

National Longitudinal Study of Adolescent Health: Wave 2 In-Home Questionnaire

Psychological & Emotional Well-being

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
Is your condition emotional in nature?	0 No 1 Yes 6 Refused 7 Legitimate skip 8 Don't know	Respondents indicating that they have limitations or difficulties in everyday activities because of a condition that has lasted at least one year	Section 3: General Health	H2GH6C		382 92 1 4,353 6	1,138 288 8 13,284 20
PLEASE TELL ME HOW OFTEN YOU HAVE HAD EACH OF THE FOLLOWING CONDITIONS IN THE PAST 12 MONTHS. HOW OFTEN HAVE YOU...							
Had trouble relaxing?	0 Never 1 Just a few times 2 About once a week 3 Almost every day 4 Every day 8 Don't know	All Respondents	Section 3: General Health	H2GH24		2,355 1,770 484 170 53 2	7,206 5,372 1,432 538 187 3
Been moody?	0 Never 1 Just a few times 2 About once a week 3 Almost every day 4 Every day 6 Refused 8 Don't know	All Respondents	Section 3: General Health	H2GH25		843 2,206 1,243 386 149 1 6	2,598 6,891 3,602 1,159 468 2 18
Cried frequently?	0 Never 1 Just a few times 2 About once a week 3 Almost every day 4 Every day 8 Don't know	All Respondents	Section 3: General Health	H2GH26		2,967 1,526 259 62 19 1	9,098 4,546 819 215 57 3
Been afraid?	0 Never 1 Just a few times 2 About once a week 3 Almost every day 4 Every day 8 Don't know	All Respondents	Section 3: General Health	H2GH27		2,263 2,326 168 54 21 2	6,794 7,104 594 177 66 3
In the past year have you received psychological or emotional counseling?	0 No 1 Yes 8 Don't know	All Respondents	Section 7: Access to Health Services	H2HS5		4,369 463 0 2	13,378 1,353 1 6

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WHERE DID YOU RECEIVE THIS COUNSELING? CODE ALL THAT APPLY.							
Private doctor's office	0 Not marked 1 Marked 7 Legitimate skip 8 Don't know . Missing	Respondents reporting that they have received psychological or emotional counseling in the past year	Section 7: Access to Health Services	H2HS6A	6	463	1352
Community health clinic				H2HS6B	6	463	1352
School				H2HS6C	6	463	1352
Hospital				H2HS6D	6	463	1352
Some other place				H2HS6E	6	463	1352
Compared with other people your age, how intelligent are you?	1 Moderately below average 2 Slightly below average 3 About average 4 Slightly above average 5 Moderately above average 6 Extremely above average 96 Refused 98 Don't know	All Respondents	Section 9: Self Efficacy	H2SE4		51	174
						195	564
						1,807	5,562
						1,028	3,155
						1,405	4,223
						332	1,026
						0	4
						16	30
HOW OFTEN WAS EACH OF THE FOLLOWING THINGS TRUE DURING THE PAST WEEK?							
You were bothered by things that usually don't bother you.	0 Never or rarely 1 Sometimes 2 A lot of the time 3 Most of the time 6 Refused 8 Don't know 9 Not applicable	All Respondents	Section 10 Feelings Scale	H2FS1		2,735	8,098
						1,685	5,322
						316	1,022
						91	279
						1	4
						6	13
						0	0
You didn't feel like eating, your appetite was poor.	0 Never or rarely 1 Sometimes 2 A lot of the time 3 Most of the time 6 Refused 8 Don't know 9 Not applicable	All Respondents	Section 10 Feelings Scale	H2FS2		3,055	9,006
						1,334	4,347
						343	1,043
						98	328
						0	2
						4	12
						0	0
You felt that you could not shake off the blues, even with help from your family and your friends.	0 Never or rarely 1 Sometimes 2 A lot of the time 3 Most of the time 6 Refused 8 Don't know 9 Not applicable	All Respondents	Section 10 Feelings Scale	H2FS3		3,406	10,135
						1,026	3,320
						285	914
						103	340
						2	5
						12	24
						0	0

