



# Opioid Misuse and Addiction Among Older Adults

**Friday, October 5, 2018**

**7:15 a.m. - 1:00 p.m.**

**Penta Career Center**

9301 Buck Rd, Perrysburg, OH 43551



## INTRODUCTION:

This is an interprofessional educational seminar on the impact of the opioid crisis on older adults which will provide techniques, interventions, and other tools to prevent opioid misuse and opioid overdose deaths among older adults. Topics include: statistics identifying the problem, description of the impact of the opioid crisis specifically on older adults and their families, warning signs of older adults suffering from opioid addiction, examples of situations which increase the risk for abuse/addiction among older adults and preventative measures to mitigate the risk, evidence-based effective pain management in the era of the opioid crisis, the impact of public policy on the opioid crisis, and substance abuse resources for health care professionals who work with older adults and their families. Physicians, psychologists, psychiatrists, chiropractors, physical therapists, occupational therapists, nurses, nurse practitioners, nursing home administrators, first responders, business leaders, public health administrators, and other professionals dealing with these situations are invited to attend this educational seminar.

**Theodore H. Bowlus, DPM**  
Wood County Commissioner;  
Wood County Drug Advisory  
Board;  
Professor of Neuroscience  
Graduate School  
University of Findlay;  
Doctor of Podiatric Medicine;  
Diplomat, American Board  
of Podiatric Foot and Ankle  
Surgeons

**James R. Ciesla, PhD**  
Dean  
College of Health and Human  
Services  
Bowling Green State University

**Billie Johnson**  
President/CEO  
Area Office on Aging of  
Northwestern Ohio

**David Kujawa, MBA, PT, OCS**  
Assistant Dean for Clinical Affairs;  
Clinical Assistant Professor  
College of Health and  
Human Services  
The University of Toledo

**Linda Lewandowski, PhD,  
RN, FAAN**  
Dean and Professor, University  
of Toledo College of Nursing;  
Co-Chair, University of Toledo  
Opioid Taskforce

**Cynthia McQuown, LPCC-S,  
LICDC**  
Clinical and Chemical  
Dependency Counselor  
Cornerstone Psychological  
Services;  
Secretary, Ohio Citizen  
Advocates for Addiction  
Recovery (OCAAR)

**S. Maggie Maloney, PhD, OTR/L**  
Director, Occupational  
Therapy Doctoral Program  
The University of Toledo

**Rob Moore, MPP**  
Researcher, Policy Matters Ohio

**Nancy Orel, PhD, LPC**  
Interim Chair and Professor,  
Department of Human Services;  
Executive Director of Research,  
Optimal Aging Institute  
Bowling Green State University

**Lance A. Robertson, MPA**  
Administrator, Administration  
for Community Living;  
Assistant Secretary for Aging  
U.S. Department of Health  
and Human Services

**Angela Scardina, RN, MSN,  
CNP**  
Instructor, College of Nursing  
The University of Toledo

**Jeffrey D. Swartz, MD, FAAFP**  
Director, Medical Services  
Falcon Health Center  
Bowling Green State University

**Debra D. Skrzynecki, RN, DC**  
Owner, Skrzynecki  
Chiropractic, LLC;  
Co-Chair, Ohio State  
Chiropractic Association  
Opioid Task Force;  
Chair, Ohio State Chiropractic  
Association Public Health  
Committee;  
Vice President, Northwest  
Ohio Chiropractic Association

# Opioid Misuse and Addiction Among Older Adults

**Friday, October 5, 2018**

## AGENDA:

**7:15 am - 7:45 am Registration, Continental Breakfast and Exhibits**

**7:45 am - 8:00 am Welcome**

James R Ciesla, PhD  
Linda Lewandowski, PhD, RN, FAAN

**Moderator: Billie Johnson**

**8:00 - 8:30 am**

**Overview and Issues of Opioid Misuse and Abuse  
Among Older Adults**

Nancy Orel, PhD, LPC

*Obj: Identify the specific ways in which the opioid crisis affects middle-aged and older adults; Identify the signs and symptoms of opioid use, misuse, and abuse among older adults; Identify the unique risk factors that make older adults more susceptible to misuse or abuse of opioids.*

**8:30 - 9:00 am**

**Recognizing Drug Abuse and Decision Making**

Cynthia McQuown, LPCC-S, LICDC

*Obj: Identify how older adults may be underidentified for substance use disorders within the DSM V criteria.*

**Panel Moderator: Victoria Steiner, PhD**

**9:00 - 9:45 am**

**Federal and State Strategies that Address  
the Impact of the Opioid Crisis on Older Adults**

Lance A. Robertson, MPA

*Obj: Extend information about federal efforts to address the opioid crisis as it relates to older adults; Compare input from others experiences relative to the opioid crisis.*

**9:45 - 10:15 p.m.**

**Break and View Exhibits**

**10:15 - 11:45 am**

**Panel: Interprofessional Approach to Managing Acute  
and Chronic Pain**

**Panel Moderator: Victoria Steiner, PhD**

Theodore H. Bowlus, DPM      S. Maggie Maloney, PhD, OTR/L  
Jeffrey D. Swartz, MD, FAAFP      David Kujawa, MBA, PT, OCS  
Debra D. Skrzynecki, RN, DC      Angela Scardina, MSN, RN, CNP

*Obj: Recognize interprofessional approach to acute and chronic pain management.*

**11:45 - 12:30 pm**

**The Opioid Crisis and Older Adults:  
Past, Current and Future Policy Climate in Ohio**

Rob Moore, MPP

*Obj: Discuss opioid policy responses.*

**12:30 - 1:00 pm**

**Questions and Answers**



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## ACCREDITATION:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Toledo, Bowling Green State University and Wood County Committee on Aging. The University of Toledo is accredited by ACCME to provide continuing medical education for physicians. The University of Toledo designates this live activity for a maximum of **4.50 AMA PRA Category 1 credits**.™ Physicians should claim only credit commensurate with the extent of their participation in the activity.

