

National Longitudinal Study of Adolescent Health: Wave 1 In-Home Questionnaire

Physical Health

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
Physical Activity							
DURING THE PAST WEEK, HOW MANY TIMES DID YOU: Work around the house, such as cleaning, cooking, laundry, yardwork, or caring for a pet?	0 Not at all 1 1 or 2 times 2 3 or 4 times 3 5 or more times 6 Refused 8 Don't know	All Respondents	Section 2: Daily Activities	H1DA1		255 1,759 2,016 2,466 2 6	821 5,497 6,581 7,824 10 12
Do hobbies, such as collecting baseball cards, playing a musical instrument, reading, or doing arts and crafts?	0 Not at all 1 1 or 2 times 2 3 or 4 times 3 5 or more times 6 Refused 8 Don't know	All Respondents	Section 2: Daily Activities	H1DA2		1,416 2,163 1,439 1,479 2 5	4,472 6,979 4,539 4,733 11 11
Watch television or videos, or play video games?	0 Not at all 1 1 or 2 times 2 3 or 4 times 3 5 or more times 6 Refused 8 Don't know	All Respondents	Section 2: Daily Activities	H1DA3		223 1,031 1,433 3,811 2 4	727 3,494 4,554 11,950 11 9
Go roller-blading, roller-skating, skateboarding, or bicycling?	0 Not at all 1 1 or 2 times 2 3 or 4 times 3 5 or more times 6 Refused 8 Don't know	All Respondents	Section 2: Daily Activities	H1DA4		4,101 1,341 551 505 2 4	12,858 4,544 1,697 1,625 12 9
Play an active sport, such as baseball, softball, basketball, soccer, swimming, or football?	0 Not at all 1 1 or 2 times 2 3 or 4 times 3 5 or more times 6 Refused 8 Don't know	All Respondents	Section 2: Daily Activities	H1DA5		1,908 1,786 1,222 1,582 2 4	6,111 5,729 3,811 5,071 12 11
Do exercise, such as jogging, walking, karate, jumping rope, gymnastics, or dancing?	0 Not at all 1 1 or 2 times 2 3 or 4 times 3 5 or more times 6 Refused 8 Don't know	All Respondents	Section 2: Daily Activities	H1DA6		1,072 2,059 1,618 1,749 2 4	3,425 6,467 5,107 5,724 13 9

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HOW MANY HOURS A WEEK DO YOU: Watch television?	0 Does not watch television	All Respondents	Section 2: Daily Activities	H1DA8		136	396
	1 1 hour					136	466
	2 2 hours					303	1,001
	.					.	.
	.					.	.
	.					.	.
	99 99 hours					14	53
	996 Refused					3	13
	998 Don't know					24	83
	999 Not applicable					0	1
	. Missing					0	2
Watch videos?	0 Does not watch videos	All Respondents	Section 2: Daily Activities	H1DA9		1,554	5,087
	1 1 hour					568	1,767
	2 2 hours					1,334	4,217
	.					.	.
	.					.	.
	.					.	.
	99 99 hours					2	3
	996 Refused					3	14
	998 Don't know					16	44
	999 Not applicable					0	0
	.Missing					0	1
Play video or computer games?	0 Does not play video or computer games	All Respondents	Section 2: Daily Activities	H1DA10		3,076	10,061
	1 1 hour					1,013	3,278
	2 2 hours					727	2,210
	.					.	.
	.					.	.
	.					.	.
	99 99 hours					4	6
	996 Refused					2	13
	998 Don't know					10	26
How many hours a week do you listen to the radio?	0 Does not listen to the radio	All Respondents	Section 2: Daily Activities	H1DA11		335	913
	1 1 hour					401	1,291
	2 2 hours					461	1,405
	.					.	.
	.					.	.
	.					.	.
	99 99 hours					97	311
	996 Refused					3	13
	998 Don't know					21	59
	999 Not applicable					0	0

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
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In an average week, on how many days do you go to physical education classes at school?	0 0 days	Respondents indicating that they were currently attending school and were not on summer break	Section 3: General Health	H1GH37		820	2,929
	1 1 day					68	196
	2 2 days					105	305
	3 3 days					218	836
	4 4 days					37	103
	5 5 days					961	2,872
	6 Refused					1	4
	7 Legitimate skip					4,291	13,496
	8 Don't know					2	3
	. Missing					0	1
During an average physical education class at school, how many minutes do you spend actually exercising or playing sports?	1 Less than 10 minutes	Respondents indicating that they were currently attending school and were not on summer break	Section 3: General Health	H1GH38		64	173
	2 10 to 20 minutes					157	460
	3 21 to 30 minutes					342	981
	4 more than 30 minutes					824	2,692
	7 Legitimate Skip					5,114	16,432
	8 Don't know					2	6
	. Missing					0	1
	Diet & Nutrition						
WHAT DO YOU USUALLY HAVE FOR BREAKFAST ON A WEEKDAY MORNING?	0 Not marked 1 Marked 6 Refused 8 Don't know	All Respondents	Section 3: General Health				
Milk				H1GH23A	1	6,496	20,720
Coffee or tea				H1GH23B	1	6,496	20,720
Cereal				H1GH23C	1	6,496	20,720
Fruit, juice				H1GH23D	1	6,496	20,720
Eggs				H1GH23E	1	6,496	20,720
Meat				H1GH23F	1	6,496	20,720
Snack foods				H1GH23G	1	6,496	20,720
Bread, toast, or rolls				H1GH23H	1	6,496	20,720
Other items				H1GH23I	1	6,496	20,720
Nothing				H1GH23J	1	6,496	20,720
How often did you drink milk, or eat yogurt, or cheese yesterday?				0 Didn't eat	All Respondents	Section 3: General Health	H1GH32
	1 Ate once	2,087	6,635				
	2 Ate twice or more	3,290	10,458				
	6 Refused	3	15				
	8 Don't know	4	12				
How often did you eat fruit or drink fruit juice yesterday?	0 Didn't eat	All Respondents	Section 3: General Health	H1GH33		1,439	4,396
	1 Ate once					2,054	6,644
	2 Ate twice or more					3,004	9,679
	6 Refused					3	15
	8 Don't know					4	11

