Kinesiology Program

**HMSLS CORE: 6 hrs.**

Select one of the following:

- HMSL 6530 Research Methods in HMSL (3)
- HMSL 6510 Interpretation of Quantitative Research in HMSL (3)
- HMSL 6540 Interpreting Qualitative Research Results in HMSL (3)

**Culminating Experience: Select 1 of the following: 0-3 hrs.**

- HMSL 6910 Master’s Project in HMSL (minimum 3 hrs)
- HMSL 6990 Thesis Research in HMSL (minimum 3 hrs)
- Comprehensive Exam (0 hrs) *need to take an additional 3 hrs elective

**Kinesiology Core: 12 hrs.**

Select 4 of the following:

- HMSL 6060 Teaching Movement Across the Lifespan (3)
- HMSL 6070 Aging: Physiology and Exercise (3)
- HMSL 6120 Motor Learning and Control (3)
- HMSL 6130 Motor Development (3)
- HMSL 6170 Biomechanics (3)
- HMSL 6180 Physiology of Exercise (3)
- HMSL 6350 Sport and Society (3)
- HMSL 6360 Social Psychology of Sport (3)

OR

- HMSL 6390 Exercise Psychology: Research and Practice (3)

Select 11-15 hrs. from Kinesiology Core and/or from below.

- HMSL 6080 Analysis of Teaching in Physical Education (3)
- HMSL 6090 Contemporary Philosophy in Physical Education (3)
- HMSL 6100 Curriculum Theory and Design in Physical Education (3)
- HMSL 6110 Measurement and Evaluation in Kinesiology (3)
- HMSL 6140 Programming Physical Educ. for Special Populations (3)
- HMSL 6150 Electrocardiography in Health and Exercise (3)
- HMSL 6160 Laboratory Techniques in Exercise Physiology (3)
- HMSL 6190 Sport Conditioning (2)
- HMSL 6380 Applied Sport Psychology (3)
- HMSL 6520 Teaching HMSL at College Level (1-2)
- HMSL 6800 Seminar in HMSL (1-3)
- HMSL 6820 Topics in HMSL (1-3)
- HMSL 6840 Directed Readings in HMSL (1-3)
- HMSL 6860 Independent Study in HMSL (1-3)
- HMSL 6880 Internship, Field Placement, or Practicum (1-3)
- HMSL 6900 Directed Research in HMSL (1-4)
- HMSL 6920 Research Group in HMSL (1-3)
- HMSL 6960 Supervised Practicum in HMSL (1-4)

Additional courses may be selected in consultation with advisor.

A maximum of 6 hours not in HMSLS can count toward elective hours.

Only 11 variable credit hours can count toward the degree.

A minimum of 24 hours must have the HMSL prefix.

Plan I Thesis Option 32 hrs.  
Plan II Project Option 33 hrs.  
Plan II Comprehensive Exam Option 33 hrs.