The University of Toledo Department of Psychiatry is approved by the Ohio Psychological Association-MCE program to offer continuing education for psychologists. The University of Toledo Department of Psychiatry Provider No. 346401483, maintains responsibility for this program. Determination of credit is pending.

The AAPA accepts certificates of participation for educational activities certified for Category 1 credit from the AOACCME, Prescribe credit from AAFP, and AMA PRA Category 1 credit from organizations accredited by ACCME or a recognized state medical society.

The Ohio Board of Nursing will accept, at face value, the number of hours awarded for an educational activity that has been approved for CE, provided it was approved by a nationally accredited system of CE approval.

Application for Counselor/Social Work credit has been filed with the Ohio CSWMFT Board. Determination of credit is pending.

Application has been made to the Ohio Physical Therapy Association for continuing education credits for Physical Therapists. Determination of credit is pending.

Application has been made to the Ohio Occupational Therapy, Physical Therapy and Athletic Trainers Board for continuing education credits for Occupational Therapists. Determination of credit is pending.

Application has been made to The State of Ohio Board of Executives of Long Term Services & Supports (BELTSS). Determination of credit is pending.

## LOCATIONS & DIRECTIONS

**From the North:** Take 1-75 South to the Buck Road Exit (197); Turn Right on Buck Road; Turn Left into Penta Career Center.

**From the South:** Take 1-75 North to the Busk Road Exit (197); Turn Left on Buck Road; Turn Left into Penta Career Center.

**Zandra Anthony**  
Trauma/Injury Prevention  
Nurse Coordinator  
Trauma Program  
The University of Toledo

**Darci Ault, M.Ed.**  
Outreach & Education  
Coordinator  
Center for Successful Aging  
The University of Toledo

**Ben Batey, RN, MPH**  
Health Commissioner  
Wood County Health  
Department

**Theodore H. Bowlus DPM**  
Wood County Commissioner;  
Wood County Drug Advisory  
Board;  
Professor of Neuroscience  
Graduate School  
University of Findlay;  
Doctor of Podiatric Medicine;  
Diplomat, American Board  
of Podiatric Foot and Ankle  
Surgeons

**David Kujawa, MBA, PT, OCS**  
Assistant Dean for Clinical  
Affairs;  
Clinical Assistant Professor  
College of Health and  
Human Services  
The University of Toledo

**Deloris Lakia, DNP, MSN,  
ANP-BC, CDE**  
Assistant Professor, College  
of Nursing;  
Director, Doctor of Nursing  
Practice Program  
The University of Toledo

**Denise C. Niese, BA**  
Executive Director  
Wood County Committee  
on Aging, Inc.

**Nancy Orel, PhD, LPC**  
Interim Chair and Professor,  
Department of Human Services;  
Executive Director of  
Research,  
Optimal Aging Institute  
Bowling Green State  
University

**Victoria Steiner, PhD**  
Associate Professor, Public  
Health;  
Assistant Director,  
Center for Successful Aging  
The University of Toledo

**Jocelyn Szymanski, MPH**  
Wellness Administrator  
Rocket Wellness  
The University of Toledo

# Opioid Misuse and Addiction Among Older Adults

## REGISTRATION: Space is limited

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Specialty/Profession \_\_\_\_\_ Degree \_\_\_\_\_

Email address \_\_\_\_\_

Please advise us of any special needs or meals \_\_\_\_\_

### Registration Fees: (Check one)

☐ Healthcare Professional \$50.00  
(includes breakfast, CE credit)

☐ UT Residents & Students \$10.00  
(includes breakfast)

### Type of Credit: (Check all that apply)

☐ AMA (Physician)

☐ PT

☐ Resident/Student (no credit)

☐ OPA (Psychologists)

☐ PA (Physician Assistant)

☐ OT

☐ COA (Nurses, other  
healthcare professionals)

☐ OCSWB (Counselor/  
Social Worker)

☐ BELTSS (Nursing Home  
Administrators)

Amount Enclosed: \_\_\_\_\_

### Credit Card Information:

Please charge \$ \_\_\_\_\_ to my: MasterCard Visa Discover  
(circle one)

Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

**ONLINE REGISTRATION IS ENCOURAGED FOR THIS PROGRAM**  
**CME.UTOLEDO.EDU**

**Credit card payments accepted: Visa, MasterCard or Discover**

**Questions about the program or registration, please call 419-383-4237**

**An electronic syllabus of the presentations will be available online for printing/viewing on October 1, 2018.**

### Registration fees:

Healthcare Professional \$50.00  
(includes breakfast, CE credit)

UT Residents & Students \$ 10.00  
(includes breakfast)

**Deadline for registration is September 28, 2018**  
**Space is limited**

### Cancellation Policy

Up to \$25 will be retained for administrative services from  
"Healthcare Professional" registration for any cancellations made prior to  
September 21, 2018. *No refunds thereafter.*

*No cancellation refunds for "UT Resident/Student" registrations.*

**You may also register by mailing the registration form to:**

Center for Continuing Medical Education, MS 1092  
The University of Toledo  
3000 Arlington Ave.  
Toledo, OH 43614-2598