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
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How often did you eat vegetables yesterday?	0 Didn't eat	All Respondents	Section 3: General Health	H1GH34		2,102	6,974
	1 Ate once					2,535	7,972
	2 Ate twice or more					1,860	5,768
	6 Refused					3	16
	8 Don't know					4	15
How often did you eat bread, cereal, pretzels, rice, or pasta yesterday?	0 Didn't eat	All Respondents	Section 3: General Health	H1GH35		555	1,748
	1 Ate once					1,996	6,647
	2 Ate twice or more					3,945	12,323
	6 Refused					3	15
	8 Don't know					5	12
How often did you eat cookies, doughnuts, pie, or cake yesterday?	0 Didn't eat	All Respondents	Section 3: General Health	H1GH36		3,011	9,483
	1 Ate once					2,103	6,839
	2 Ate twice or more					1,383	4,398
	6 Refused					3	15
	8 Don't know					4	10
Weight							
What is your weight?	50 50 pounds	All Respondents	Section 3: General Health	H1GH60		1	2
	51 51 pounds					0	1
	.					.	.
	.					.	.
	430 430 pounds					0	1
	96 Refused					32	79
	98 Don't know					121	323
99 Not applicable	3	4					
How do you think of yourself in terms of weight?	1 Very underweight	All Respondents	Section 3: General Health	H1GH28		128	439
	2 Slightly underweight					935	3,110
	3 About the right weight					3,381	10,663
	4 Slightly overweight					1,808	5,706
	5 Very overweight					238	786
	6 Refused					4	16
	8 Don't know					10	25
Are you trying to lose weight, gain weight, or stay the same weight?	1 Lose weight	All Respondents	Section 3: General Health	H1GH29		2,230	7,101
	2 Gain weight					1,235	4,070
	3 Stay the same weight					2,228	7,106
	4 Not trying to do anything about weight					802	2,437
	6 Refused					4	15
	8 Don't know					5	16

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
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DURING THE PAST SEVEN DAYS, WHICH OF THE FOLLOWING THINGS DID YOU DO IN ORDER TO LOSE WEIGHT OR TO KEEP FROM GAINING WEIGHT? LIST ALL THAT APPLY	0 Not marked 1 Marked 6 Refused 7 Legitimate skip 8 Don't know	Respondents reporting that they were either trying to remain the same weight or lose weight	Section 3: General Health				
Dieted				H1GH30A	1	4,458	14,209
Exercised				H1GH30B	1	4,458	14,209
Made yourself vomit				H1GH30C	1	4,458	14,209
Took diet pills				H1GH30D	1	4,458	14,209
Took laxatives				H1GH30E	1	4,458	14,209
Other				H1GH30F	1	4,458	14,209
None				H1GH30G	1	4,458	14,209
DURING THE PAST SEVEN DAYS, WHICH OF THE FOLLOWING THINGS DID YOU DO IN ORDER TO GAIN WEIGHT OR TO BUILD MUSCLE?	0 Not marked 1 Marked 6 Refused 7 Legitimate skip 8 Don't know	Respondents reporting that they were trying to gain weight	Section 3: General Health				
Dieted				H1GH31A	1	1,235	4,069
Exercised				H1GH31B	1	1,235	4,069
Lifted weights				H1GH31C	1	1,235	4,069
Took food supplements				H1GH31D	1	1,235	4,069
Other				H1GH31F	1	1,235	4,069
What is your height in feet and inches? [These responses refer to feet]	4 4 feet 5 5 feet 6 6 feet 96 Refused 98 Don't know 99 Not applicable . Missing	All Respondents	Section 3: General Health	H1GH59A		214	697
						5,448	17,486
						758	2,329
						5	21
						79	209
						0	2
						0	1
What is your height in feet and inches? [These responses refer to inches]	0 0 inches 1 1 inch 11 11 inches 96 Refused 98 Don't know 99 Not applicable . Missing	All Respondents	Section 3: General Health	H1GH59B		546	1,599
						430	1,464
						.	.
						.	.
						432	1,459
						5	20
						89	240
						1	3
						0	1

