

Science, Technology, Engineering, and Mathematics

Kindness Rocks

What You Need

- Smooth River Rock
- Paint Brushes
- Paint
- Modge Podge



What To Do

- 1. Paint your rock. On the front you can paint a picture, saying, or fun fact! Let all of the paint dry before working on the back.
- 2. On the back of the rock, add instructions for the finder of the rock.

Find us on Facebook at Ohio Rocks. Post a picture then re-hide. Use the hashtag so I know you found me please! **#stroseSTEMinthepark**

- 3. Use the modge podge to seal the paint and instructions.
- 4. Hide your rock! Find a fun place that others visit to hide your rock. Make sure you leave the rock in a place that is visible so that someone else can find it.

The Science

Kindness rocks are a simple way to spread joy and make connections in a community. Simply decorate a rock and hide it. When the next person finds the rock, they will take a picture and post it to a Facebook page. Now it is their turn to re-hide it! The cycle keeps going. Not only do kindness rocks spread kindness and joy, it is also a way to encourage others to get outside! Challenge yourself to find a fun new place to hide your kindness rock for others to find.

This activity is brought to you by Saint Rose Catholic School

