Divorce Rate in the U.S.: Geographic Variation, 2020

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This Family Profile, an update to previous profiles on the divorce rate (FP-17-24; FP-18-21; FP-19-23; FP-20-25), depicts adjusted divorce rates for the nation and each state for 2020. Please note, the standard 2020 ACS 1-year data products will not be released due to the impact from the COVID-19 pandemic on data collection and data quality (for more information click here). As such, the estimates in this report for the year 2020 were derived from NCFMR analyses of ACS 1-year Experimental PUMS data. We estimated the number of divorces occurring in the last year among married women and describe geographic variation in the divorce rate. Because the standard 1-year estimates were not released, we do not include margins of error in the tables or figures as in prior profiles. For detailed information on the adjusted divorce rate from 2008-2020, see “Charting Marriage & Divorce in the U.S.: The Adjusted Divorce Rate” (Westrick-Payne, 2022).

U.S. Divorce Rate, 2020

- The divorce rate continued its trend of decline with 14.0 divorces per 1,000 married women in 2020.
- Just under one million women (960,014) divorced in 2020.

Figure 1. Women’s Adjusted Divorce Rate, 1970-2020

Five Highest and Lowest Divorce Rates, 2020

- In 2020, Alaska held the top ranking for the highest divorce rate, with nearly 32 divorces per 1,000 married women.
- Wyoming had the lowest divorce rate in 2020, with nearly 5 marriages per 1,000 ending in divorce.

Figure 2. Women’s Highest and Lowest Divorce Rates

<table>
<thead>
<tr>
<th>Rank</th>
<th>State</th>
<th>Divorce Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Alaska</td>
<td>31.9</td>
</tr>
<tr>
<td>2</td>
<td>Arkansas</td>
<td>19.7</td>
</tr>
<tr>
<td>2</td>
<td>Kentucky</td>
<td>19.7</td>
</tr>
<tr>
<td>2</td>
<td>Alabama</td>
<td>19.7</td>
</tr>
<tr>
<td>5</td>
<td>Utah</td>
<td>19.3</td>
</tr>
<tr>
<td>147</td>
<td>USA</td>
<td>14.0</td>
</tr>
<tr>
<td>47</td>
<td>Idaho</td>
<td>9.9</td>
</tr>
<tr>
<td>48</td>
<td>New Jersey</td>
<td>9.4</td>
</tr>
<tr>
<td>48</td>
<td>Maine</td>
<td>9.4</td>
</tr>
<tr>
<td>50</td>
<td>Hawaii</td>
<td>7.8</td>
</tr>
<tr>
<td>51</td>
<td>Wyoming</td>
<td>4.7</td>
</tr>
</tbody>
</table>

Source: NCFMR analyses of U.S. Census Bureau, American Community Survey, 1-year Experimental PUMS, 2020

1The divorce rate = [(number of women divorced in the past 12 months) / (number of women divorced in the past 12 months + number of currently married women)]*1000

Data Sources:
State Rankings and Geographic Variation in Divorce Rates, 2020

Figure 3. State-Level Women’s Adjusted Divorce Rate by Quartile, 2020

- The 13 states with the highest divorce rates (making up the fourth/top quartile) had rates of at least 16.4 divorces per 1,000 married women in 2020.
- The 13 states that experienced the lowest divorce rates (making up the first/bottom quartile) had fewer than 11.4 divorces per 1,000 married women in 2020.

Figure 4. Geographic Variation of Women’s Adjusted Divorce Rate Among States, 2020

- Most states in the South (65%) and West (62%) had high divorce rates (in the third or fourth quartiles).
- Most states in the Midwest (78%) and Northeast (75%) had low divorce rates (in the first or second quartiles).
  - Exceptions included Rhode Island, Michigan, New Hampshire, Missouri, and Indiana.

References:

Suggested Citation:

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