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You felt that you were just as good as other people.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H2FS4		515	1,626
	1 Sometimes					886	2,937
	2 A lot of the time					1,621	4,901
	3 Most of the time					1,803	5,250
	6 Refused					0	2
	8 Don't know					9	22
	9 Not applicable					0	0
You had trouble keeping your mind on what you were doing.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H2FS5		1,864	5,591
	1 Sometimes					2,156	6,571
	2 A lot of the time					632	1,989
	3 Most of the time					175	569
	6 Refused					1	4
	8 Don't know					6	14
	9 Not applicable					0	0
You felt depressed.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H2FS6		2,991	8,910
	1 Sometimes					1,404	4,385
	2 A lot of the time					298	1,016
	3 Most of the time					134	411
	6 Refused					1	2
	8 Don't know					6	14
	9 Not applicable					0	0
You felt that you were too tired to do things.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H2FS7		1,985	5,937
	1 Sometimes					2,224	6,800
	2 A lot of the time					511	1,587
	3 Most of the time					110	403
	6 Refused					0	1
	8 Don't know					4	10
	9 Not applicable					0	0
You felt hopeful about the future.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H2FS8		481	1,567
	1 Sometimes					1,141	3,664
	2 A lot of the time					1,675	5,113
	3 Most of the time					1,523	4,363
	6 Refused					2	3
	8 Don't know					12	28
	9 Not applicable					0	0
You thought your life had been a failure.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H2FS9		4,083	12,241
	1 Sometimes					575	1,954
	2 A lot of the time					125	383
	3 Most of the time					38	131
	6 Refused					1	2
	8 Don't know					12	27
	9 Not applicable					0	0

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You felt fearful.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H2FS10		3,606	10,677
	1 Sometimes					1,060	3,544
	2 A lot of the time					131	381
	3 Most of the time					32	119
	6 Refused					0	1
	8 Don't know					5	16
	9 Not applicable					0	0
You were happy.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H2FS11		122	424
	1 Sometimes					896	2,876
	2 A lot of the time					1,994	6,216
	3 Most of the time					1,817	5,211
	6 Refused					1	1
	8 Don't know					4	10
	9 Not applicable					0	0
You talked less than usual.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H2FS12		2,549	7,682
	1 Sometimes					1,814	5,580
	2 A lot of the time					356	1,108
	3 Most of the time					107	351
	6 Refused					1	1
	8 Don't know					7	16
	9 Not applicable					0	0
You felt lonely.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H2FS13		3,183	9,409
	1 Sometimes					1,274	4,134
	2 A lot of the time					279	861
	3 Most of the time					90	318
	6 Refused					2	2
	8 Don't know					6	14
	9 Not applicable					0	0
People were unfriendly to you.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H2FS14		3,184	9,680
	1 Sometimes					1,426	4,368
	2 A lot of the time					173	515
	3 Most of the time					45	163
	6 Refused					0	0
	8 Don't know					6	12
	9 Not applicable					0	0
You enjoyed life.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H2FS15		168	539
	1 Sometimes					754	2,481
	2 A lot of the time					1,600	5,061
	3 Most of the time					2,307	6,642
	6 Refused					1	1
	8 Don't know					4	14
	9 Not applicable					0	0

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You felt sad.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H2FS16		2,568	7,643
	1 Sometimes					1,941	6,029
	2 A lot of the time					237	781
	3 Most of the time					81	271
	6 Refused					2	2
	8 Don't know					5	12
	9 Not applicable					0	0
You felt that people disliked you.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H2FS17		3,295	9,833
	1 Sometimes					1,327	4,210
	2 A lot of the time					150	492
	3 Most of the time					55	188
	6 Refused					1	2
	8 Don't know					6	13
	9 Not applicable					0	0
It was hard to get started doing things.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H2FS18		2,314	6,975
	1 Sometimes					2,084	6,361
	2 A lot of the time					361	1,155
	3 Most of the time					69	233
	6 Refused					0	0
	8 Don't know					6	14
	9 Not applicable					0	0
You felt life was not worth living.	0 Never or rarely	All Respondents	Section 10 Feelings Scale	H2FS19		4,330	13,049
	1 Sometimes					379	1,283
	2 A lot of the time					75	226
	3 Most of the time					38	155
	6 Refused					2	2
	8 Don't know					10	23
	9 Not applicable					0	0
PLEASE TELL ME WHETHER YOU AGREE OR DISAGREE WITH EACH OF THE FOLLOWING STATEMENTS.							
When you get what you want, it's usually because you worked hard for it.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF12		1,675	5,026
	2 Agree					2,092	6,551
	3 Neither agree nor disagree					765	2,301
	4 Disagree					242	712
	5 Strongly disagree					45	118
	6 Refused					4	8
	8 Don't know					11	22

