



Teach-In Course Modules

These modules are, or will soon be, available on Canvas Commons. To access them:

1. Go to: <https://tinyurl.com/opioidteachin>
 2. Search for the module title, instructor name, or use the search term "Opioid Teach-In." To limit only to BGSU modules, toggle the "Show Public Resources" below the search box to off.
 3. Click on the module you want to access and follow the screen prompts to import the module into your course shell(s) for class use.
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Module Title: Empowered Health Consciousness and Generation RX - Safe Medication Practices for Life

Instructor: Joanne Sommers

Description:

Prescription medications can help us live longer and healthier lives, but any medication has the potential to do harm—especially when misused." This prevention module contains a health consciousness self-assessment, resources, activities, videos, research articles, and visual aids. The materials may be presented peer to peer or faculty to college students.

Module Title: Opioids and Sleep Disorders - *forthcoming*

Instructor: Michael Geusz

Description:

Although opioids are analgesics that induce sleep, their proper or improper use also interferes with sleep and can result in multiple negative health effects. Opioids are often used to allow sleep by suppressing pain, but recent studies suggest that their disruption of the deep restorative stage of sleep may negate their benefits. Their use is particularly risky for individuals with obstructive sleep apnea. Defined medical terms, additional resources, and discussion points concerning these issues are provided.

Module Title: History of Opiates in the United States

Instructor: Scott Martin

Description: Opiates have had a long history in the United States. This module examines the sources and forms of opiates available in the United States from the 19th-century to the present, providing historical context for the current opioid epidemic. It explores previous opiate epidemics and the role of iatrogenic, or physician-induced, addiction. Additional resources (articles, websites) provide material for instructors and students; discussion questions offer opportunities for dialogue with students.

Module Title: The Ethics of Opioid Abuse - *forthcoming*

Instructor: Ian Young

Description: In my Philosophy 1020: Introduction to Ethics course, I have a section on moral relativism. This can be summarized as the view that there are no objective qualities of rightness or wrongness of actions in the actions themselves; rather, an action's rightness or wrongness is determined either by the feelings of the individual who makes the moral judgment about the action, or the prevailing views of the culture in which the action occurs. Many students tend toward some form of moral relativism, so I intend to use example of opioid abuse in its various forms as a way to challenge their relativist views and to look at how various non-relativist moral theories would evaluate it.



Module Title: Opiate Addiction as a Disorder of Choice and the Brain

Instructor: Howard Cromwell

Description: Our laboratory focuses on the psychological process of reward processing and motivation. Addiction has been thought to cause changes in the ability to experience, appreciate and use certain information concerning rewards. These changes have been proposed to alter decision-making and choice in people with addictive disorders. We have studied the dynamics of behavior and brain function in subjects at risk for addiction-like behavior using animal models. Our results show that specific brain regions are crucial for reward processing, and that organisms that are more vulnerable to substance abuse demonstrate clear shifts in the ability to change behavior dependent upon shifts in rewarding value of events in the environment. These changes in psychology and brain function could leave individuals susceptible in ways that set in motion poor or harmful choices. The vulnerability could partly be explained by information linked to emotions and motivation typically used in everyday choices becoming limited, altered or even absent from the decision process.

Module Title: Introduction to Harm Reduction for Opioid Users

Instructor: Harold Rosenberg

Description: What do we mean by "Harm Reduction" applied to opioid (and other substance) use and abuse? Policies and interventions designed to reduce, minimize, or eliminate unhealthy psychosocial and biomedical outcomes resulting from ongoing substance use. Harm reduction is intended to help preserve and improve the health of non-users, occasional opioid users, and users unwilling or unable to seek or benefit from treatment. How does Harm Reduction differ from Demand Reduction and Supply Reduction? What are some examples of Harm Reduction for opioid users? What do participants think of common arguments supportive of and against the provision of harm reduction for opioid use?

Module Title: Change the Story: The Film

"A powerful personal drama leading to an exploration of how students, faculty and staff can help change the opioid epidemic."

Instructor: Ken Newbury

Description: This BGSU film was produced in September 2018 for the Teach-in to provide an opportunity to examine and discuss the impact of opioid addiction on a wide-range of stakeholders from family members, university faculty and community members. The accompanying guide in Canvas Commons helps guide faculty through a close evaluation of each character in the film and how they might "change the story." The guide includes individual sheets summarizing each character's role with specific questions students may discuss. There are also opportunities to discuss intervention, treatment, policy, prevention as well as specific course and department connections. Please be aware that this drama includes curse words and emotional content that may not be suitable for individuals directly affected by the opioid crisis. The film may be streamed through the BGSU Library Avalon system.

Module Title: Opioid Crisis Teach-In Course Activity

Instructor: Terry Rentner

Description: Students in MC 6551 *Public Relations Research and Practice* are developing individual public relations campaign proposals to combat the Opioid crisis in Northwest Ohio. The 23 graduate students are targeting various audiences that include BGSU students, faculty and staff; high school students; parents of high school students; pregnant women addicted to opioids, the elderly, and the Wood Co. community in



general. Their campaigns will include theory, research and the development of goals, objectives, strategies, and tactics. As stated in the call for participation, students in this class will develop educational campaigns that will "provide consistent messages focused on understanding the Opioid crisis from a multitude of societal areas." At the end of the seven-week course, students will share their plans. The goal is to provide BGSU with opportunities to implement one or more of their plans.