

Dr. Ifeanyi D. Nwachukwu is an Assistant Professor (Food Science and Nutrition) at Bowling Green State University, Ohio. Prior to joining the Department of Public and Allied Health at BGSU, Dr. Nwachukwu was an Assistant Professor of Nutritional Biochemistry in the School of Public Health, Loma Linda University, California. His research interests include the role of diet in bolstering immune strength and function, understanding the structure-function properties of food proteins and bioactive peptides, and the contributions of plant-based foods to health promotion. He is particularly interested in the anticancer, antioxidative, antihypertensive, and hypolipidemic properties of food proteins and has explored this interest using an array of techniques including *in silico*, *in vitro*, cell culture, animal and human clinical studies. His research interests also include understanding the precise mechanisms underlying the transport of bioactive peptides.

Dr. Nwachukwu completed his PhD in Human Nutritional Sciences at the University of Manitoba in Canada and worked briefly as a Postdoctoral Researcher at the School of Nutrition Sciences, University of Ottawa afterwards.

He is the author/co-author of about 40 peer-reviewed publications and the recipient of many awards, prizes and recognitions including the 2019 Governor General's Gold Medal Award (University of Manitoba), Government of Manitoba TechFutures Program Award, the American Oil Chemists' Society (AOCS)/Thomas H. Smouse Memorial Fellowship, and the Institute of Food Technologists (IFT) Food Laws and Regulations Graduate Scholarship.