The Care Compass Project is a quarterly educational series designed for those who are seeking training to learn about best practices in caregiving and those who realize the caregiving journey is inevitable and want to plan ahead. These sessions include training, resources and support for all phases of the journey.

Sessions will be held in person at the Wood County Senior Center (140 S. Grove Street, Bowling Green) or Virtually via Zoom (Lunch provided by Brookdale of Bowling Green and delivered to your home by WCCOA within Wood County).

Registration required and the first 20 registered will have their lunch provided by Brookdale of Bowling Green. (Register by Friday, August 27 to receive lunch.)

Call 1.800.367.4935 or 419.353.5661 or email programs@wccoa.net to register and receive the Zoom log in details.

Topic: Difficult Conversations about Hospice and Palliative Care

Upcoming In-Person or Virtual Zoom Session

Wednesday, September 1
11:00-12:30 p.m.

AGENDA:
11 a.m. Busting the Myths of Hospice and Palliative Care
This presentation will identify and explore the common myths and misconceptions related to Hospice and Palliative Care. There will be discussion regarding the Hospice philosophy as well as a description of the services provided and benefits of each program. Questions are encouraged! Presented by Sara Chambers, BSN, RN, CHPN Hospice of Northwest Ohio.

Lunch by Brookdale of Bowling Green

11:45 a.m. Dying to Know: What to Expect When Death is Near
The human body has its own internal wisdom when it comes to shutting down and dying naturally. This presentation will identify physical changes the body undergoes, including alterations in nutrition and hydration. It will also highlight the importance of normalizing the experience of dying, specifically exploring strategies that can support patients, caregivers, and their loved ones through an end-of-life journey. Presented by Sara Chambers, BSN, RN, CHPN Hospice of Northwest Ohio.

The Care Compass Project is sponsored and brought to the community by: