN PERSON

[Human Trafficking](#)

Tracy McGinley & Lara Wilken – As more has been learned about human trafficking, there have been opportunities to open discussions and training for professionals who may come into contact with victims of human trafficking. In this presentation, we will start with a brief overview of what human trafficking is. We will then explore some of the ways to specifically address human trafficking within the criminal justice and medical fields. In addition, we will discuss common ways to identify human trafficking and what you can do to help raise awareness.

Wednesday, April 19, 2023

11am – 12pm IN PERSON & ONLINE

[A THREE-PART SERIES: PRESIDENT GEORGE WASHINGTON'S FAREWELL ADDRESS](#)

[Part 3 – The Relevance of George Washington's Farewell Address Right Now, TODAY!](#)

Jon Carver, MS – Understand the relevance of this letter's contents Right Now, today! Did you know that it is read every year? Find out where.

Friday, April 21, 2023

11am – 12pm IN PERSON & ONLINE

[GOOD GRIEF! Charles Schultz, Charlie Brown & THE MOST SUCCESSFUL COMIC STRIP](#)

Chuck Coletta, Ph D – Charles Schultz's "PEANUTS," appeared in newspapers from 1950-2000. The strip is celebrated as one of the great achievements in comic history. Sit back and enjoy the history of Charlie Brown, Snoopy, Lucy, Linus, and the Peanuts gang.

Friday, April 28, 2023

11am – 12pm IN PERSON & ONLINE

[What is OHgo?](#)

Kendra Faulkner & Christine Boesch – OHgo offers a choice style mobile pantry to Sandusky's neighborhoods in need. They have other services that offer education around the topic of healthy eating, garden growing, and other interesting activities.

Friday, May 5, 2023

11am – 12pm IN PERSON & ONLINE

[What is Going on with the Weather?? Fighting Algae Bloom and More](#)

Kelly Irene O'Brien, Ph D – Climate Change in the Great Lakes/Midwest Region will be the overview of this class. Learn about the TOLEDO AGAL BLOOM OF 2014 to how municipalities can be resilient and work on the sustainability of our Great Lakes for us citizens.

ElderCollege Class Modes for Spring 2023

IN PERSON & ONLINE – Two simultaneous sections available. One face to face and one via zoom.

IN PERSON ONLY SECTIONS - WILL NOT BE RECORDED