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
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You usually go out of your way to avoid having to deal with problems in your life.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF13		864	2,583
	2 Agree					1,607	5,077
	3 Neither agree nor disagree					1,192	3,731
	4 Disagree					946	2,723
	5 Strongly disagree					200	565
	6 Refused					6	12
	8 Don't know					19	47
Difficult problems make you very upset.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF14		970	2,964
	2 Agree					1,909	6,025
	3 Neither agree nor disagree					1,060	3,219
	4 Disagree					734	2,103
	5 Strongly disagree					143	391
	6 Refused					5	11
	8 Don't know					13	25
When making decisions, you usually go with your "gut feeling" without thinking too much about the consequences of each alternative.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF15		471	1,433
	2 Agree					1,278	3,948
	3 Neither agree nor disagree					1,067	3,387
	4 Disagree					1,549	4,686
	5 Strongly disagree					442	1,220
	6 Refused					4	11
	8 Don't know					23	53
After carrying out a solution to a problem, you usually try to think about what went right and what went wrong.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF16		976	3,013
	2 Agree					2,797	8,563
	3 Neither agree nor disagree					786	2,387
	4 Disagree					222	621
	5 Strongly disagree					30	97
	6 Refused					4	13
	8 Don't know					19	44
You have a lot of good qualities.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF21		2,021	5,984
	2 Agree					2,462	7,583
	3 Neither agree nor disagree					300	1,012
	4 Disagree					31	105
	5 Strongly disagree					7	27
	6 Refused					4	8
	8 Don't know					9	19
You have a lot to be proud of.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF23		2,243	6,596
	2 Agree					2,200	6,722
	3 Neither agree nor disagree					313	1,136
	4 Disagree					57	233
	5 Strongly disagree					9	31
	6 Refused					4	8
	8 Don't know					8	12

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
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You like yourself just the way you are.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF24		1,768	5,402
	2 Agree					2,070	6,250
	3 Neither agree nor disagree					596	1,982
	4 Disagree					341	949
	5 Strongly disagree					50	138
	6 Refused					3	7
	8 Don't know					6	10
You feel like you are doing everything just about right.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF25		1,105	3,305
	2 Agree					2,437	7,260
	3 Neither agree nor disagree					912	2,923
	4 Disagree					328	1,120
	5 Strongly disagree					39	108
	6 Refused					4	7
	8 Don't know					9	15
You feel socially accepted.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF26		1,631	4,754
	2 Agree					2,566	7,984
	3 Neither agree nor disagree					481	1,520
	4 Disagree					113	373
	5 Strongly disagree					30	79
	6 Refused					4	9
	8 Don't know					9	19
You feel loved and wanted.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF27		2,176	6,346
	2 Agree					2,274	6,981
	3 Neither agree nor disagree					285	1,123
	4 Disagree					77	224
	5 Strongly disagree					9	42
	6 Refused					5	8
	8 Don't know					8	14
You like to take risks.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF28		849	2,730
	2 Agree					1,797	5,576
	3 Neither agree nor disagree					1,211	3,630
	4 Disagree					786	2,340
	5 Strongly disagree					167	418
	6 Refused					6	10
	8 Don't know					18	34
You are independent.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF29		1,648	4,884
	2 Agree					2,382	7,207
	3 Neither agree nor disagree					582	1,942
	4 Disagree					171	575
	5 Strongly disagree					32	95
	6 Refused					5	7
	8 Don't know					14	28

