

National Longitudinal Study of Adolescent Health: Wave 2 In-Home Questionnaire

Physical Health

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
Physical Activity							
DURING THE PAST WEEK, HOW MANY TIMES DID YOU...							
Work around the house, such as cleaning, cooking, doing laundry, doing yardwork, or caring for a pet?	0 Not at all 1 1 or 2 times 2 3 or 4 times 3 5 or more times 8 Don't know	All Respondents	Section 2: Daily Activities	H2DA1		145 1,197 1,657 1,834 1	482 3,724 5,032 5,498 2
Do hobbies, such as collecting baseball cards, playing a musical instrument, reading, or doing arts and crafts?	0 Not at all 1 1 or 2 times 2 3 or 4 times 3 5 or more times 8 Don't know	All Respondents	Section 2: Daily Activities	H2DA2		860 1,735 1,106 1,132 1	2,778 5,246 3,449 3,263 2
Watch television or videos, or play video games?	0 Not at all 1 1 or 2 times 2 3 or 4 times 3 5 or more times 6 Refused 8 Don't know	All Respondents	Section 2: Daily Activities	H2DA3		186 916 1,277 2,453 1 1	563 3,049 3,682 7,441 1 2
Go roller-blading, roller skating, skateboarding, or bicycling?	0 Not at all 1 1 or 2 times 2 3 or 4 times 3 5 or more times 8 Don't know	All Respondents	Section 2: Daily Activities	H2DA4		3,100 1,054 399 280 1	9,316 3,305 1,222 893 2
Play an active sport, such as baseball, softball, basketball, soccer, swimming, or football?	0 Not at all 1 1 or 2 times 2 3 or 4 times 3 5 or more times 8 Don't know	All Respondents	Section 2: Daily Activities	H2DA5		1,386 1,348 896 1,203 1	4,399 4,190 2,712 3,435 2
Exercise, such as jogging, walking, doing karate, jumping rope, doing gymnastics or dancing?	0 Not at all 1 1 or 2 times 2 3 or 4 times 3 5 or more times 8 Don't know	All Respondents	Section 2: Daily Activities	H2DA6		725 1,585 1,269 1,254 1	2,362 4,881 3,816 3,676 3

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HOW MANY HOURS A WEEK DO YOU... Watch television?	0 0 1 1 . . 162 162 998 Don't know . Missing	All Respondents	Section 2: Daily Activities	H2DA8		86 138 . . 0 16 1	257 375 . . 1 54 5
Watch videos?	0 0 1 1 . . 96 96 98 Don't know	All Respondents	Section 2: Daily Activities	H2DA9		1,143 387 . . 0 10	3,477 1,129 . . 1 33
Play video or computer games?	0 0 1 1 . . 95 95 98 Don't know	All Respondents	Section 2: Daily Activities	H2DA10		2,398 735 . . 0 5	7,434 2,168 . . 1 14
Listen to the radio?	0 0 1 1 . . 168 168 998 Don't know	All Respondents	Section 2: Daily Activities	H2DA11		192 282 . . 2 14	562 860 . . 11 45
In general, how is your health? Would you say...	1 Excellent 2 Very good 3 Good 4 Fair 5 Poor 8 Don't know	All Respondents	Section 3: General Health	H2GH1		1,434 1,923 1,179 286 10 2	4,348 5,753 3,668 903 62 4
In an average week, on how many days do you go to physical education classes at school?	0 0 days 1 1 day . . 5 5 days 6 Refused 7 Legitimate skip 8 Don't know	Respondents currently going to school	Section 3: General Health	H2GH34		1,348 72 . . 1,099 1 1,801 1	3,849 190 . . 2,777 1 6,476 1

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During an average physical education class at school, how many minutes do you spend actually exercising or playing sports?	1 Less than 10 minutes	Respondents currently going to school, and they attend physical education classes at school	Section 3: General Health	H2GH35		72	177
	2 10 to 20 minutes					203	594
	3 21 to 30 minutes					471	1,151
	4 More than 30 minutes					935	2,482
	7 Legitimate skip					3,151	10,327
	8 Don't know					2	7
Diet & Nutrition							
Yesterday, did you drink milk, including milk poured on cereal or dessert?	0 No	All Respondents	Section 4: Nutrition	H2NU1		1,509	4,701
	1 Yes					3,324	10,033
	8 Don't know					1	4
Was the milk...	1 Whole milk [4% fat]	Respondents reporting they consumed milk the previous day	Section 4: Nutrition	H2NU2		1,157	3,595
	2 Low-fat [1% or 2% fat]					1,493	4,638
	3 Skim or nonfat [1/2% fat]					534	1,436
	4 Some of one, some of another					107	286
	6 Refused					0	1
	7 Legitimate skip					1,510	4,705
	8 Don't know					33	77
Yesterday, did you drink soft drinks or mixers, such as tonic water or club soda, etc.?	0 No	All Respondents	Section 4: Nutrition	H2NU3		1,227	3,670
	1 Yes					3,606	11,066
	8 Don't know					1	2
Were the drinks...	1 Regular	Respondents reporting they consumed soft drinks or mixers the previous day	Section 4: Nutrition	H2NU4		3,072	826
	2 Diet or sugar-free					288	734
	3 Both					241	3,672
	7 Legitimate skip					1,228	11
	8 Don't know					5	
Yesterday, did you drink 100% orange, grapefruit, or tomato juice?	0 No	All Respondents	Section 4: Nutrition	H2NU5		2,982	9,060
	1 Yes					1,851	5,676
	8 Don't know					1	2
Did you drink other 100% fruit juice, not including fruit-flavored drinks?	0 No	All Respondents	Section 4: Nutrition	H2NU6		3,641	11,008
	1 Yes					1,192	3,725
	8 Don't know					1	5
Did you drink Koolaid, fruit-flavored drinks, Gatoraid, or other sport drinks?	0 No	All Respondents	Section 4: Nutrition	H2NU7		2,337	7,136
	1 Yes					2,496	7,599
	8 Don't know					1	3
Were the drinks...	1 Regular	Respondents reporting they consumed sugary drinks the previous day	Section 4: Nutrition	H2NU8		2,075	6,405
	2 Sugar-free					151	446
	3 Both					254	707
	7 Legitimate skip					2,338	7,139
	8 Don't know					16	41
Did you drink water?	0 No	All Respondents	Section 4: Nutrition	H2NU9		505	1,529
	1 Yes					4,328	13,206
	8 Don't know					1	3