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
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Disability & Impairment							
In last month, how often did a health or emotional problem cause you to miss a day of school?	0 Never	All Respondents	Section 3: General Health	H1GH48		4,241	13,339
	1 Just a few times					1,941	6,291
	2 About once a week					230	764
	3 Almost every day					38	156
	4 Every day					19	81
	6 Refused					8	32
	8 Don't know					16	41
	9 Not applicable					11	41
In the last month, how often did a health or emotional problem cause you to miss a social or recreational activity?	0 Never	All Respondents	Section 3: General Health	H1GH49		4,862	15,271
	1 Just a few times					1,492	4,910
	2 About once a week					97	365
	3 Almost every day					24	100
	4 Every day					13	51
	6 Refused					4	20
	8 Don't know					12	27
	9 Not applicable					0	1
Do you have difficulty using your hands, arms, legs, or feet because of a permanent physical condition?	0 No	All Respondents	Section 6: Physical / Functional Limitations	H1PL1		6,352	20,132
	1 Yes					141	579
	6 Refused					5	20
	8 Don't know					6	14
Does the condition involve a heart problem?	0 No 1 Yes 7 Legitimate skip 8 Don't know	Respondents indicating that they have a permanent physical condition	Section 6: Physical / Functional Limitations	H1PL2	1	141	577
Does the condition involve asthma?				H1PL3	1	140	578
Does the condition involve breathing difficulties?				H1PL4	1	141	579
Do you use a cane, crutches, walker, medically prescribed shoes, wheelchair, or scooter to get around because of a permanent physical condition?				H1PL5	1	6,493	20,710
Do you use a brace for your hand, arm, leg, or foot because of a permanent physical condition?	0 No 1 Yes 6 Refused 8 Don't know	All Respondents	Section 6: Physical / Functional Limitations	H1PL6	1	6,493	20,710
	Do you use an artificial hand, arm, leg, or foot?			H1PL7	1	6,493	20,710

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THE NEXT QUESTIONS ARE ABOUT DIFFICULTIES YOU MAY HAVE IN PERFORMING CERTAIN ACTIVITIES. FOR EACH, THE QUESTION IS WHETHER, BY YOURSELF AND NOT USING AIDS, YOU HAVE DIFFICULTY WITH THE ACTIVITY. Walking up 10 steps without resting. That is, by yourself and not using aids, do you have difficulty walking up 10 steps without resting?	0 No 1 Yes 6 Refused 7 Legitimate skip 8 Don't know	Respondents identified as PFL	Section 6: Physical / Functional Limitations	H1PL8	3	263 12 1 6,227 1	934 52 2 19,756 1
How much difficulty do you have?	1 Some 2 A lot/unable to do this 7 Legitimate skip 8 Don't know	Respondents identified as PFL and who report difficulty walking 10 steps without resting	Section 6: Physical / Functional Limitations	H1PL9	3	5 6 6,492 1	32 19 20,693 1
(By yourself and not using aids, do you have difficulty...) walking one-quarter of a mile, or about three city blocks?	0 No 1 Yes 6 Refused 7 Legitimate skip 8 Don't know	Respondents identified as PFL	Section 6: Physical / Functional Limitations	H1PL10	3	237 38 1 6,227 1	872 113 2 19,756 2
How much difficulty do you have?	1 Some 2 A lot 3 Unable to do this 7 Legitimate skip 8 Don't know	Respondents identified as PFL and who report difficulty walking one-quarter of a mile	Section 6: Physical / Functional Limitations	H1PL11	3	31 2 0 5 6,466	83 17 13 20,632 0
(By yourself and not using aids, do you have difficulty...) standing for about 20 minutes?	0 No 1 Yes 6 Refused 7 Legitimate skip 8 Don't know	Respondents identified as PFL	Section 6: Physical / Functional Limitations	H1PL12	3	244 31 1 6,227 1	863 123 2 19,756 1
How much difficulty do you have?	1 Some 2 A lot 3 Unable to do this 7 Legitimate skip 8 Don't know	Respondents identified as PFL and who report difficulty standing for 20 minutes	Section 6: Physical / Functional Limitations	H1PL13	3	22 6 0 3 6,473	89 21 13 20,622 0
(By yourself and not using aids, do you have difficulty...) reaching up over your head, or reaching out as if to shake someone's hand?	0 No 1 Yes 6 Refused 7 Legitimate skip 8 Don't know	Respondents identified as PFL	Section 6: Physical / Functional Limitations	H1PL14	3	267 8 1 6,227 1	958 28 2 19,756 1

