



MASTER OF FOOD AND NUTRITION



Why a master's degree in Food and Nutrition?

A wide variety of fields require individuals who have completed advanced studies in food and nutrition. If you have a bachelor's degree in a related field and want to further your career in an area focused on the science behind nutrition — health care, exercise science, public health and nutrition, food services and management, and other fields — a Master's of Food and Nutrition is a smart choice.

Why the MFN at Bowling Green State University?

BGSU's MFN program is designed to meet the needs of a wide variety of learners. It can be completed either through full-time or part-time study, with the option to take classes on campus or online. This flexibility, coupled with the ability to select courses for the cognate requirement that is based on your professional goals, allows you to earn the degree in the way that works best for you.

Learning outcomes

Students who complete the MFN program at BGSU will be able to:

- discuss and integrate requirements, bioavailability and metabolism of macro- and micronutrients and their relationships in health and disease;
- describe the pathophysiology and role of nutrition and food play in the prevention and treatment of major diseases;
- use theories of nutrition education and behavior change to design, implement and evaluate a community nutrition program;
- participate in the legislative process to influence nutrition policy;
- demonstrate their knowledge of research design, methods and statistical analysis;
- formulate effective oral and written communications pertinent to food, nutrition and clinical dietetics.

FOR MORE INFORMATION

Contact Graduate Coordinator, Dr. Dawn Anderson, College of Health & Human Services, at dawna@bgsu.edu or call 419-372-8090.

For questions about eCampus, contact an enrollment specialist: eCampus@bgsu.edu | 419-372-3226 | www.bgsu.edu/eCampus

Either a thesis (Plan I), project (Plan II), or comprehensive exam (Plan III) is required for degree completion. Most distance-learning students choose the comprehensive exam, in which all of the degree requirements can be completed online.

Students may wish to combine their graduate studies with a dietetic internship. Interested students must meet the MFN admissions requirements and participate through the D&D internship-matching program. For more information, go to www.bgsu.edu/IPND.

BGSU's dietetic internship program is currently granted initial accreditation by the Accreditation Council for Education of Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics (AND).

Program strengths and uniqueness

- Flexibility of either full- or part-time study, and both on-campus and distance-learning options.
- Courses for the cognate (minor) requirement are selected based on your specific professional goals.
- The opportunity to be mentored by talented faculty members who are noted for both professional and scholarly expertise.



"The Food and Nutrition graduate program helped develop and hone my skills to allow me to thrive in my current position as ProMedica's Wellness Dietitian. The many class options, and instructors, challenged us as students to learn and comprehend every facet of the dynamic field of nutrition."

— Nathan Drenden '10, Wellness Dietician, ProMedica

Admission requirements

Applicants must hold a four-year undergraduate degree from an accredited college or university in a food, nutrition or related field such as public health, kinesiology, biological sciences, or allied health. Coursework at the baccalaureate level must include biochemistry, anatomy and physiology, and nutrition. Students are selected based on academic performance, relevant work experience, letters of recommendation, and civic and/or college activities.

The program strongly recommends that applicants have a minimum of a 3.0/4.0 undergraduate grade point average (GPA). Applicants are required to submit scanned copies of official or unofficial transcripts from all institutions attended. Upon admission, final official or notarized copies of transcripts from all institutions where degrees were earned and diplomas from international institutions must be submitted. Applicants are also required to submit official scores from the Graduate Record Examination (GRE)*, plus a resume, three letters of recommendation and a personal statement explaining background and professional goals.

International applicants are also required to submit scores from the International English Language Testing System (IELTS), the Pearson Test of English Academic (PTEA), or the Test of English as a Foreign Language (TOEFL). Successful completion of ELS 112 will also be accepted for this requirement.

Cost of tuition

Please refer to www.bgsu.edu/offices/bursar for current information on tuition and fees.

Financial assistance

A limited number of graduate assistantships and scholarships are available for full-time students who qualify. For more information, please contact the department.

Domestic students enrolled in four (4) or more credit hours are eligible to apply for financial aid using the Free Application for Federal Student Aid (FAFSA) to calculate student contribution and financial need. You may apply online at www.fafsa.ed.gov.

How to apply

Visit the BGSU Graduate College website at www.bgsu.edu/graduate/admissions.

Application deadline (w/ funding): Fall, March 1

Application deadlines (w/o funding): Fall, July 15; Spring, December 1; Summer, April 15

Curriculum

The MFN requires 39 (thesis or project) or 40 (comprehensive exam) total credit hours including:

15 credit hours of Food and Nutrition core graduate courses, such as

- FN 6070: Family and Community Nutrition (3 credit hours)
- FN 6090: Micronutrients Through the Life Span (3 credit hours)
- FN 6100: Macronutrients for Human Nutrition (3 credit hours)
- FN 6110: Clinical Nutrition (3 credit hours)
- Other graduate course (3 credit hours)

Cognate (minor): 9 graduate credit hours in courses such as public health, microbiology, psychology, exercise physiology, education, or scientific writing. Selected in accordance with the student's professional goals.

Additional Requirements:

Research Methods

- FN 6260 (3 credit hours)

Statistics

- EDFI 6410 (3 credit hours)

Seminar

- FN 6800 (3 credit hours)

If Plan I is selected:

- FN 6990: Thesis Research (6 credit hours)

or, if Plan II, Master's project is selected:

- FN 6910: Master's Project (6 credit hours)

or, if Plan II, Comprehensive Exam is selected:

- two additional FN graduate courses (6 credit hours)
- FN 6980: Readings for Comprehensive Exam (1 credit hour)

The GRE requirement may be waived if applicants meet any of the following criteria:

- **Already have earned a masters or doctoral degree**
- **Successful completion of the Dietetic Technician Registered (DTR) exam**
- **Successful completion of the Certified Dietary Manager (CDM) exam**
- **Successful completion of the Certified Lactation Counselor (CLC) exam**

eCampus

BGSU DEGREES | WORLD-CLASS FACULTY | 7-WEEK COURSES | 100% ONLINE

YOU'RE BUSY. WE'RE HERE FOR YOU.

The eCampus team proudly offers a one-stop-shop experience for all of your questions. Our main goal is simple: your success from registration to graduation!