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NOW WE'RE GOING TO TALK ABOUT THINGS YOU ATE YESTERDAY. YESTERDAY, DID YOU EAT...	0 No 1 Yes 8 Don't know	All Respondents	Section 4: Nutrition				
Apples, applesauce, pears, or pineapple?				H2NU10	6	4,833	14,736
Bananas, plantains, grapes, berries, or cherries?				H2NU11	6	4,833	14,736
Cantaloupes, melons, mangoes, or papayas?				H2NU12	6	4,833	14,736
Oranges, grapefruit, tangerines, or kiwis?				H2NU13	6	4,833	14,736
Peaches, plums, nectarines, or apricots?				H2NU14	6	4,833	14,736
Raisins or dried fruit?				H2NU15	6	4,832	14,735
Mixed vegetables, or acorn, hubbard, or winter squash?				H2NU16	6	4,833	14,735
Avocadoes?				H2NU17	6	4,831	14,734
String beans, green beans, peas, or snow peas?				H2NU18	6	4,831	14,732
Cabbage or bok choy?				H2NU19	6	4,833	14,736
Broccoli?				H2NU20	6	4,833	14,736
Carrots?				H2NU21	6	4,833	14,736
Dried beans, peas, lentils, black beans, or soybeans?				H2NU22	6	4,832	14,734
Field peas, chick peas, or lima beans?				H2NU23	6	4,833	14,735
Kale, beet greens, mustard greens, turnip greens, or collard greens?				H2NU24	6	4,833	14,735
Lettuce or tossed salad?				H2NU25	6	4,833	14,734
Spinach?				H2NU26	6	4,833	14,736
Tomatoes?				H2NU27	6	4,833	14,735
Tofu?				H2NU28	6	4,829	14,730
Yams or sweet potatoes?				H2NU29	6	4,833	14,736
Zucchini, summer squash, eggplants, bell peppers, or asparagus?				H2NU30	6	4,833	14,736
Breakfast cereal?				H2NU31	6	4,833	14,734

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
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Yesterday, did you eat breakfast bars or breakfast tarts?	0 No 1 Yes 8 Don't know	All Respondents	Section 4: Nutrition	H2NU32		4,117 715 2	12,666 2,069 3
Were they...	1 Regular 2 Low-fat or fat-free 3 Some of each 7 Legitimate skip 8 Don't know	Respondents reporting they ate breakfast bars or tarts the previous day	Section 4: Nutrition	H2NU33		433 209 70 4,119 3	1,303 567 188 12,669 11
Yesterday, did you eat doughnuts, sweet rolls, muffins, or pastries?	0 No 1 Yes 8 Don't know	All Respondents	Section 4: Nutrition	H2NU34		3,463 1,370 1	10,516 4,220 2
Were they...	1 Regular 2 Low-fat or fat-free 3 Some of each 6 Refused 7 Legitimate skip 8 Don't know	Respondents reporting they ate doughnuts or other pastries the previous day	Section 4: Nutrition	H2NU35		1,199 64 99 0 3,464 8	3,697 210 284 1 10,518 28
Yesterday, did you eat hot dogs or frankfurters?	0 No 1 Yes 8 Don't know	All Respondents	Section 4: Nutrition	H2NU36		4,066 766 2	12,295 2,440 3
Were they...	1 Regular 2 Low-fat 3 Some of each 7 Legitimate skip 8 Don't know	Respondents reporting they ate hot dogs or frankfurters the previous day	Section 4: Nutrition	H2NU37		674 47 28 4,068 17	2,136 154 99 12,298 51
Yesterday, did you eat ground meat or hamburger?	0 No 1 Yes 8 Don't know	All Respondents	Section 4: Nutrition	H2NU38		2,559 2,273 2	7,883 6,850 5
Was it...	1 Regular [30% fat] 2 Lean [20% fat] 3 Extra lean [10% fat] 6 Refused 7 Legitimate skip 8 Don't know	Respondents reporting they ate ground meat the previous day	Section 4: Nutrition	H2NU39		1,791 322 55 1 2,561 104	5,419 946 203 4 7,888 278
Yesterday, did you eat roast beef, steak, pork, or lamb?	0 No 1 Yes 8 Don't know	All Respondents	Section 4: Nutrition	H2NU40		3,572 1,261 1	10,686 4,049 3
Yesterday, did you eat pizza?	0 No 1 Yes 8 Don't know	All Respondents	Section 4: Nutrition	H2NU41		3,610 1,223 1	11,106 3,630 2

