

Exercise Psychology			
Motor Development			
Motor Learning			
Physical Education Teacher Education			
Sport Administration			
Sport Psychology			
Statistics			
Tourism			

Briefly describe field experiences or internships you have held:

Please indicate the level of experience you have had with the following software & technology:

	Basic	Advanced	Highly Proficient	Programs you use
Computer programming				
Database				
Digital photography				
Photo editing				
Presentations/slides				
Social media (for organizations)				
Spreadsheets				
Statistics				
Videography				
Website development				
Website editing				
Word processing				
Other (describe):				

Indicate current certifications and date of expiration:

Area	Certifying Body (e.g., ACSM)	Certificate Name (e.g., Group Exercise Instructor)	Expiration Date
Aquatics			
CPR			
Exercise Instructor			
First Aid			
Health / Fitness			
Personal Trainer			
Other			

Briefly describe any special talents/skills that could be used as your graduate assistantship responsibilities.

Physical Education Activity Courses

Below, indicate the activities you are qualified to teach. Place an x in the box to show the level at which you can instruct (beginning, intermediate or advanced). If you are not qualified to teach physical activity, leave this section blank.

Class	Description	Your experience (e.g., played on high school team, 10 years practicing yoga, etc.)	Level you can Teach		
			Beginning	Inter-mediate	Advanced
Physical Ed. General	Develops knowledge, understanding and skills pertinent to the activity. Most activities are coeducational. Offerings vary each term				
Aerobic Dance					
Badminton	Instruction and training in the principles, knowledge, and skills pertinent to beginning badminton.				
Basketball	Development of skills, knowledge, and strategies of basketball.				
Bowling	Instruction and training in the principles, knowledge, and skills pertinent to beginning bowling.				
Curling					
Cycling	Instruction and training in the principles, knowledge, and skills of cycling.				
Exercise & Conditioning	Instruction and training in the principles, knowledge, and skills necessary to improve cardiovascular endurance, muscular strength and endurance, and flexibility. Individualized exercise programs are developed				

Fencing					
Fitness Walking	Non-competitive aerobic walking; individualized workouts. Emphasis is on walking techniques, the benefits of walking to improve fitness, injury prevention, safety, and walking opportunities.				
Flag Football					
Golf					
Handball					
Hockey					
Water Aerobics					
Ice Skating					
Figure Skating					
Jogging	Instruction and training in the principles, knowledge, and skills pertinent to jogging. Develop an understanding of jogging for personal health and as a lifetime activity.				
Karate					
Racquetball	Instruction and training in the principles, knowledge, and skills pertinent to beginning racquetball.				
Self Defense					

Soccer					
Softball					
Squash					
Life guard training					
Swimming					
Tennis					
Volleyball					
Weight Training					
Tension Management					
Pilates	Instruction and training in the principles, knowledge, and skills pertinent to Pilates.				
Tai Chi	Tai, Chi is an ancient Chinese movement form that is both an exercise for health and martial art. Course covers slow consistent and smooth movements focusing on strength, balance, and flexibility.				
Yoga	Course focuses on Yoga postures and self-reflection on the mind-body connection: to improve physical health, increase flexibility, strength, and mental health.				
Zumba	Non competitive Latin influenced aerobic dance; individualized workouts. Emphasis is on Zumba				

	dance techniques, and the benefits of aerobic dance to improve fitness and overall health.				
Rock Climbing	The course covers all the basic elements associated with the sport of rock climbing: belaying, hold identification, climbing technique, balance and fluid movement. Additional skills include: lead climbing and bouldering as well as route setting.				
White Water Rafting	The course covers all the basic elements associated with the sport of white water rafting: risk management, water movement, currents, eddies, paddling strokes, raft construction, hazard determination, safety codes, equipment, river reading and hazard recognition. Mandatory weekend trip.				