

Tobacco Free Ohio Campuses

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BGSU Profile of Tobacco Users

- National College Health Assessment last completed in 2010 with 777 randomly sampled students at BGSU
- 5.4% Daily cigarette smokers
- 68% Never tried cigarettes
- 22.3% “current” users (1 or more cigarettes past 30 days)
- 8.8% “current” smokeless tobacco users
- 1.7% Daily smokeless tobacco users

Current Tobacco Policy

- Bowling Green State University recognizes the need to create and to maintain an environment that sustains and enhances the general health of its faculty, staff, students and visitors. Therefore, *by resolution of the Bowling Green State University Board of Trustees, effective August 15, 1994*, and by Ohio state law, smoking is prohibited inside all buildings, structures and vehicles owned or leased by Bowling Green State University, including those at the BGSU Firelands campus.
- All University residences are smoke free. Smoking is not permitted within thirty-five (35) feet of any entrance, window or air handling unit of a University residence.

Brief History

1994:

- Bowling Green State University adopts smoking policy, which prohibits smoking in all buildings owned or leased by the university.

2006:

- Ohio voters pass the Ohio Smoke-Free Workplace Act banning indoor smoking in public spaces.
- 34 colleges and universities nationwide with 100% smoke-free campus policy.

2009:

- American College Health Association releases position statement encouraging colleges and universities to adopt 100% tobacco-free policies.

2012:

- 711 colleges and universities nationwide with 100% smoke-free campus policy. Of these, 281 have 100% tobacco-free policy.
- Ohio Board of Regents unanimously approves resolution promoting tobacco free Ohio campuses.

The Importance of Passing 100% TF Policies

- Changes the social norm of the college/university campus
- Reduces health care costs
- Reduces campus clean up costs
- Eliminates risk of exposure

Ohio Cessation Benefits Team



Cost of Tobacco in Ohio

- A per pack a day smoker will spend:
 - \$6.25 per day
 - \$193.75 per month
 - \$2,325 per year
- Smoking-caused costs
 - \$9.19 per pack
 - \$4.37 billion in annual healthcare expenditures



What about Ohio?

- TF: Hocking College; Mount Vernon Nazarene University; Notre Dame College of Ohio; Schar College of Nursing; University of Toledo Health Science Campus
- SF: Miami University; Malone College; Ohio Christian University



OBR Resolution

- NOW BE IT RESOLVED, that the Ohio Board of Regents, and with the support of the Chancellor, recommend that each Board of Trustees of the University System of Ohio, implement its own policy to establish its campus as tobacco-free; and

Ohio Board of Regents Resolution

July 23, 2012

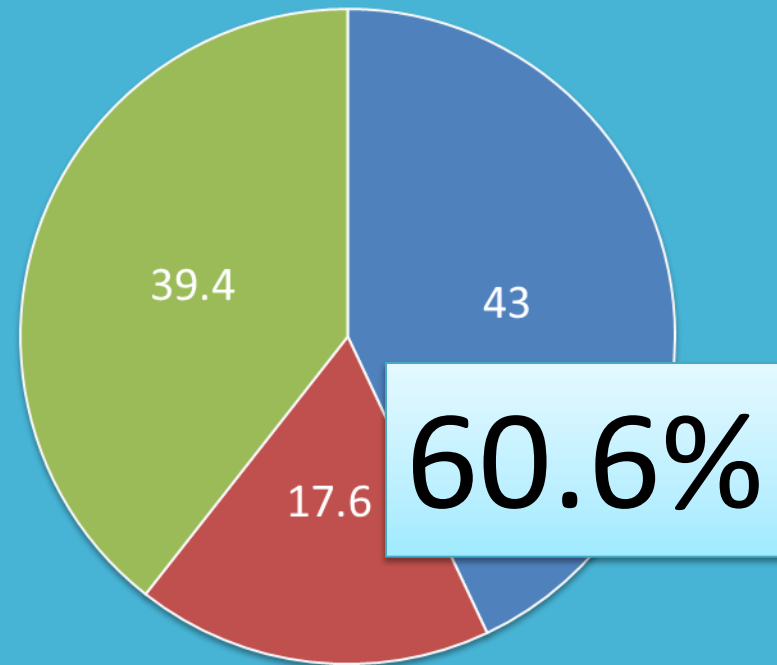
<http://bit.ly/OBRtobacco>

Attitudes at BGSU

In Spring 2012, 691 students from randomly-selected classes across all majors and departments participated in a paper survey of attitudes and beliefs about campus smoking policies.

Do you believe that Bowling Green State University (all campuses) should be smoke-free?

- 43% “Yes, definitely”
- 17.6% “Yes, if BGSU increases its support for smoking cessation programs”
- 39.4% “No”



Full report: <http://bit.ly/BGSUsmokingsurvey>

Attitudes at BGSU

- 85.5% of current smokers do not believe BGSU should be smoke-free.
- 57% of students are frequently or occasionally bothered by smoke at BGSU.
- 13% of current smokers are frequently or occasionally bothered by smoke on campus.
- Students who are frequently or occasionally bothered by smoke at BGSU reported eyes/nose/throat irritation (83%), concern for long term health (55.3%), and headaches (34.4%) as the primary ways they are bothered by smoking.

The Next Step

- Based on the recommendations by the Ohio Board of Regents,
- The negative health effects of tobacco use, and
- The results of the study of student attitudes about smoking policies

The Drugs, Alcohol, and Sexual Offenses (DASO) Coalition is asking the Graduate Student Senate (GSS) to draft a letter to the President representing the voice of their constituents in support of a tobacco-free campus policy.