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
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Was it...	1 Plain cheese	Respondents reporting they ate pizza the previous day	Section 4: Nutrition	H2NU42		317	922
	2 Sausage, pepperoni, or meat					851	2,581
	3 Vegetarian					52	124
	7 Legitimate skip					3,611	11,108
	8 Don't know					3	3
Yesterday, did you eat chicken or turkey?	0 No	All Respondents	Section 4: Nutrition	H2NU43		3,036	9,102
	1 Yes					1,797	5,634
	8 Don't know					1	2
Was it fried?	0 No	Respondents reporting they ate chicken or turkey the previous day	Section 4: Nutrition	H2NU44		1,088	3,327
	1 Yes					659	2,115
	2 Some yes, some no					49	181
	7 Legitimate skip					3,037	9,104
	8 Don't know					1	11
Yesterday, did you eat canned tuna fish?	0 No	All Respondents	Section 4: Nutrition	H2NU45		4,557	13,879
	1 Yes					276	857
	8 Don't know					1	2
Was it...	1 Water-packed	Respondents reporting they ate canned tuna fish the previous day	Section 4: Nutrition	H2NU46		210	623
	2 Oil-packed					37	131
	3 Some of each					19	74
	6 Refused					1	2
	7 Legitimate skip					4,558	13,881
	8 Don't know					9	27
How was it prepared?	1 Plain	Respondents reporting they ate canned tuna fish the previous day	Section 4: Nutrition	H2NU47		38	117
	2 With mayonnaise, like tuna salad					201	611
	3 With noodles, like tuna casserole					16	54
	4 Some other way					20	74
	7 Legitimate skip					4,558	13,881
	8 Don't know					1	1
Yesterday, did you eat other fish or seafood?	0 No	All Respondents	Section 4: Nutrition	H2NU48		4,436	13,451
	1 Yes					396	1,284
	8 Don't know					2	3
Was it fried?	0 No	Respondents reporting they ate chicken or turkey the previous day	Section 4: Nutrition	H2NU49		170	590
	1 Yes					195	611
	2 Some yes, some no					30	80
	7 Legitimate skip					4,438	13,454
	8 Don't know					1	3
Yesterday, did you eat cold cuts, luncheon meats, or ham?	0 No	All Respondents	Section 4: Nutrition	H2NU50		3,084	9,517
	1 Yes					1,748	5,218
	8 Don't know					2	3
Yesterday, did you eat bacon, sausage, or chorizo?	0 No	All Respondents	Section 4: Nutrition	H2NU51		3,962	12,084
	1 Yes					871	2,652
	8 Don't know					1	2

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
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Yesterday, did you eat eggs?	0 No 1 Yes 8 Don't know	All Respondents	Section 4: Nutrition	H2NU52		3,818 1,015 1	11,506 3,230 2
Yesterday, did you eat yogurt or cottage cheese?	0 No 1 Yes 6 Refused 8 Don't know	All Respondents	Section 4: Nutrition	H2NU53		4,288 545 0 1	13,168 1,567 1 2
Was it...	1 Regular 2 Low-fat or fat-free 3 Some of each 7 Legitimate skip 8 Don't know	Respondents reporting they ate yogurt or cottage cheese the previous day	Section 4: Nutrition	H2NU54		212 303 20 4,289 10	670 820 63 13,171 14
Yesterday, did you eat cheese, processed cheese, or cheese spreads?	0 No 1 Yes 8 Don't know	All Respondents	Section 4: Nutrition	H2NU55		2,438 2,393 3	7,474 7,259 5
Was it...	1 Regular 2 Low-fat or fat-free 3 Some of each 6 Refused 7 Legitimate skip 8 Don't know	Respondents reporting they ate some other kind of cheese the previous day	Section 4: Nutrition	H2NU56		1,984 258 117 0 2,441 34	6,041 756 362 1 7,479 99
YESTERDAY, DID YOU EAT...		All Respondents	Section 4: Nutrition				
Bread, rolls, bagels, tortillas, crackers, or English muffins?				H2NU57	6	4,833	14,736
Spaghetti, pasta, or noodles?				H2NU58	6	4,833	14,736
Rice?				H2NU59	6	4,833	14,736
French fries?				H2NU60	6	4,833	14,736
Other potatoes?				H2NU61	6	4,833	14,734
Potato chips, corn chips, tortilla chips, pretzels, or popcorn?				H2NU62	6	4,833	14,735
Yesterday, did you eat cookies, brownies, cake, or pie?	0 No 1 Yes 8 Don't know	All Respondents	Section 4: Nutrition	H2NU63		2,908 1,925 1	8,926 5,809 3
Were they...	1 Regular 2 Low-fat or fat-free 3 Some of each 7 Legitimate skip 8 Don't know	Respondents reporting that they ate cookies, brownies, cake, or pie the previous day	Section 4: Nutrition	H2NU64		1,666 128 107 2,909 24	5,062 367 328 8,929 52
Yesterday did you eat peanut butter, peanuts, or other nuts?	0 No 1 Yes 8 Don't know	All Respondents	Section 4: Nutrition	H2NU65		4,087 746 1	12,489 2,247 2

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
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Yesterday did you eat ice cream?	0 No 1 Yes 8 Don't know	All Respondents	Section 4: Nutrition	H2NU66		3,451 1,382 1	10,404 4,332 2
Was it...	1 Regular 2 Low-fat or fat-free 3 Some of each 7 Legitimate skip 8 Don't know	Respondents reporting that they ate ice cream the previous day	Section 4: Nutrition	H2NU67		1,156 170 43 3,452 13	3,657 519 123 10,406 33
Yesterday did you eat frozen yogurt?	0 No 1 Yes 8 Don't know	All Respondents	Section 4: Nutrition	H2NU68		4,633 200 1	14,127 609 2
Was it...	1 Regular 2 Low-fat or fat-free 3 Some of each 7 Legitimate skip 8 Don't know	Respondents reporting that they ate frozen yogurt the previous day	Section 4: Nutrition	H2NU69		75 119 4 4,634 2	242 341 23 14,129 3
Yesterday, did you eat chocolate bars or candy?	0 No 1 Yes 8 Don't know	All Respondents	Section 4: Nutrition	H2NU70		3,427 1,406 1	10,457 4,278 3
When you ate anything yesterday, including sandwiches, did you use butter or margarine?	0 No 1 Yes 8 Don't know	All Respondents	Section 4: Nutrition	H2NU71		3,209 1,621 4	9,852 4,870 16
Was it...	1 Regular 2 Low-fat 3 Some of each 7 Legitimate skip 8 Don't know	Respondents reporting that they used butter or margarine the previous day	Section 4: Nutrition	H2NU72		1,236 286 75 3,213 24	3,732 883 201 9,868 54
When you ate anything yesterday, did you use salad dressing?	0 No 1 Yes 8 Don't know	All Respondents	Section 4: Nutrition	H2NU73		3,365 1,467 2	10,374 4,361 3
Was it...	1 Regular 2 Low-fat or fat-free 3 Some of each 7 Legitimate skip 8 Don't know	Respondents reporting that they used salad dressing the previous day	Section 4: Nutrition	H2NU74		960 450 43 3,367 14	2,938 1,272 118 10,377 33
With anything you ate, including sandwiches, did you use mayonnaise or sandwich spread?	0 No 1 Yes 8 Don't know	All Respondents	Section 4: Nutrition	H2NU75		2,958 1,874 2	9,041 5,693 4

