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Student Survey

A randomly generated list of 235 classes across all majors and departments on BGSU main Bowling Green campus was created by the Office of Registration and Records. E-mails were sent to every instructor asking permission to use less than 10 minutes of class time to invite the students to participate in an 8-item survey about smoking on campus. Graduate and undergraduate classes were included in the sample. Some classes in the sample only met online, met at the Levis Commons site, or were independent studies single students enrolled. Small classes, with as few as 4 students, were also given the opportunity to complete the survey.

In total, 38 classrooms participated in the study, for a total of 691 students across a variety of departments and majors.

Methods

Each class was given instructions read from a script to ensure consistent information provided between each room. Instructions and an informed consent document were also included as a cover page. Students were instructed to not complete the survey if they had already taken it in another class. Classes typically finished the survey within 4 minutes. The surveys were collected individually by hand and placed in a file folder. The completed surveys were immediately entered into the SPSS data set as aggregate data without labels for individual classrooms.

Student Results

The first three results are reported directly from the SPSS Output document for all participants, followed by filters controlling for relevant responses (e.g. interest in cessation services among those who identified as current smokers).

ALL PARTICIPANTS

1. Do you believe that Bowling Green State University (all campuses) should be smoke-free?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes, definitely	296	42.8	43.0	43.0
	Yes, if BGSU increases its support for smoking cessation programs	121	17.5	17.6	60.5
	No	272	39.4	39.5	100.0
	Total	689	99.7	100.0	
Missing		2	.3		
Total		691	100.0		

ALL PARTICIPANTS

2. If the decision was made to allow smoking on campus but with restrictions, which of the following would you consider to be the best solution?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Smoking restricted to a minimum of 25 feet from the entrance of a building	234	33.9	34.2	34.2
	Smoking restricted to designated areas around campus	450	65.1	65.8	100.0
	Total	684	99.0	100.0	
Missing		7	1.0		
Total		691	100.0		

ALL PARTICIPANTS

3. Which of the following best describes your current smoking status?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Currently smoke	69	10.0	10.0	10.0
	Quit smoking in the past 5 years	48	6.9	7.0	17.0
	Quit smoking more than 5 years ago	14	2.0	2.0	19.1
	Never smoked	556	80.5	80.9	100.0
	Total	687	99.4	100.0	
Missing		4	.6		
Total		691	100.0		

FILTER: Only including those who indicated status "Currently Smoke" for Question 3.

4. Do you currently smoke at BGSU?

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Yes	58	84.1	84.1	84.1
No	11	15.9	15.9	100.0
Total	69	100.0	100.0	

FILTER: Only including those who indicated status "Currently Smoke" for Question 3.

5. Are you interested in smoking cessation programs?

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Definitely interested	7	10.1	10.1	10.1
Somewhat interested	19	27.5	27.5	37.7
Not interested at all	43	62.3	62.3	100.0
Total	69	100.0	100.0	

FILTER: Only including current smokers who are definitely or somewhat interested in cessation programs.

6. If you are interested in smoking cessation programs, check all that apply[†] to your interest:

- 11.5%** I am willing to pay for a portion of the cost of the program
- 50.0%** I am willing to participate outside of normal work hours
- 26.9%** I am willing to participate only during work hours
- 30.8%** I have tried to quit before and nothing has worked.

[†]percentages are non-cumulative

ALL PARTICIPANTS

7. Are you bothered by smoke at BGSU?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Frequently	144	20.8	21.1	21.1
	Occasionally	245	35.5	35.9	57.0
	Seldom	170	24.6	24.9	81.8
	Never	124	17.9	18.2	100.0
	Total	683	98.8	100.0	
Missing	0	8	1.2		
Total		691	100.0		

FILTER: Only including participants who are either frequently or occasionally bothered by smoke at BGSU.

8. In what way are you bothered by smoking at BGSU? (check all that apply)[†]

- 83.0%** Eyes/nose/throat irritation
- 55.3%** Concern for long term health
- 8.2%** Work performance issues
- 34.4%** Headaches
- 3.3%** Pregnancy related concerns
- 32.6%** Other

[†]percentages are non-cumulative

Conclusions (Students)

- 43% of all students believe that BGSU should definitely be smoke-free, 17.6% believe BGSU should be smoke-free as long as the university increases support for cessation programs, and 39.5% do not believe the university should be smoke-free.
- If the decision was made to allow smoking on campus with restrictions, the majority of students would prefer a policy with designated smoking areas (65.8%) rather than a perimeter policy (34.2%).
- The majority of current smokers (85.5%) do not believe BGSU should be smoke-free.
- Some current smokers (15.9%) choose not to smoke on campus.
- If the decision was made to allow smoking on campus with restrictions, current smokers would prefer a perimeter policy (79.7%) rather than a policy of designated smoking areas (20.3%).
- The majority of current smokers (62.3%) are not at all interested in cessation programs.
- Most current smokers interested in cessation programs (88.5%) are unwilling to help pay for the cost of the programs.
- 13% of current smokers are occasionally or frequently bothered by smoke at BGSU.
- 57% of students are frequently or occasionally bothered by smoke at BGSU.
- Among students who are frequently or occasionally bothered by smoke at BGSU, 64.2% believe that BGSU should definitely be smoke-free, 17.3% believe BGSU should be smoke-free as long as the university increases support for cessation programs, and 18.6% do not believe the university should be smoke-free in spite of being bothered by smoke on campus.
- If the decision was made to allow smoking on campus with restrictions, the majority of students who reported being frequently or occasionally bothered by smoke at BGSU preferred a policy of designated smoking areas (83.9%) over a perimeter policy (16.1%).
- Students who are frequently or occasionally bothered by smoke at BGSU reported eyes/nose/throat irritation (83%), concern for long term health (55.3%), and headaches (34.4%) as the primary ways they are bothered by smoking.