

Further Readings for Parents

Borden, M. E. (1995). *In Addition to Tuition: The Parents' Survival Guide to Freshman Year of College*. Barron's Educational Series.

ISBN: 0816030995 or 0816033412

- From the Publisher: "In 'Addition To Tuition' provides parents with a personal guide to residential college life today, taking them from the acceptance letter through the trials and tribulations of freshman year."

Coburn, K. L., Treeger, M. L. (2003). *Letting Go: A Parents' Guide to Understanding the College Years*. Quill.

ISBN: 0060521260

- From the Publisher: "Based on real-life experience and recommended by colleges and universities around the country, *Letting Go* offers compassionate, practical, and up-to-the-minute information to help parents with the emotional and social changes of the college years.
 - When should parents encourage independence?
 - When should they intervene?
 - What issues of identity and intimacy await students?
 - What are normal feelings of disorientation and loneliness for students?
And for parents?
 - What is different about today's college environment?
 - What new concerns about safety, health and wellness, and stress will affect incoming classes?

These important issues and more are addressed with wise advice and time-tested counsel in *Letting Go* -- a realistic and reassuring source for meeting the challenges ahead, from the senior year in high school through college graduation."

Epstein, J. (2001). *A Parent's Guide To Sex, Drugs, And Flunking Out: Answers To The Questions Your College Student Doesn't Want You To Ask*. Hazelden.

ISBN: 1568385714

This book considers the issues college students face including course selection, student credit cards, sex, and drugs.

Newman, B. M., & Newman P. R. (1992). *When Kids Go to College: A Parent's Guide to Changing Relationships*. Ohio State University Press: Columbus, Ohio.

ISBN: 0-8142-0561-5 or 0-8142-0562-3

- Topics discussed in this book include:
 - The Changing Parent-Child Relationship
 - Identity Formation
 - Values
 - College Communities
 - Friendship and Loneliness
 - Becoming Men and Women
 - Career Selection and Commitment
 - Personal and Social Problems

Woodacre, M. E., & Bane, S. (2001). *Doors Open From Both Sides: The Off-To College Guide From Two Points Of View, Parents And Students*. American Literary Press, Incorporated.

ISBN: 1561676802

- From the Publisher: “Each year nearly two million young Americans leave home and enter college. For most parents and children, the transition is an emotional one and for some, traumatic. The book, *Doors Open From Both Sides* deals with the complex emotions which surface for families when the transition creates an empty nest at home. The book is unique in that it describes the full array of new challenges for both the parents and the child from college acceptance to graduations. The authors, mother and daughter, describe in candid detail the off-to-college experience from individual perspectives. Journal entries and carefully crafted reminiscences capture each aspect of their experience”