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
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You are shy.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF30		388	1,274
	2 Agree					1,236	3,878
	3 Neither agree nor disagree					969	3,084
	4 Disagree					1,387	4,156
	5 Strongly disagree					841	2,323
	6 Refused					5	10
	8 Don't know					8	13
You are assertive.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF31		866	2,623
	2 Agree					2,095	6,362
	3 Neither agree nor disagree					1,364	4,193
	4 Disagree					361	1,120
	5 Strongly disagree					40	120
	6 Refused					10	19
	8 Don't know					98	301
You are sensitive to other people's feelings.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF32		1,398	4,198
	2 Agree					2,625	7,985
	3 Neither agree nor disagree					594	1,887
	4 Disagree					159	534
	5 Strongly disagree					36	98
	6 Refused					5	8
	8 Don't know					17	28
You are emotional.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF33		903	2,873
	2 Agree					2,034	6,234
	3 Neither agree nor disagree					1,158	3,555
	4 Disagree					616	1,760
	5 Strongly disagree					106	284
	6 Refused					5	8
	8 Don't know					12	24
You can pretty much determine what will happen in your life.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF34		689	2,074
	2 Agree					1,822	5,540
	3 Neither agree nor disagree					1,496	4,636
	4 Disagree					696	2,091
	5 Strongly disagree					105	346
	6 Refused					5	9
	8 Don't know					21	42
You live your life without much thought for the future.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF35		221	719
	2 Agree					661	2,063
	3 Neither agree nor disagree					822	2,668
	4 Disagree					2,273	6,728
	5 Strongly disagree					834	2,515
	6 Refused					4	8
	8 Don't know					19	37

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
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During the past 12 months, did you ever seriously think about committing suicide?	0 No	All Respondents	Section 32: Suicide	H2SU1		4,276	13,075
	1 Yes					523	1,570
	6 Refused					19	54
	8 Don't know					16	39
During the past 12 months, how many times did you actually attempt suicide?	0 0 times	Respondents who report seriously thinking about suicide in the past year	Section 32: Suicide	H2SU2		331	1,062
	1 1 time					116	314
	2 2 or 3 times					52	137
	3 4 or 5 times					14	27
	4 6 or more times					10	29
	6 Refused					0	1
	7 Legitimate skip					4,311	13,168
Did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?	0 No	Respondents who report attempting suicide in the past year	Section 32: Suicide	H2SU3		157	399
	1 Yes					35	108
	7 Legitimate skip					4,642	14,231
Have any of your family members tried to kill themselves during the past 12 months?	0 No	All Respondents	Section 32: Suicide	H2SU6		4,624	14,118
	1 Yes					169	507
	6 Refused					17	56
	8 Don't know					24	57
Have any of them succeeded?	0 No	Respondents reporting that a family member attempted suicide in the past year	Section 32: Suicide	H2SU7		125	374
	1 Yes					44	131
	6 Refused					0	1
	7 Legitimate skip					4,665	14,231
	8 Don't know					0	1
How much do you feel that adults care about you?	1 Not at all	All Respondents	Section 34: Protective Factors	H2PR1		32	114
	2 Very little					143	375
	3 Somewhat					442	1,474
	4 Quite a bit					1,290	3,953
	5 Very much					2,891	8,717
	6 Does not apply					18	62
	96 Refused					6	16
How important is religion to you?	98 Don't know					12	27
	1 Very important	Respondents reporting that they identify with some religion	Section 36: Religion	H2RE4		2,016	5,967
	2 Fairly important					1,630	5,084
	3 Fairly unimportant					306	969
	4 Not important at all					172	563
	6 Refused					4	10
	7 Legitimate skip					699	2,128
	8 Don't know					7	17

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How often do you pray?	1 At least once a day	Respondents reporting that they identify with some religion	Section 36: Religion	H2RE6		1,947	5,935
	2 At least once a week					1,018	3,005
	3 At least once a month					410	1,350
	4 Less than once a month					394	1,223
	5 Never					359	1,078
	6 Refused					4	10
	7 Legitimate skip					699	2,128
	8 Don't know					3	9
Many churches, synagogues, and other places of worship have special activities for teenagers - such as youth groups, Bible classes, or choir. In the past 12 months, how often did you attend such youth activities?	1 Once a week or more	Respondents reporting that they identify with some religion	Section 36: Religion	H2RE7		1,020	2,868
	2 Once a month or more, but less than once a week					676	1,939
	3 Less than once a month					594	1,843
	4 Never					1,837	5,934
	6 Refused					5	11
	7 Legitimate skip					699	2,128
	8 Don't know					3	15

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National Center for Family & Marriage Research

website: <http://ncfmr.bgsu.edu>

e-mail: ncfmr@bgsu.edu