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
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Was it...	1 Regular	Respondents reporting that they used mayonnaise or sandwich spread the previous day	Section 4: Nutrition	H2NU76		1,514	4,611
	2 Low-fat or fat-free					298	893
	3 Some of each					36	134
	7 Legitimate skip					2,960	9,045
	8 Don't know					26	55
In the last seven days, on how many days did you eat at a fast food type place - McDonalds, Kentucky Fried Chicken, Pizza Hut, Taco Bell, etc.?	0 0 days	All Respondents	Section 4: Nutrition	H2NU77		813	2,347
	1 1 day					1,248	3,660

	7 7 days					192	643
	8 Don't know					6	12
In the last seven days, on how many days did you eat breakfast?	. Missing					0	1
	0 0 days	All Respondents	Section 4: Nutrition	H2NU78		632	2,029
	1 1 day					328	1,017

	7 7 days					1,783	5,190
In the last seven days, on how many days did you eat lunch?	96 Refused					1	1
	98 Don't know					5	9
	0 0 days	All Respondents	Section 4: Nutrition	H2NU79		234	765
	1 1 day					102	312

In the last seven days, on how many days did you eat dinner/supper?
	7 7 days					3,034	8,780
	96 Refused					1	1
	98 Don't know					5	8
	0 0 days	All Respondents	Section 4: Nutrition	H2NU80		69	263
	1 1 day					29	135
Do you currently take vitamins or minerals?

	7 7 days					3,784	11,237
	96 Refused					1	1
In the last seven days, on how many days did you take vitamins or minerals?	98 Don't know					5	8
	0 No	All Respondents	Section 4: Nutrition	H2NU81		3,615	11,285
	1 Yes					1,215	3,447
	6 Refused					1	2
In the last seven days, on how many days did you take vitamins or minerals?	8 Don't know					3	4
	0 0 days	Respondents reporting that they took vitamins or minerals in the past week	Section 4: Nutrition	H2NU82		0	0
	1 1 day					56	170

	7 7 days					566	1,530
	96 Refused					3,619	1
	97 Legitimate skip					0	11,291
	98 Don't know					4	10

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
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Weight							
How do you think of yourself in terms of weight?	1 Very underweight 2 Slightly underweight 3 About the right weight 4 Slightly overweight 5 Very overweight 6 Refused 8 Don't know	All Respondents	Section 3: General Health	H2GH30		56 697 2,576 1,338 162 1 4	200 2,122 7,888 3,983 535 1 9
Are you trying to lose weight, gain weight, or stay the same weight?	1 Lose weight 2 Gain weight 3 Stay the same weight 4 Not trying to do anything about weight 6 Refused 8 Don't know	All Respondents	Section 3: General Health	H2GH31		1,626 900 1,649 656 1 2	4,916 2,786 4,877 2,154 1 4
DURING THE PAST SEVEN DAYS, WHICH OF THE FOLLOWING THINGS DID YOU DO IN ORDER TO LOSE WEIGHT OR TO KEEP FROM GAINING WEIGHT?	0 Not marked 1 Marked 6 Refused 7 Legitimate skip 8 Don't know	Respondents reporting that they are trying to lose weight or stay the same weight	Section 3: General Health				
Dieted				H2GH32A	6	3,275	9,791
Exercised				H2GH32B	6	3,275	9,791
Made yourself vomit				H2GH32C	6	3,275	9,791
Took diet pills				H2GH32D	6	3,275	9,791
Took laxatives				H2GH32E	6	3,275	9,791
Other				H2GH32F	6	3,275	9,791
None				H2GH32G	6	3,275	9,791
DURING THE PAST SEVEN DAYS, WHICH OF THE FOLLOWING THINGS DID YOU DO IN ORDER TO GAIN WEIGHT OR TO BUILD MUSCLE?	0 Not marked 1 Marked 6 Refused 7 Legitimate skip 8 Don't know	Respondents reporting that they are trying to gain weight	Section 3: General Health				
Dieted				H2GH33A	6	900	2,786
Exercised				H2GH33B	6	900	2,786
Lifted weights				H2GH33C	6	900	2,786
Took food supplements				H2GH33D	6	900	2,786
Used steroids				H2GH33E	6	900	2,786
Other				H2GH33F	6	900	2,786
None				H2GH33G	6	900	2,786

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What is your height in feet and inches? FEET	4 4 feet	All Respondents	Section 3: General Health	H2GH52F		101	304
	5 5 feet					4,036	12,364
	6 6 feet					640	1,900
	96 Refused					2	5
	98 Don't know					55	165
What is your height in feet and inches? INCHES	0 0 or 1 inch	All Respondents	Section 3: General Health	H2GH52I		358	1,101
	1 1 to 2 inch					339	1,015
	2 2 or 3 inches					420	1,321
	3 3 to 4 inches					451	1,326
	4 4 inches					473	1,492
	5 5 inches					403	1,214
	.					.	.
	.					.	.
	.					.	.
	11 11 inches					331	1,070
	96 Refused					2	5
	98 Don't know					66	192
What is your weight?	. Missing					5	21
	50 50 pounds	All Respondents	Section 3: General Health	H2GH53		0	1
	51 51 pounds					0	0
	.					.	.
	.					.	.
	450 450 pounds					0	1
	996 Refused					11	32
	998 Don't know					75	202
Interviewer records R's height in feet and inches. FEET	4 4 feet	All Respondents	Section 38: Relations with Siblings	H2WS16HF		88	279
	5 5 feet					4,077	12,478
	6 6 feet					638	1,912
	96 Refused					26	56
	98 Don't know					4	11
Interviewer records R's height in feet and inches. INCHES	0 0 inches	All Respondents	Section 38: Relations with Siblings	H2WS16HI		340	1,023
	1 1 inch					339	1,015
	.					.	.
	.					.	.
	11 11 inches					309	990
	96 Refused					26	56
	98 Don't know					4	11
Interviewer records R's weight in pounds.	. Missing					1	2
	50 50 pounds	All Respondents	Section 38: Relations with Siblings	H2WS16W		0	1
	51 51 pounds					0	0
	.					.	.
	.					.	.
	531 531 pounds					0	1
	996 Refused					58	142
	998 Don't know					23	72