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How much difficulty do you have?	1 Some 2 A lot/unable to do this 7 Legitimate skip 8 Don't know	Respondents identified as PFL and who report difficulty reaching	Section 6: Physical / Functional Limitations	H1PL15	3	5 3 6,496 0	21 7 20,717 0
(By yourself and not using aids, do you have difficulty...) using your fingers to grasp or handle something, for example, picking up a glass?	0 No 1 Yes 6 Refused 7 Legitimate skip 8 Don't know	Respondents identified as PFL	Section 6: Physical / Functional Limitations	H1PL16	3	264 11 1 6,227 1	945 40 2 19,756 2
How much difficulty do you have?	1 Some 2 A lot/unable to do this 7 Legitimate skip 8 Don't know	Respondents identified as PFL and who report difficulty using their fingers to grasp	Section 6: Physical / Functional Limitations	H1PL17	3	7 4 6,493 0	28 12 20,705 0
(By yourself and not using aids, do you have difficulty...) holding a pen or pencil?	0 No 1 Yes 6 Refused 7 Legitimate skip 8 Don't know	Respondents identified as PFL	Section 6: Physical / Functional Limitations	H1PL18	3	267 8 1 6,227 1	952 33 2 19,756 2
How much difficulty do you have?	1 Some 2 A lot/unable to do this 7 Legitimate skip 8 Don't know	Respondents identified as PFL and who report difficulty holding a pen or pencil	Section 6: Physical / Functional Limitations	H1PL19	3	5 3 6,496 0	21 12 20,712 0
Because of the difficulty in using your hands, arms, legs, or feet, do you need help from another person when eating?	0 No 1 Yes 6 Refused 7 Legitimate skip 8 Don't know 9 Not applicable	Respondents identified as PFL	Section 6: Physical / Functional Limitations	H1PL20	1, 3	275	983
Because of the difficulty in using your hands, arms, legs, or feet, do you need help from another person when bathing?		Respondents identified as PFL	Section 6: Physical / Functional Limitations	H1PL21	1, 3	275	982
Because of the difficulty in using your hands, arms, legs, or feet, do you need help from another person when dressing?		Respondents identified as PFL	Section 6: Physical / Functional Limitations	H1PL22	1, 3	275	982
Because of the difficulty in using your hands, arms, legs, or feet, do you need help from another person when getting on or off the toilet?		Respondents identified as PFL	Section 6: Physical / Functional Limitations	H1PL23	1, 3	275	982
Because of the difficulty in using your hands, arms, legs, or feet, do you need help from another person when shopping?		Respondents identified as PFL	Section 6: Physical / Functional Limitations	H1PL24	1, 3	275	982

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
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Because of the difficulty in using your hands, arms, legs, or feet, do you use special equipment in eating, dressing, or getting on or off the toilet?	0 No 1 Yes 6 Refused 7 Legitimate skip 8 Don't know	Respondents identified as PFL	Section 6: Physical / Functional Limitations	H1PL25	1, 3	275	982
Because of the difficulty in using your hands, arms, legs, or feet, do you use special equipment in bathing?		Respondents identified as PFL	Section 6: Physical / Functional Limitations	H1PL26	1, 3	275	982
Because of the difficulty in using your hands, arms, legs, or feet, do you use special equipment in shopping?		Respondents identified as PFL	Section 6: Physical / Functional Limitations	H1PL29	1, 3	275	981
Do you use a cane?		Respondents identified as PFL	Section 6: Physical / Functional Limitations	H1PL30	1, 3	275	985
Do you use crutches or a walker?				H1PL31	1, 3	275	985
Do you use medically prescribed shoes?				H1PL33	1, 3	275	985
Do you use a manual wheelchair, a powered wheelchair, or a scooter?				H1PL34	1, 3	275	985
Do you consider yourself to have a disability?				H1PL37	1, 3	273	979
Do you think other people consider you to have a disability?		Respondents identified as PFL	Section 6: Physical / Functional Limitations	H1PL38	1, 3	274	978
(Is/was) (BIOLOGICAL MOTHER) disabled - that is, mentally or physically handicapped?	0 No 1 Yes 6 Refused 7 Legitimate skip 8 Don't know	Respondents indicating that they do not live with their biological mother, but they know something about her	Section 12: Non-Resident Biological Mother	H1NM5		686 50 1 5,764 3	2,512 207 4 17,983 39
Is (MOM) disabled - that is, mentally or physically handicapped?	0 No 1 Yes 6 Refused 7 Legitimate skip 8 Don't know	Respondents reporting a mother in the household	Section 14: Resident Mother	H1RM10	5	5,857 264 2 370 11	18,525 922 8 1,256 34
Is (DAD) disabled - that is, mentally or physically handicapped?	0 No 1 Yes 6 Refused 7 Legitimate skip 8 Don't know 9 Not applicable	Respondents reporting a father in the household	Section 15: Resident Father	H1RF10		4,282 260 3 1,952 6 1	13,555 871 15 6,282 21 1

