

**HEALTH PROMOTION MINOR**  
 School of Family and Consumer Sciences  
 College of Education and Human Development

**Fall 2014**

21 SEMESTER HOURS<sup>1</sup>

Students will be exposed to the theory and best practices of health promotion and will learn the fundamentals for assessing needs and for implementing and evaluating effective health promotion programs for individuals, families, and communities.

<b><u>REQUIRED COURSES</u></b>	<b><u>CREDIT HRS.</u></b>
_____ HP 2150 Health and Wellness	3
_____ PUBH 2100 Introduction to Community Health	3
_____ HP 3080 Communication Strategies	3
_____ HDFS 3300 Family Life Programming and Evaluation	3
or	
_____ PUBH 3100 Community Health Planning and Evaluation	3
_____ HP 3380 Concepts of Human Sexuality	3
or	
_____ HDFS 4280 Sexuality in Human Development and Family Studies	3

**SELECT SIX (6) HOURS FROM THE FOLLOWING :**

_____ HP 3400 Drug Use and Abuse	3
_____ HP 3890 Health Promotion Practicum	1-3
_____ HP 4120 Health Behavior Instructor	3
_____ FN 2070 Introduction to Human Nutrition	3
_____ HHS 4400 Seminar Health and Human Services	2
_____ HDFS 3250 Children and Families Under Stress	3
_____ MEDT 2050 Acquired Immunodeficiency Syndrome	1
_____ PUBH 3200 Introduction to Public Health	3
_____ PUBH 3700 Sexually Transmitted Diseases	3

<sup>1</sup> IMPORTANT NOTE: The Health Promotion minor must include a minimum of 15 hours that cannot be applied toward the student's principal area of study or another minor.