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
Disability & Impairment							
BECAUSE OF A PHYSICAL, LEARNING, OR EMOTIONAL CONDITION YOU HAVE HAD FOR AT LEAST A YEAR...	0 No 1 Yes 6 Refused 8 Don't know	All Respondents	Section 3: General Health				
Do you have any limitations attending school or in your ability to do regular work?				H2GH2	6	4,826	14,725
Do you have difficulty in doing regular household chores, shopping, or errands?				H2GH3	6	4,828	14,725
Do you have limitations in doing strenuous activities such as running, swimming, or other sports?				H2GH4	6	4,828	14,726
Do you have difficulty with personal care or hygiene, namely bathing, dressing, eating, or using the toilet?				H2GH5	6	4,828	14,727
Is your condition physical in nature?	0 No 1 Yes 6 Refused 7 Legitimate skip 8 Don't know	Respondents indicating that they have limitations or difficulties in everyday activities because of a condition that has lasted at least one year	Section 3: General Health	H2GH6A		152 322 1 4,353 6	460 966 8 13,284 20
Has the difficulty with your hands, arms, legs, or feet because of a physical condition gotten better, worse, or stayed the same since (WAVE 1)?	1 Better 2 Worse 3 Stayed the same 6 Refused 7 Legitimate skip 8 Don't know	Respondents who had a limb disability in Wave 1	Section 3: General Health	H2GH7		67 13 84 7 4,650 13	230 38 285 27 14,117 41
Sun Exposure							
WHEN YOU GO OUTSIDE ON A SUNNY DAY FOR MORE THAN ONE HOUR, HOW LIKELY ARE YOU TO...	1 Very likely 2 Somewhat likely 3 Unlikely 6 Refused 8 Don't know	All Respondents	Section 5: Sun Exposure				
Wear a wide-brimmed hat or a long-sleeved shirt that protects you from the sun?				H2UV1		505 741 3,583 0 5	1,678 2,296 10,753 1 10

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
Stay in the shade to avoid the sun?	1 Very likely	All Respondents	Section 5: Sun Exposure	H2UV2		1,198	3,850
	2 Somewhat likely					1,604	5,079
	3 Unlikely					2,028	5,802
	6 Refused					0	1
	8 Don't know					4	6
Use sunscreen or sun block?	1 Very likely	All Respondents	Section 5: Sun Exposure	H2UV3		698	2,190
	2 Somewhat likely					1,080	3,255
	3 Unlikely					3,052	9,285
	6 Refused					0	1
	8 Don't know					4	7
After several months of not being in the sun, when you go out in the sun without sunscreen or protective clothing for the first time for at least an hour do you...	1 Get a severe sunburn with blisters	All Respondents	Section 5: Sun Exposure	H2UV4		87	280
	2 Get a bad sunburn which peels later					587	1,757
	3 Get a mild sunburn which becomes a tan					1,687	5,121
	4 Get a suntan without burning					1,830	5,678
	5 Other					625	1,857
	6 Refused					2	3
	8 Don't know					16	42
When you go out in the sun every day for two weeks, do you get...	1 Very dark and deeply tanned	All Respondents	Section 5: Sun Exposure	H2UV5		1,017	3,216
	2 Moderately tanned					1,578	4,733
	3 Mildly tanned					1,394	4,375
	4 Only freckled or no suntan at all					334	898
	5 Repeated sunburns					231	650
	6 Other					264	827
	96 Refused					1	3
	98 Don't know					15	36
How many times in your life have you had a sunburn that blistered?	0 0 times	All Respondents	Section 5: Sun Exposure	H2UV6		2,916	9,073
	1 1 time					676	2,045
	.					.	.
	.					.	.
	.					.	.
	90 90 times					2	4
	96 Refused					1	2
How many times during the PAST YEAR have you had a sunburn that blistered?	98 Don't know	Respondents reporting that they have had a sunburn that blistered	Section 5: Sun Exposure	H2UV7		18	45
	0 0 times					1,214	3,606
	1 1 time					483	1,412
	.					.	.
	.					.	.
	.					.	.
	90 90 times					0	0
	98 Don't know					2,935	9,120
	6 Refused					4	8

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
How many times in your life have you used a sunlamp or a tanning booth or a tanning parlor or salon?	0 Never	All Respondents	Section 5: Sun Exposure	H2UV8		3,999	12,439
	1 1 time					160	462
	2 2 times					99	321
	3 3-9 times					206	552
	4 10-20 times					151	399
	5 21 or more times					215	558
	6 Refused					0	1
	8 Don't know					4	6
During the summer, how often do you sunbather, or lie in the sun, to get a tan?	1 Frequently	All Respondents	Section 5: Sun Exposure	H2UV9		613	1,726
	2 Occasionally					896	2,694
	3 Rarely					867	2,840
	4 Never					2,454	7,470
	6 Refused					0	1
	8 Don't know					4	7
During a typical summer week, how many hours do you spend outdoors in the sun during the day?	0 0 hours	All Respondents	Section 5: Sun Exposure	H2UV10		98	337
	1 1 hour					195	593
	.					.	.
	.					.	.
	125 125 hours					0	1
	996 Refused					0	1
	998 Don't know					26	67
	Puberty & Physical Development						
How much hair is under your arms now? Which sentence best describes you?	1 I have no hair at all.	Male Respondents	Section 31A: Male Physical Development	H2MP1		161	494
	2 I have a little hair.					303	983
	3 I have some hair, but not a lot; it has spread out since it first started growing and is thicker.					866	2,732
	4 I have a lot of hair that is thick.					754	2,295
	5 I have a whole lot of hair that is very thick, as much hair as a grown man.					196	595
	6 Refused					21	57
	7 Legitimate skip					2,520	7,559
	8 Don't know					13	23
How thick is the hair on your face? Which sentence best describes you?	1 I have a few scattered hairs, but the growth is not thick.	Male Respondents	Section 31A: Male Physical Development	H2MP2		934	2,876
	2 The hair is somewhat thick, but you can still see a lot of skin under it.					940	2,947
	3 The hair is thick; you can't see much skin under it.					283	894
	4 The hair is very thick, like a grown man's facial hair.					120	371
	6 Refused					24	57
	7 Legitimate skip					2,520	7,559
	8 Don't know					13	34