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
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Puberty & Physical Development							
How much hair is under your arms now? Which sentence best describes you?	1 I have no hair at all.	Male Respondents	Section 32A: Male Physical Development	H1MP1		177	559
	2 I have a little hair.					557	1,763
	3 I have some hair, but not a lot; it has spread out since it first started growing and is thicker.					1,241	4,065
	4 I have a lot of hair that is thick.					859	2,870
	5 I have a whole lot of hair that is very thick, as much hair as a grown man.					243	777
	6 Refused					47	145
	7 Legitimate skip					3,352	10,482
	8 Don't know					25	79
	9 Not applicable					3	5
How thick is the hair on your face? Which sentence best describes you?	1 I have a few scattered hairs, but the growth is not thick.	Male Respondents	Section 32A: Male Physical Development	H1MP2		1,472	4,710
	2 The hair is somewhat thick, but you can still see a lot of skin under it.					1,165	3,783
	3 The hair is thick; you can't see much skin under it.					284	1,057
	4 The hair is very thick, like a grown man's facial hair.					146	486
	6 Refused					52	136
	7 Legitimate skip					3,352	10,482
	8 Don't know					31	87
	9 Not applicable					2	4
	Is your voice lower now than it was when you were in grade school?					1 No, it is about the same as when you were in grade school.	Male Respondents
2 Yes, it is a little lower than when you were in grade school.		436	1,432				
3 Yes, it is somewhat lower than when you were in grade school.		650	2,084				
4 Yes, it is a lot lower than when you were in grade school.		970	3,103				
5 Yes, it is a whole lot lower than when you were in grade school; it is as low as an adult man's voice.		577	1,882				
6 Refused		42	112				
7 Legitimate skip		3,352	10,482				
8 Don't know		37	106				
9 Not applicable		1	4				

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
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How advanced is your physical development compared to other boys your age?	1 I look younger than most.	Male Respondents	Section 32A: Male Physical Development	H1MP4		360	1,156
	2 I look younger than some.					352	1,234
	3 I look about average.					1,213	3,930
	4 I look older than some.					737	2,454
	5 I look older than most.					425	1,306
	6 Refused					40	106
	7 Legitimate skip					3,352	10,482
	8 Don't know					23	73
	9 Not applicable					2	4
As a girl grows up her breasts develop and get bigger. Which sentence best describes you?	1 My breasts are about the same size as when I was in grade school.	Female Respondents	Section 32B: Female Physical Development	H1FP1		180	564
	2 My breasts are a little bigger than when I was in grade school.					548	1,786
	3 My breasts are somewhat bigger than when I was in grade school.					1,069	3,315
	4 My breasts are a lot bigger than when I was in grade school.					940	2,865
	5 My breasts are a whole lot bigger than when I was in grade school; they are as developed as a grown woman's breasts.					542	1,697
	6 Refused					50	173
	7 Legitimate skip					3,153	10,265
	8 Don't know					21	77
	9 Not applicable					1	3
As a girl grows up her body becomes more curved. Which sentence best describes you?	1 My body is about as curvy as when I was in grade school.	Female Respondents	Section 32B: Female Physical Development	H1FP2		188	590
	2 My body is a little more curvy than when I was in grade school.					487	1,527
	3 My body is somewhat more curved than when I was in grade school.					1,097	3,370
	4 My body is a lot more curvy than when I was in grade school.					994	3,167
	5 My body is a whole lot more curvy than when I was in grade school.					520	1,600
	6 Refused					35	135
	7 Legitimate skip					3,153	10,265
	8 Don't know					28	88
	9 Not applicable					2	3
Have you ever had a menstrual period (menstruated)?	0 No	Female Respondents	Section 32B: Female Physical Development	H1FP3		292	870
	1 Yes					3,024	9,473
	6 Refused					17	78
	7 Legitimate skip					3,153	10,265
	8 Don't know					17	57
	9 Not applicable					1	2

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
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How old were you when you had your very first menstrual period?	7 Seven years old and younger	Female Respondents reporting that they have begun menstruating	Section 32B: Female Physical Development	H1FP4		5	15
	8 Eight years old					11	38
	.					.	.
	.					.	.
	17 Seventeen years old and older					2	9
	96 Refused					5	16
	97 Legitimate skip					3,480	11,272
	98 Don't know					25	63
	. Missing					0	1
On what month and day did your most recent period begin? MONTH	1 January	Female Respondents reporting that they have begun menstruating	Section 32B: Female Physical Development	H1FP5M		54	164
	2 February					48	121
	.					.	.
	.					.	.
	12 December					44	114
	96 Refused					30	108
	97 Legitimate skip					3,480	11,272
	98 Don't know					387	1,199
	99 Not applicable					1	1
On what month and day did your most recent period begin? DAY	. Missing					0	5
	1 1	Female Respondents reporting that they have begun menstruating	Section 32B: Female Physical Development	H1FP5D		148	439
	2 2					101	283
	.					.	.
	.					.	.
	31 31					15	65
	96 Refused					34	123
	97 Legitimate skip					3,480	11,272
	98 Don't know					447	1,396
	99 Not applicable					1	2
How advanced is your physical development compared to other girls your age?	. Missing					0	5
	1 I look younger than most.	Female respondents	Section 32B: Female Physical Development	H1FP6		280	1,013
	2 I look younger than some.					364	1,136
	3 I look about average.					1,295	4,024
	4 I look older than some.					944	2,895
	5 I look older than most.					431	1,273
	6 Refused					18	78
	7 Legitimate skip					3,153	10,265
	8 Don't know					18	59
	9 Not applicable					1	2

