Welcome back! This will be our last issue of the semester! Thank you to everyone who has submitted information and all of the individuals who have been recognized with awards this past year. Wishing everyone a fun (and safe!) summer!

Read more in Carolyn’s Corner!

UPCOMING BIRTHDAYS

P. Watson | 5/3
Y. Chen | 5/6
R. Kubick | 5/31

IMPORTANT EVENTS

April is Arab American Heritage Month and May is Asian American and Pacific Islander Heritage month.

Read more in Diversity, Equity, and Inclusion!

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SUMMER BIRTHDAYS

E. Dubow | 6/12
R. Anderson | 6/17
J. Willing | 6/21
C. Stein | 7/17
D. Mushers-Eizenman | 8/11
S. McAbee | 8/12
V. Bingman | 8/13
GOOD NEWS!


**Dr. Josh Grubbs** and alum **Dr. Shane Kraus** published an invited piece in Current Directions for Psychological Science ([https://journals.sagepub.com/doi/full/10.1177/0963721420979594](https://journals.sagepub.com/doi/full/10.1177/0963721420979594)) on pornography and psychological science, reviewing the current state of the field and suggesting future next steps.

I'm also going to highlight a different side of Josh's work, and express appreciation for his public service speaking to multiple news outlets in response to reports that sex addiction might have motivated shootings targeting Asian-Americans in Atlanta. My favorite quote was Josh telling the Chicago Tribune interviewer, "Do not excuse racist crimes as being the result of sex addiction". Thank you Josh for ensuring your research contributes to public good.

**Congrats to Dr. Scott Highthouse** on his appointment as Distinguished Research Professor. This is an important honor received by only one or two professors each year, and a reflection of Scott's outstanding research accomplishments.

Finally, I look forward to the return of **Drs. Vern Bingman** and **Bill O'Brien**! We are truly an outstanding department to have TWO Fulbright fellows, during a pandemic no less. Vern is currently a Visiting Professor at Seoul National University in Korea, researching hippocampal changes and age-related decline in spatial memory and navigation. After a challenging journey, Bill finally landed in Bangkok, Thailand where he is working with students and faculty at Chulalongkorn University and the Chulalongkorn East-West Psychological Science Research Center. Bill's work there focuses on developing a better understanding of cross-cultural concepts within psychology, with a particular focus on integrating Eastern concepts into the Western mindfulness/acceptance-based cognitive behavioral therapies.

CAROLYN'S CORNER

We almost made it! This has been quite the academic year. I have been so excited by all the great work we have all been doing, in the midst of so many unexpected adaptations.

This will be the last newsletter of the year. Thank you to **Rachel Kubick** for all your hard work and guidance putting this all together!

Provided all goes well I'll be spending more time in the Chair office this summer, but please always feel free to reach out at cjtomps@bgsu.edu, (419) 372-2835, or on Teams. Have a great summer!
This month’s newsletter is the last of the semester, so we’re covering both April and May heritage months!

April is Arab American Heritage Month, and this year Ramadan began April 12th. We wish a sincere Ramadan Mubarak and easy fast for all who observe! For those celebrating here in BG, you may want to check out the Islamic Center of Greater Toledo at [https://icgt.org/](https://icgt.org/).

The American Arab, Middle Eastern, and North African (AMENA-Psy) Psychological Association was founded in 2017 and includes an active group of researchers, educators, and practitioners dedicated to the well-being of Arab American, Middle Eastern and North African populations. Check out their website, including links to existing research, as well as information about their #WeAreMENA campaign to better recognize and include MENA individuals in future research studies. [https://www.amenapsy.org/index.cfm](https://www.amenapsy.org/index.cfm).

For an example of one outstanding founder of AMENA-Psy, check out the work of Dr. Mona Amer. Dr. Amer is the founding Chair of the Psychology Department at the American University in Cairo, and has published widely on minority mental health. In 2015 she published the Handbook of Arab American Psychology as co-editor with Dr. Germine Awad. Dr. Amer received her Ph.D. from the University of Toledo in 2005, pursuing internship and postdoctoral training at Yale. She has been awarded the APA Award for Distinguished Graduate Student in Professional Psychology, the APA Minority Postdoctoral Fellowship, and a National Scopus Award in Psychology for high-impact scholarship in Egypt. I have had the pleasure of meeting Dr. Amer at community psychology conferences, and it is wonderful when someone so accomplished is also so personable.

In honor of May being Asian American and Pacific Islander Heritage Month, the department would like to highlight the contributions of a couple of eminent Asian American psychologists and provide resources to learn more about the history of Asian American psychology.

Dr. Frederick T. L. Leong received his B.A. in psychology from Bates College and his M.A./Ph.D. in counseling psychology (second specialty in industrial-organizational psychology) from University of Maryland. Currently working as a professor of psychology and psychiatry at Michigan State University, Dr. Leong is the director of the Consortium for Multicultural Psychology Research which conducts research on a number of multicultural issues in both domestic and international contexts. He is also the founding editor of the Asian American Journal of Psychology and has received the Lifetime Achievement Award from the Asian American Psychological Association.

Dr. Sumie Okazaki received her B.S. in psychology from University of Michigan and her M.A./Ph.D. in clinical psychology from the University of California, Los Angeles. Currently working as a professor of applied psychology at New York University, Dr. Okazaki conducts research on the impact of immigration, social and cultural change, and race on Asian and Asian American adolescents, emerging adults, and parents. She has also served as the president of the Asian American Psychological Association and has received the Early Career Award from the Asian American Psychological Association.

The field of Asian American Psychology emerged in the late 1960s in response to the marginalization of Asians in the United States and the Civil Rights movement. The Asian American Psychological Association ([https://aapaonline.org](https://aapaonline.org)) was founded in 1972 by a group of Asian American psychologists and mental health professionals with the goal of advancing the mental health and well-being of Asian American communities through research, professional practice, education, and policy. For a detailed review of the history of Asian American psychology and the creation of the Asian American Psychological Association, please read “History of Asian American Psychology” by Leong and Okazaki ([https://psycnet.apa.org/doi/10.1037/a0016443](https://psycnet.apa.org/doi/10.1037/a0016443)).

Throughout the month of May, we encourage you to take time to learn more about the unique contributions of Asian American and Pacific Islander psychologists to our field ([https://www.apa.org/pi/oema/resources/ethnicity-health/psychologists?tab=2](https://www.apa.org/pi/oema/resources/ethnicity-health/psychologists?tab=2)). Finally, if you are interested in delving into the literature on Asian American psychology or incorporating such readings into your courses, please contact Dr. Carolyn Tompsett ([ctjomp@bgsu.edu](mailto:ctjomp@bgsu.edu)) or Kate Den Houter ([dkate@bgsu.edu](mailto:dkate@bgsu.edu)) for an example syllabus and reading list.