

3 Year Program for Bachelor of Science in Education: Exercise Science Example Three-Year Plan of Study

The program outline below shows how a student can earn the degree in three years at BGSU. Before you enroll at BGSU, **consult with a College of Education and Human Development Advisor (419-372-7372)** so that you earn the right credits that will count toward the degree.

Credits to earn before enrolling at BGSU through AP, CLEP, CCP or IB			
BGSU Course Subject and Title	Credits	BGSU Course Subject and Title	Credits
GSW 1110 Intro to Academic Writing	3	Humanities and Arts BGP	3
GSW 1120 Academic Writing	3	Humanities and Arts BGP	3
Quantitative Lit BGP: MATH 1150 or 1220	3	PSYC 1010 General Psychology	4
Social Behavioral BGP	3	BGP Elective	3
BIOL 1040 Intro to Bio or 2050 Concepts in Biology II	4-5		
Total Hours Completed 29-30			
<i>Two BGPs (either Social Behavioral or Humanities and Arts) may also be used to meet the University Requirements; International Perspective and Cultural Diversity in the US. Applicable courses are indicated on the BGP list.</i>			
Fall Semester Year 1		Spring Semester Year 1	
EXSC 2270 Introduction to Kinesiology	3	BIOL 3320 Human Anatomy	4
EXSC 2290 Lifetime Fitness	3	FN 2070 Nutrition	3
EXSC 2300 Structural and Functional Bases of Human Movement	3	SM 2140 Introduction to Research in HMSLS	3
COMM 1020 Intro to Public Speaking	3	BGP Elective	3
Selective (in consultation with advisory)	3	PEG Elective	1
PEG Elective	1	PEG Elective	1
Total	16	Total	15
Fall Semester Year 2		Spring Semester Year 2	
EXSC 3600 Exercise Physiology	3	EXSC 3610 Applied Exercise Physiology	3
EXSC 3400 Motor Development Across Lifespan or 3500 Motor Learning (spring)	3	EXSC 3700 Biomechanics of HM	3
EXSC 4230 Exercise Testing & Prescription	3	EXSC 3500 Motor Learning	3
Selective (in consultation with advisor)	3	EXSC 4250 Exercise Testing and Prescription for Special Cases	3
Selective (in consultation with advisor)	3	EXSC 3870 Exercise Science Practicum	3-5
PEG Elective	1	Total	15-17
Total	16		
Fall Semester Year 3		Spring Semester Year 3	
SM 3650 Foundations of Sport Psych /3660 Psych Aspects of Exercise and Fitness	3	EXSC 4890 Exercise Science Internship	15
EXSC 4290 Sport Conditioning	3		
EXSC 4500 Org and Admin of Ex Prog.	3		
Selective (in consultation with advisor)	3		
Selective (in consultation with advisor)	3		
Total	15	Total	15

Have questions? Please contact an advisor in Student and Academic Services at 419-372-7372 or edhdadvising@bgsu.edu

1) 30 hours of coursework must be completed at BGSU; 2) 40 credit hours must be completed at the 3000/4000 level at BGSU; 3) students must complete at least two years of the same foreign language in high school or they will be required to take the equivalent at the college level