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies					
						Public	Restricted				
Health Care Access & Use											
When did you last have a physical examination by a doctor or nurse?	1 Less than a year ago	All Respondents	Section 3: General Health	H1GH24		4,446	13,836				
	2 1 to 2 years ago					1,361	4,476				
	3 More than 2 years ago					520	1,839				
	4 Never					140	453				
	6 Refused					5	19				
	8 Don't know					31	121				
	9 Not applicable					1	1				
When did you last have a dental examination by a dentist or hygienist?	1 Less than a year ago	All Respondents	Section 3: General Health	H1GH25		4,322	13,562				
	2 1 to 2 years ago					1,267	4,140				
	3 More than 2 years ago					717	2,418				
	4 Never					171	542				
	6 Refused					4	15				
	8 Don't know					22	67				
	9 Not applicable					1	1				
Has there been any time over the past year when you thought you should get medical care, but did not?	0 No	All Respondents	Section 3: General Health	H1GH26		5,242	16,514				
	1 Yes					1,250	4,191				
	6 Refused					4	15				
	8 Don't know					8	25				
WHAT KEPT YOU FROM SEEING A HEALTH PROFESSIONAL WHEN YOU REALLY NEEDED TO? IF THERE WAS MORE THAN ONE REASON, CHOOSE	0 Not marked 1 Marked 6 Refused 7 Legitimate skip 8 Don't know	Respondents indicating that in the past year they needed to see a health professional but did not	Section 3: General Health								
Didn't know whom to go see								H1GH27A	1	1,247	4,184
Had no transportation								H1GH27B	1	1,247	4,184
No one available to go along								H1GH27C	1	1,247	4,184
Parent or guardian would not go								H1GH27D	1	1,247	4,184
Didn't want parents to know								H1GH27E	1	1,247	4,184
Difficult to make appointment								H1GH27F	1	1,247	4,184
Afraid of what the doctor would say or do								H1GH27G	1	1,247	4,184
Thought the problem would go away								H1GH27H	1	1,247	4,184
Couldn't pay								H1GH27I	1	1,247	4,184
Other								H1GH27J	1	1,247	4,184
In the past year have you had a routine physical examination?								0 No	All Respondents	Section 7: Access to Health Services	H1HS1
	1 Yes	4,340	13,321								
	6 Refused	5	19								
	8 Don't know	22	54								

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
WHERE DID YOU HAVE THIS EXAMINATION? CHECK ALL THAT APPLY. Private doctor's office	0 Not marked 1 Marked 7 Legitimate skip 8 Don't know	Respondents indicating that they had a physical exam in the past year	Section 7: Access to Health Services	H1HS2A	1	4,338	13,310
Community health clinic				H1HS2B	1	4,338	13,310
School				H1HS2C	1	4,338	13,310
Hospital				H1HS2D	1	4,338	13,310
Some other place				H1HS2E	1	4,338	13,310
General Health							
In general, how is your health? Would you say...	1 Excellent	All Respondents	Section 3: General Health	H1GH1		1,847	5,835
	2 Very good					2,608	8,096
	3 Good					1,605	5,307
	4 Fair					408	1,374
	5 Poor					28	107
	6 Refused					3	13
	8 Don't know					5	13
Do you have difficulty using your hands, arms, legs, or feet because of a physical condition that has lasted for the past 12 months or more?	0 No	All Respondents	Section 3: General Health	H1GH1A	2	2,314	7,648
	1 Yes					70	270
	6 Refused					1	11
	7 Legitimate skip					4,113	12,804
	8 Don't know					6	12
PLEASE TELL ME HOW OFTEN YOU HAVE HAD EACH OF THE FOLLOWING CONDITIONS IN THE PAST 12 MONTHS.							
Headache	0 Never	All Respondents	Section 3: General Health	H1GH2		578	1,966
	1 Just a few times					4,016	12,977
	2 About once a week					1,441	4,320
	3 Almost every day					390	1,251
	4 Every day					72	207
	6 Refused					3	13
	8 Don't know					4	11
Feeling hot all over suddenly, for no reason	0 Never	All Respondents	Section 3: General Health	H1GH3		4,006	12,638
	1 Just a few times					2,061	6,618
	2 About once a week					285	965
	3 Almost every day					102	372
	4 Every day					41	125
	6 Refused					3	14
	8 Don't know					6	13

