

# Cycles of Violence: Examining Mental Health Mechanisms in Violence

Rachel L. Wolsey (rwolsey@bgsu.edu)

Department of Sociology,  
Bowling Green State University

## Background

- Residing in a community with high levels of violence relates to negative outcomes including increased interpersonal violence (as in Latzman et al. 2005; Romano et al. 2005; Wright et al. 2011).
- The social disorganization tradition explains this relationship as a function of neighborhood characteristics (as in Bursik and Grasmick 1993; Sampson et al. 1997).
- The purpose of this study is to examine how psychological states can affect violence.
- By integrating the stress and coping perspective, I conceptualize that continued exposure to violence in the neighborhood leads to resource depletion placing the individual at increased risk for PTSD (Baumeister et al. 1998; Pearlin 1999).
- The hyper-arousal and reactivity characteristic of PTSD thus increases the individual's violent acting out.

## Conceptual Model

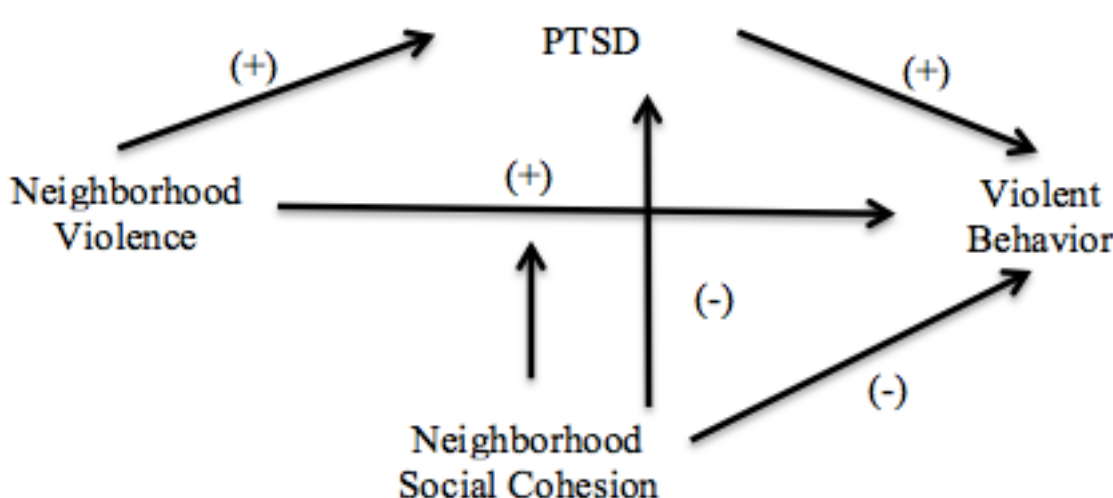


Figure 1: Conceptual Framework

## Data and Measures

- Data from the Collaborative Psychiatric Epidemiology Surveys (CPES) are used to examine this proposed relationship (Alegria et al. 2001-2003).

### Measures

- Violent behavior (sum scale).
- Neighborhood violence (standardized scale).
- The PTSD (dummy).
- Trauma Exposure (log of unique traumatic experiences).
- Control variables: age, sex, race (ref = white), education (ref = less than high school), and prior violence.

## Results

Table 1: Odds ratios for logistic models predicting PTSD

	Model 1	Model 2	Model 3	Model 4
Neighborhood violence	1.124 *** (.029)	1.126 *** (.030)	1.121 *** (.031)	1.124 *** (.031)
Trauma Exposure		1.220 *** (.027)		1.219 *** (.027)
Social Cohesion			.951 ** (.017)	.953 ** (.017)
Constant	.263 *** (.047)	.189 *** (.034)	.263 *** (.047)	.190 *** (.034)
R <sup>2</sup>	.059	.077	.060	.078
χ <sup>2</sup>	257.71 ***	320.36 ***	263.19 ***	326.26 ***

n = 15,339

note: standard error in parenthesis

†p ≤ .10; \*p ≤ .05; \*\*p ≤ .01; \*\*\*p ≤ .001

## Multivariate Results

Table 2: Coefficients and standard errors of OLS models predicting violent behavior

	Zero order	Model 1	Model 2	Model 3	Model 4	Model 5
Neighborhood violence	.018 ** (.005)	-.003 (.005)	-.005 *** (.005)	-.019 *** (.005)	.033 ** (.009)	.031 ** (.009)
Age	-.014 *** (.001)	-.013 *** (.001)	-.013 *** (.001)	-.013 *** (.001)	-.013 *** (.001)	-.013 *** (.001)
Black	-.004 (.025)	-.270 *** (.029)	-.265 *** (.029)	-.268 *** (.029)	-.272 *** (.029)	-.267 *** (.029)
Hispanic	-.449 *** (.026)	-.728 *** (.036)	-.712 *** (.036)	-.242 ** (.058)	-.227 ** (.058)	-.218 *** (.058)
Asian	-.601 *** (.019)	-.688 *** (.024)	-.667 (.024)	-.070 (.052)	-.066 (.052)	-.052 (.052)
Other	.691 *** (.144)	.397 *** (.116)	.383 ** (.116)	.399 *** (.116)	.399 *** (.117)	.385 ** (.116)
Sex (ref = female)	.106 *** (.021)	.093 *** (.025)	.114 *** (.025)	.098 *** (.025)	.098 *** (.025)	.118 *** (.025)
Income	-.001 (.0002)	.0003 (.0003)	-.0004 (.0003)	.0004 (.0003)	.0004 (.0003)	-.0003 (.0003)
High School	.088 ** (.032)	-.209 *** (.046)	-.207 *** (.047)	-.233 *** (.047)	-.231 *** (.047)	-.222 *** (.047)
Some College	-.042 (.029)	-.304 *** (.047)	-.306 *** (.048)	-.319 *** (.048)	-.317 *** (.048)	-.312 *** (.048)
College	-.177 *** (.028)	-.325 *** (.047)	-.331 *** (.048)	-.349 *** (.048)	-.347 *** (.048)	-.342 *** (.048)
Prior violence	.499 *** (.030)	.405 *** (.029)	.399 *** (.029)	.401 *** (.029)	.398 *** (.029)	1.389 *** (.029)
PTSD	.433 *** (.056)		.278 *** (.051)			.268 *** (.050)
Social Cohesion	-.058 *** (.001)			-.054 *** (.004)	-.057 *** (.004)	-.056 *** (.004)
Neighborhood violence * Social Cohesion					-.007 *** (.001)	-.007 *** (.001)
Constant		1.622 *** (.124)	1.422 *** (.076)	1.472 *** (.075)	1.474 *** (.075)	1.428 *** (.076)
R <sup>2</sup>		.208	.213	.223	.224	.589
F		119.70 ***	122.49 ***	190.06 ***	178.46 ***	357.41 ***

n = 15,339

note: standard error in parenthesis.

†p ≤ .10; \*p ≤ .05; \*\*p ≤ .01; \*\*\*p ≤ .001

## Summary

- Neighborhood violence predicts both individuals' violent behavior and PTSD diagnosis.
- PTSD diagnosis relates to increased violence.
- Stronger social support networks are negatively related to average neighborhood violence.

## Conclusion

- Living in a violent neighborhood increases the probability of violent behavior.
- Psychological well-being is tied to:
  - Healthier neighborhood social conditions.
  - Decreased probability of engaging in violence.
- Strong social networks moderate the effect of neighborhood conditions.

## Limitations/Future Research

- The data are cross sectional
- Future exploration:
  - Examine relationships longitudinally.
  - Incorporate individual level controls.
  - Explore the nature of the causal relationship between individual violence and neighborhood violence.