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
Is your voice lower now that it was when you were in grade school?	1 No, it is about the same as when you were in grade school.	Male Respondents	Section 31A: Male Physical Development	H2MP3		296	989
	2 Yes, it is a little lower than when you were in grade school.					276	930
	3 Yes, it is somewhat lower than when you were in grade school.					455	1,437
	4 Yes, it is a lot lower than when you were in grade school.					758	2,272
	5 Yes, it is a whole lot lower than when you were in grade school; it is as low as an adult man's voice.					487	1,447
	6 Refused					17	50
	7 Legitimate skip					2,520	7,559
	8 Don't know					25	54
How advanced is your physical development compared to other boys your age?	1 I look younger than most.	Male Respondents	Section 31A: Male Physical Development	H2MP4		279	878
	2 I look younger than some.					235	806
	3 I look about average.					865	2,744
	4 I look older than some.					600	1,768
	5 I look older than most.					300	898
	6 Refused					19	48
	7 Legitimate skip					2,520	7,559
	8 Don't know					16	37
As a girl grows up her breasts develop and get bigger. Which sentence best describes you?	1 My breasts are about the same size as when I was in grade school.	Female Respondents	Section 31B: Female Physical Development & Pregnancy History	H2FP1		124	366
	2 My breasts are a little bigger than when I was in grade school.					364	1,112
	3 My breasts are somewhat bigger than when I was in grade school.					804	2,482
	4 My breasts are a lot bigger than when I was in grade school.					760	2,229
	5 My breasts are a whole lot bigger than when I was in grade school; they are as developed as a grown woman's breasts.					445	1,281
	6 Refused					15	57
	7 Legitimate skip					2,314	7,179
	8 Don't know					8	32

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
As a girl grows up her body becomes more curved. Which sentence best describes you?	1 My body is about as curvy as when I was in grade school.	Female Respondents	Section 31B: Female Physical Development & Pregnancy History	H2FP2		103	298
	2 My body is a little more curvy than when I was in grade school.					318	975
	3 My body is somewhat more curved than when I was in grade school.					848	2,544
	4 My body is a lot more curvy than when I was in grade school.					833	2,500
	5 My body is a whole lot more curvy than when I was in grade school.					394	1,156
	6 Refused					13	54
	7 Legitimate skip					2,314	7,179
	8 Don't know					11	32
Have you ever had a menstrual period (menstruated)?	0 No	Female Respondents	Section 32B: Female Physical Development	H2FP3		185	524
	1 Yes					2,318	6,990
	6 Refused					11	28
	7 Legitimate skip					2,314	7,179
	8 Don't know					6	17
How old were you when you had your very first menstrual period?	7 Seven years old and younger	Female Respondents reporting that they have begun menstruating	Section 31B: Female Physical Development & Pregnancy History	H2FP4		1	1
	8 Eight years old					8	26
	.					.	.
	.					.	.
	17 Seventeen years old and older					3	7
	96 Refused					2	11
	97 Legitimate skip					2,516	7,748
	98 Don't know					18	53
On what month and day did your most recent period begin? MONTH	1 January	Female Respondents reporting that they have begun menstruating	Section 31B: Female Physical Development & Pregnancy History	H2FP5M		37	100
	2 February					39	127
	.					.	.
	.					.	.
	12 December					28	87
	96 Refused					24	77
	97 Legitimate skip					2,516	7,748
	98 Don't know					280	841
	99 Not applicable					0	0
	. Missing					0	1
On what month and day did your most recent period begin? DAY	1 1	Female Respondents reporting that they have begun menstruating	Section 31B: Female Physical Development & Pregnancy History	H2FP5D		117	334
	2 2					64	173
	.					.	.
	.					.	.
	31 31					21	57
	96 Refused					34	102
	97 Legitimate skip					2,516	7,748
	98 Don't know					356	1,046
	99 Not applicable					0	0
	. Missing					0	1

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
Did you have cramps during you most recent period?	0 No	Female respondents who have begun menstruating	Section 31B: Female Physical Development & Pregnancy History	H2FP6		807	2,542
	1 Yes					1,509	4,432
	6 Refused					0	8
	7 Legitimate skip					2,516	7,748
	8 Don't know					2	8
On how many days did you have cramps?	1 1 day	Female respondents who have begun menstruating, and report cramps during their most recent period	Section 31B: Female Physical Development & Pregnancy History	H2FP7		359	1,126
	2 2 days					542	1,636
	.					.	.
	.					.	.
	10 10 days					0	5
	96 Refused					4	8
	97 Legitimate skip					3,325	10,306
	98 Don't know					20	45
Did you take medication for the cramps?	0 No	Female respondents who have begun menstruating, and report cramps during their most recent period	Section 31B: Female Physical Development & Pregnancy History	H2FP8		657	1,883
	1 Yes					852	2,546
	6 Refused					0	2
	7 Legitimate skip					3,325	10,306
	8 Don't know					0	1
How advanced is your physical development compared to other girls your age?	1 I look younger than most.	Female respondents	Section 31B: Female Physical Development & Pregnancy History	H2FP9		263	787
	2 I look younger than some.					293	887
	3 I look about average.					967	2,982
	4 I look older than some.					676	1,957
	5 I look older than most.					305	892
	6 Refused					13	30
	7 Legitimate skip					2,314	7,179
	8 Don't know					3	24
	9 Not applicable					0	0
Health Care Access & Use							
Has there been any time over the past year when you thought you should get medical care, but you did not?	0 No	All Respondents	Section 3: General Health	H2GH28		3,878	11,675
	1 Yes					954	3,055
	8 Don't know					2	8