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
Stomach ache or an upset stomach	0 Never	All Respondents	Section 3: General Health	H1GH4		878	2,865
	1 Just a few times					4,447	14,174
	2 About once a week					935	2,973
	3 Almost every day					198	588
	4 Every day					38	117
	6 Refused					3	13
	8 Don't know					5	15
Cold sweats	0 Never	All Respondents	Section 3: General Health	H1GH5		5,163	16,311
	1 Just a few times					1,178	3,859
	2 About once a week					104	377
	3 Almost every day					33	113
	4 Every day					13	50
	6 Refused					3	13
	8 Don't know					10	22
Feeling physically weak, for no reason	0 Never	All Respondents	Section 3: General Health	H1GH6		3,565	11,297
	1 Just a few times					2,369	7,547
	2 About once a week					424	1,404
	3 Almost every day					103	359
	4 Every day					33	110
	6 Refused					3	13
	8 Don't know					7	15
Sore throat or a cough	0 Never	All Respondents	Section 3: General Health	H1GH7		1,186	3,967
	1 Just a few times					4,612	14,651
	2 About once a week					531	1,593
	3 Almost every day					134	404
	4 Every day					34	102
	6 Refused					3	13
	8 Don't know					4	15
Feeling very tired, for no reason	0 Never	All Respondents	Section 3: General Health	H1GH8		2,612	8,272
	1 Just a few times					2,561	8,066
	2 About once a week					860	2,802
	3 Almost every day					337	1,150
	4 Every day					125	425
	6 Refused					3	14
	8 Don't know					6	16
Painful or very frequent urination (or peeing)	0 Never	All Respondents	Section 3: General Health	H1GH9		5,610	17,901
	1 Just a few times					708	2,272
	2 About once a week					93	265
	3 Almost every day					54	171
	4 Every day					29	99
	6 Refused					4	17
	8 Don't know					6	20

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
Feeling really sick	0 Never	All Respondents	Section 3: General Health	H1GH10		3,209	10,398
	1 Just a few times					3,028	9,531
	2 About once a week					203	608
	3 Almost every day					40	141
	4 Every day					16	39
	6 Refused					4	15
	8 Don't know					4	13
Waking up feeling tired	0 Never	All Respondents	Section 3: General Health	H1GH11		1,214	3,868
	1 Just a few times					2,652	8,424
	2 About once a week					1,230	3,881
	3 Almost every day					939	3,042
	4 Every day					461	1,504
	6 Refused					4	15
	8 Don't know					4	11
Skin problems, such as itching or pimples	0 Never	All Respondents	Section 3: General Health	H1GH12		1,554	5,089
	1 Just a few times					2,951	9,289
	2 About once a week					1,100	3,456
	3 Almost every day					488	1,650
	4 Every day					400	1,228
	6 Refused					4	15
	8 Don't know					7	18
Dizziness	0 Never	All Respondents	Section 3: General Health	H1GH13		3,982	12,578
	1 Just a few times					2,056	6,642
	2 About once a week					321	1,040
	3 Almost every day					100	347
	4 Every day					37	109
	6 Refused					4	15
	8 Don't know					4	14
Chest pains	0 Never	All Respondents	Section 3: General Health	H1GH14		4,763	15,256
	1 Just a few times					1,467	4,610
	2 About once a week					201	638
	3 Almost every day					57	167
	4 Every day					8	47
	6 Refused					4	15
	8 Don't know					4	12
Aches, pains, or soreness in your muscles or joints	0 Never	All Respondents	Section 3: General Health	H1GH15		1,333	4,453
	1 Just a few times					3,447	10,757
	2 About once a week					1,228	3,949
	3 Almost every day					380	1,181
	4 Every day					108	375
	6 Refused					4	16
	8 Don't know					4	14

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
Cramps during your menstrual period	0 Never	Female respondents	Section 3: General Health	H1GH16		638	1,980
	1 Just a few times					1,833	5,636
	2 About once a week					320	1,117
	3 Almost every day					343	1,116
	4 Every day					212	611
	6 Refused					2	10
	7 Legitimate skip					3,153	10,265
	8 Don't know					3	9
	9 Not applicable					0	1
Poor appetite	0 Never	All Respondents	Section 3: General Health	H1GH17		3,546	11,384
	1 Just a few times					2,109	6,571
	2 About once a week					567	1,830
	3 Almost every day					207	688
	4 Every day					66	240
	6 Refused					5	16
	8 Don't know					4	16
Trouble falling asleep or staying asleep	0 Never	All Respondents	Section 3: General Health	H1GH18		2,706	8,649
	1 Just a few times					2,305	7,190
	2 About once a week					864	2,816
	3 Almost every day					437	1,489
	4 Every day					184	572
	6 Refused					4	16
Trouble relaxing	8 Don't know	All Respondents	Section 3: General Health	H1GH19		4	13
	0 Never					3,451	10,995
	1 Just a few times					2,109	6,603
	2 About once a week					587	1,916
	3 Almost every day					246	853
	4 Every day					102	349
	6 Refused					4	15
	8 Don't know					5	14

