The share of couples who cohabit prior to marriage has increased over time. Among marriages that took place between 2015 and 2019, three quarters were preceded by cohabitation, up from only one-third in the mid-to-late 70s (FP-21-04). This shift in behavior has been accompanied by a shift in attitudes toward cohabitation. Using Monitoring the Future data, this profile examines change in high school seniors’ attitudes toward cohabitation as a testing ground for marriage from 1976 to 2020. This measure is based on agreement or disagreement (neutral responses are not shown) with the statement “It is usually a good idea for a couple to live together before getting married in order to find out whether they really get along.” This profile updates previous profiles on high school seniors’ attitudes toward cohabitation using the most recent available data (FP-19-10; FP-16-13), and is a companion profile to High School Seniors’ Expectations to Marry, 2020 (FP-22-04).

Attitudes Toward Cohabitation as a Testing Ground for Marriage Over Time

- The share of high school seniors who agreed with the notion of cohabitation as a testing ground for marriage increased from four out of ten (40%) in 1976 to seven out of ten (69%) in 2020.
- The share who disagreed with cohabitation as a testing ground for marriage decreased from 44% in 1976 to just 15% in 2020.

![Figure 1. High School Seniors’ Attitudes Toward Cohabitation as a Testing Ground for Marriage, 1976-2020](source)

Attitudes Toward Cohabitation as a Testing Ground for Marriage by Parental Educational Attainment

- The share of high school seniors who agreed with cohabitation as a testing ground for marriage increased across all four categories of parental educational attainment between 1976 and 2020.
- In 1976, the share of those who agreed that cohabitation as a testing ground for marriage was a good idea was smallest among those whose parents had less than a high school diploma (37%). In both 2006 and 2020, the share who agreed with cohabitation was largest among this group (75% and 79%, respectively).
- In 2020, those whose parents had some college education and those whose parents had completed college had the smallest shares who agreed with cohabitation as a testing ground for marriage (68% for both).

![Figure 2. High School Seniors’ Agreement with Cohabitation as a Testing Ground for Marriage by Parental Educational](source)
Attitudes Toward Cohabitation as a Testing Ground for Marriage by Gender

- In 1976 and 2006, larger shares of men than women agreed with cohabitation as a testing ground for marriage. By 2020, a larger share of women than men agreed with this view.
- In 1976, about half of men (48%) and one third of women (33%) agreed with cohabitation as a testing ground for marriage. In 2020, over two thirds of men and women agreed with cohabitation (68% among men and 70% among women).

Attitudes Toward Cohabitation as a Testing Ground for Marriage by Race/Ethnicity

- In 2006, there was little variation by race/ethnicity in agreement with cohabitation as a testing ground for marriage. The share of Black students who agreed with this notion (66%) was slightly higher than the share of White and Hispanic students who agreed (63% and 62%, respectively).
- By 2020, nearly three quarters (74%) of Hispanic students agreed with cohabitation as a testing ground for marriage compared to 69% of White students and 65% of Black students.

**Data Source:**

**References:**

**Suggested Citation:**

* Prior to 2005, the Monitoring the Future data only indicated whether the respondent identified as White or Non-White, therefore 1976 is not included in this figure/analysis.