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
WHAT KEPT YOU FROM SEEING A HEALTH PROFESSIONAL WHEN YOU REALLY NEEDED TO? IF THERE WAS MORE THAN ONE REASON, CHOOSE	0 Not marked 1 Marked 6 Refused 7 Legitimate skip 8 Don't know	Respondents indicating that in the past year they needed medical care but did not receive it	Section 3: General Health				
Didn't know whom to go see				H2GH29A	6	950	3,044
Had no transportation				H2GH29B	6	950	3,044
No one available to go along				H2GH29C	6	950	3,044
Parent or guardian would not go				H2GH29D	6	950	3,044
Didn't want parents to know				H2GH29E	6	950	3,044
Difficult to make an appointment				H2GH29F	6	950	3,044
Afraid of what the doctor would say or do				H2GH29G	6	950	3,044
I thought the problem would go away				H2GH29H	6	950	3,044
Couldn't pay				H2GH29I	6	950	3,044
Other				H2GH29J	6	950	3,044
In the past year have you had a routine physical examination?	0 No 1 Yes 8 Don't know	All Respondents	Section 7: Access to Health Services	H2HS1		1,631 3,194 9	5,415 9,306 17
WHERE DID YOU HAVE THIS EXAMINATION? CODE ALL THAT APPLY.	0 Not marked 1 Marked 7 Legitimate skip 8 Don't know . Missing	Respondents reporting that they have had a physical exam in the past year	Section 7: Access to Health Services				
Private doctor's office				H2HS2A	6	3,194	9,303
Community health clinic				H2HS2B	6	3,194	9,303
School				H2HS2C	6	3,194	9,303
Hospital				H2HS2D	6	3,194	9,303
Some other place				H2HS2E	6	3,194	9,303
In the past year have you had a dental examination by a dentist or hygienist?	0 No 1 Yes 6 Refused 8 Don't know	All Respondents	Section 7: Access to Health Services	H2HS3		1,493 3,339 0 2	4,761 9,967 1 9

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
WHERE DID YOU HAVE THIS EXAMINATION? CODE ALL THAT APPLY.	0 Not marked 1 Marked 7 Legitimate skip 8 Don't know . Missing	Respondents reporting that they have had a dental exam in the past year	Section 7: Access to Health Services	H2HS4A	6	3,337	9,960
Private doctor's office							
Community health clinic							
School							
Hospital							
Some other place							
General Health							
PLEASE TELL ME KNOW OFTEN YOU HAVE HAD EACH OF THE FOLLOWING CONDITIONS IN THE PAST 12 MONTHS. HOW OFTEN HAVE YOU...	0 Never 1 Just a few times 2 About once a week 3 Almost every day 4 Every day 8 Don't know	All Respondents	Section 3: General Health	H2GH8		417	1,360
Had a headache?							
Felt hot all over suddenly, for no reason?	0 Never 1 Just a few times 2 About once a week 3 Almost every day 4 Every day 8 Don't know	All Respondents	Section 3: General Health	H2GH9		2,980	9,119
Had a stomach ache or an upset stomach?	0 Never 1 Just a few times 2 About once a week 3 Almost every day 4 Every day 8 Don't know	All Respondents	Section 3: General Health	H2GH10		574	1,823
Had cold sweats?	0 Never 1 Just a few times 2 About once a week 3 Almost every day 4 Every day 8 Don't know	All Respondents	Section 3: General Health	H2GH11		3,910	11,839

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
Felt physically weak, for no reason?	0 Never	All Respondents	Section 3: General Health	H2GH12		2,549	7,670
	1 Just a few times					1,919	5,912
	2 About once a week					275	864
	3 Almost every day					74	226
	4 Every day					14	60
	8 Don't know					3	6
Had a sore throat or a cough?	0 Never	All Respondents	Section 3: General Health	H2GH13		708	2,487
	1 Just a few times					3,678	10,954
	2 About once a week					351	1,019
	3 Almost every day					76	213
	4 Every day					20	63
	8 Don't know					1	2
Felt very tired, for no reason?	0 Never	All Respondents	Section 3: General Health	H2GH14		1,781	5,388
	1 Just a few times					2,078	6,365
	2 About once a week					635	1,973
	3 Almost every day					252	744
	4 Every day					86	263
	8 Don't know					2	5
Had painful or very frequent urination (or peeing)?	0 Never	All Respondents	Section 3: General Health	H2GH15		4,374	13,270
	1 Just a few times					397	1,258
	2 About once a week					31	116
	3 Almost every day					22	59
	4 Every day					0	29
	6 Refused					7	1
Felt really sick?	8 Don't know					3	5
	0 Never	All Respondents	Section 3: General Health	H2GH16		2,052	6,416
	1 Just a few times					2,604	7,819
	2 About once a week					144	401
	3 Almost every day					28	80
	4 Every day					5	20
Woken up feeling tired?	8 Don't know					1	2
	0 Never	All Respondents	Section 3: General Health	H2GH17		795	2,483
	1 Just a few times					2,062	6,393
	2 About once a week					1,004	2,980
	3 Almost every day					647	1,982
	4 Every day					325	897
Had skin problems, such as itching or pimples?	8 Don't know					1	3
	0 Never	All Respondents	Section 3: General Health	H2GH18		1,088	3,459
	1 Just a few times					2,307	6,928
	2 About once a week					777	2,442
	3 Almost every day					381	1,121
	4 Every day					280	783
	6 Refused					0	1
	8 Don't know					1	4