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
How often do you wear a helmet when you ride a bicycle?	0 Never	All respondents	Section 3: General Health	H1GH39		3,834	12,273
	1 Rarely					237	754
	2 Sometimes					175	580
	3 Most of the time					149	413
	4 Always					218	641
	5 Never rides a bicycle					1,884	6,058
	6 Refused					3	15
	8 Don't know					4	10
	9 Not applicable					0	1
During the past 12 months, how often did you ride a motorcycle?	0 Never			H1GH40		5,162	16,681
	1 Once or twice					794	2,442
	2 About once a month					217	656
	3 About once a week					165	509
	4 Almost every day					159	431
	6 Refused					3	15
	8 Don't know					4	10
	9 Not applicable					0	1
When you rode a motorcycle during the past 12 months, how often did you wear a helmet?	0 Never	Respondents reporting that they had ridden a motorcycle in the past 12 months	Section 3: General Health	H1GH41		421	1,294
	1 Rarely					80	209
	2 Sometimes					72	216
	3 Most of the time					85	248
	4 Always					677	2,072
	6 Refused					3	15
	7 Legitimate skip					5,162	16,681
	8 Don't know					4	9
	9 Not applicable					0	1
How often do you wear a seatbelt when you are riding in or driving a car?	0 Never	All Respondents	Section 3: General Health	H1GH42		331	982
	1 Rarely					496	1,582
	2 Sometimes					915	2,987
	3 Most of the time					1,395	4,300
	4 Always					3,360	10,871
	6 Refused					3	14
	8 Don't know					4	9
What time do you usually go to bed on week nights? Type in this format HH:MM A for AM or HH:MM P for PM. Please remember that midnight is 12:00A and noon is 12:00P!	range 00:00pm to 12:59am	All Respondents	Section 3: General Health	H1GH50		6,461	20,643
	999996 Refused					13	36
	999998 Don't know					28	62
	999999 Not applicable					2	4

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
How many hours of sleep do you usually get?	1 1 hour	All Respondents	Section 3: General Health	H1GH51		2	12
	2 2 hours					0	0
	.					.	.
	.					.	.
	20 20 hours					1	1
	96 Refused					5	19
	98 Don't know					22	49
	99 Not applicable					0	1
Do you usually get enough sleep?	0 No	All Respondents	Section 3: General Health	H1GH52		1,720	5,857
	1 Yes					4,772	14,850
	6 Refused					4	18
	8 Don't know					8	20
Which of these best describes your worst injury during the past year?	1 Very minor	All Respondents	Section 3: General Health	H1GH54		2,871	9,316
	2 minor					2,681	8,194
	3 Serious					658	2,153
	4 Very serious					145	563
	5 Extremely serious					123	440
	6 Refused					10	38
	8 Don't know					14	37
	9 Not applicable					2	4

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
PLEASE TELL ME WHETHER YOU HAVE LEARNED ABOUT EACH OF THE FOLLOWING THINGS IN A CLASS AT SCHOOL: The foods you should and shouldn't eat.	0 No 1 Yes 6 Refused 8 Don't know	All Respondents	Section 4: Taught in School	H1TS1		844 5,646 5 9	2,699 18,003 18 25
The importance of exercise.		All Respondents	Section 4: Taught in School	H1TS2		506 5,984 5 9	1,551 19,158 18 18
The problems of being overweight.		All Respondents	Section 4: Taught in School	H1TS4		2,613 3,873 5 13	8,058 12,646 18 23
Taking care of your teeth.		All Respondents	Section 4: Taught in School	H1TS9		1,525 4,964 5 10	4,805 15,892 20 28
Safety at home, school, or play.		All Respondents	Section 4: Taught in School	H1TS12		1,114 5,375 5 10	3,526 17,172 20 27
Where to go for help with a health problem.		All Respondents	Section 4: Taught in School	H1TS15		1,129 5,360 5 10	3,498 17,201 19 27
PLEASE TELL ME WHETHER YOU AGREE OR DISAGREE WITH EACH OF THE FOLLOWING STATEMENTS: You have a lot of energy.	1 Strongly agree 2 Agree 3 Neither agree nor disagree 4 Disagree 5 Strongly disagree 6 Refused 8 Don't know 9 Not applicable	All Respondents	Section 18: Personality and Family	H1PF26		2,236 3,199 695 309 42 10 12 1	7,175 10,106 2,286 965 135 39 37 2

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
You seldom get sick.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H1PF27		1,498	4,668
	2 Agree					3,033	9,581
	3 Neither agree nor disagree					932	3,016
	4 Disagree					858	2,874
	5 Strongly disagree					160	529
	6 Refused					11	39
	8 Don't know					12	37
	9 Not applicable					0	1
When you do get sick, you get better quickly.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H1PF28		1,708	5,400
	2 Agree					3,315	10,547
	3 Neither agree nor disagree					756	2,453
	4 Disagree					635	2,043
	5 Strongly disagree					68	227
	6 Refused					10	38
	8 Don't know					12	36
	9 Not applicable					0	1
You are well coordinated.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H1PF29		2,186	6,822
	2 Agree					3,362	10,672
	3 Neither agree nor disagree					644	2,222
	4 Disagree					236	790
	5 Strongly disagree					35	115
	6 Refused					10	43
	8 Don't know					31	80
	9 Not applicable					0	1
You are physically fit.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H1PF31		1,708	5,370
	2 Agree					3,043	9,516
	3 Neither agree nor disagree					1,160	3,830
	4 Disagree					515	1,763
	5 Strongly disagree					54	183
	6 Refused					9	40
	8 Don't know					15	43

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