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
Been dizzy?	0 Never	All Respondents	Section 3: General Health	H2GH19		2,800	8,344
	1 Just a few times					1,722	5,442
	2 About once a week					234	701
	3 Almost every day					61	191
	4 Every day					13	50
	6 Refused					0	1
	8 Don't know					4	9
Had chest pains?	0 Never	All Respondents	Section 3: General Health	H2GH20		3,508	10,677
	1 Just a few times					1,150	3,522
	2 About once a week					130	403
	3 Almost every day					32	99
	4 Every day					12	33
	8 Don't know					2	4
Had aches, pains, or soreness in your muscles or joints?	0 Never	All Respondents	Section 3: General Health	H2GH21		867	2,819
	1 Just a few times					2,757	8,317
	2 About once a week					900	2,672
	3 Almost every day					237	720
	4 Every day					71	207
	8 Don't know					2	3
Had a poor appetite?	0 Never	All Respondents	Section 3: General Health	H2GH22		2,312	7,011
	1 Just a few times					1,834	5,664
	2 About once a week					508	1,482
	3 Almost every day					136	442
	4 Every day					42	134
	8 Don't know					2	5
Had trouble falling asleep or staying asleep?	0 Never	All Respondents	Section 3: General Health	H2GH23		1,733	5,369
	1 Just a few times					1,939	5,917
	2 About once a week					780	2,272
	3 Almost every day					301	905
	4 Every day					80	272
	6 Refused					0	1
	8 Don't know					1	2
How often do you wear a helmet when you ride a bicycle?	0 Never	All Respondents	Section 3: General Health	H2GH36		2,539	7,855
	1 Rarely					205	600
	2 Sometimes					136	446
	3 Most of the time					107	315
	4 Always					167	457
	5 Never rides a bicycle					1,679	5,063
	8 Don't know					1	2
During the past 12 months, how often did you ride a motorcycle?	0 Never	All Respondents	Section 3: General Health	H2GH37		3,901	12,099
	1 Once or twice					601	1,711
	2 About once a month					142	405
	3 About once a week					108	305
	4 Almost every day					81	216
	8 Don't know					1	2

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
When you rode a motorcycle in the past 12 months, how often did you wear a helmet?	0 Never	Respondents who report riding a motorcycle in the past year	Section 3: General Health	H2GH38		290	819
	1 Rarely					56	136
	2 Sometimes					43	127
	3 Most of the time					63	167
	4 Always					480	1,388
	5 Never rides a bicycle					0	0
	7 Legitimate skip					3,901	12,099
	8 Don't know					1	2
How often do you wear a seatbelt when you are riding in or driving a car?	0 Never	All Respondents	Section 3: General Health	H2GH40		1,456	4,055
	1 Rarely					1,434	3,829
	2 Sometimes					118	317
	3 Most of the time					20	38
	4 Always					4	19
	6 Refused					0	2
	7 Legitimate skip					1,801	6,476
	8 Don't know					1	2
How many hours of sleep do you usually get?	1 1	All Respondents	Section 3: General Health	H2GH44		1	3
	2 2					3	8
	.					.	.
	.					.	.
	.					.	.
	24 24					2	2
	96 Refused					0	1
Do you usually get enough sleep?	98 Don't know	All Respondents	Section 3: General Health	H2GH45		10	32
	0 No					1,402	4,389
	1 Yes					3,430	10,341
Which of these best describes your worst injury during the past year?	8 Don't know	All Respondents	Section 3: General Health	H2GH47		2	8
	1 Very minor					2,220	7,019
	2 Minor					1,911	5,721
	3 Serious					502	1,425
	4 Very Serious					103	329
	5 Extremely serious					87	225
	6 Refused					6	11
Since (WAVE 1), has your biological mother smoked cigarettes?	8 Don't know	Respondents reporting that they do not live with their biological mother, and that she is still living	Section 12: Non-Resident Biological Mother	H2NM12		5	8
	0 No					236	833
	1 Yes					276	876
	6 Refused					1	2
	7 Legitimate skip					4,304	12,961
Since (WAVE 1), has your biological father smoked cigarettes?	8 Don't know	Respondents reporting that they do not live with their biological father, and that he is still living	Section 13: Non-Resident Biological Father	H2NF12		17	66
	0 No					683	2,126
	1 Yes					661	2,058
	6 Refused					9	20
	7 Legitimate skip					3,349	10,098
	8 Don't know					132	436

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
Since (WAVE 1), has (MOM) smoked cigarettes?	0 No	Respondents reporting a mother in the household	Section 14: Resident Mother	H2RM14		3,141	9,602
	1 Yes					1,386	4,052
	6 Refused					1	2
	7 Legitimate skip					300	1,071
	8 Don't know					6	11
Since (WAVE 1), has (DAD) smoked cigarettes?	0 No	Respondents reporting a father in the household	Section 15: Resident Father	H2RF14		2,324	6,870
	1 Yes					1,164	3,567
	6 Refused					1	2
	7 Legitimate skip					1,337	4,286
	8 Don't know					8	13
PLEASE TELL ME WHETHER YOU AGREE OR DISAGREE WITH EACH OF THE FOLLOWING STATEMENTS.		All Respondents	Section 18: Personality and Family	H2PF17			
You have a lot of energy	1 Strongly agree					1,598	4,761
	2 Agree					2,408	7,343
	3 Neither agree nor disagree					549	1,803
	4 Disagree					238	711
	5 Strongly disagree					32	102
You seldom get sick.	6 Refused			H2PF18		4	9
	8 Don't know					5	9
	1 Strongly agree					1,219	3,541
	2 Agree					2,197	6,741
	3 Neither agree nor disagree					669	2,102
When you do get sick, you get better quickly.	4 Disagree			H2PF19		593	1,930
	5 Strongly disagree					146	404
	6 Refused					4	9
	8 Don't know					6	11
	1 Strongly agree					1,419	4,134
	2 Agree					2,430	7,526
	3 Neither agree nor disagree					534	1,690
	4 Disagree					393	1,214
	5 Strongly disagree					50	156
	6 Refused					3	7
	8 Don't know					5	11

Question	Response	Respondents	Codebook Location	Variable Name	Variable Notes	Unweighted Frequencies	
						Public	Restricted
You are well coordinated	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF20		1,807	5,293
	2 Agree					2,351	7,380
	3 Neither agree nor disagree					463	1,463
	4 Disagree					165	472
	5 Strongly disagree					26	80
	6 Refused					3	9
	8 Don't know					19	41
You are physically fit.	1 Strongly agree	All Respondents	Section 18: Personality and Family	H2PF22		1,346	4,022
	2 Agree					2,249	6,767
	3 Neither agree nor disagree					811	2,647
	4 Disagree					370	1,152
	5 Strongly disagree					45	122
	6 Refused					4	9
	8 Don't know					9	19

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