

EXERCISE SCIENCE

School of Human Movement, Sport, and Leisure Studies
College of Education and Human Development

NAME _____

Fall 2014

Bachelor of Science in Education. This degree program is designed to be completed in 4 years. Changing majors, academic issues or other unforeseen circumstances may require additional semesters for completion.

MAJOR CURRICULUM 82-87 HRS COLLEGE REQUIREMENTS 3 HRS

REQUIRED COURSES 40 HRS

_____	KNS 2270 Introduction to Kinesiology@	3
_____	KNS 2290 Lifetime Fitness	2
_____	KNS 2300 Structural and Functional Bases of Human Movement #@	3
_____	KNS 3400 Motor Development Across Lifespan #	
	OR	
_____	KNS 3500 Motor Learning #	3
_____	KNS 3600 Exercise Physiology #@	3
_____	KNS 3610 Applied Exercise Physiology #	3
_____	KNS 3700 Biomechanics of Human Movement #	3
_____	KNS 3870 Exercise Science Practicum ! #	3
_____	KNS/PEG/DANC Activities ## (take for grade only) (Select in consultation with faculty advisor)	
_____	_____	4
_____	BIOL 3320 Human Anatomy@	4
_____	FN 2070 Nutrition **	3
_____	SM 2140 Introduction to Research in HMSLS #	3
_____	SM 3650 Foundations of Sport Psychology #	
	OR	
_____	SM 3660 Psychological Aspects of Exercise and Fitness #	3

CHOOSE ONE SPECIALIZATION (Exercise Programming or Human Movement)

EXERCISE PROGRAMMING 42-47 HRS

_____	KNS 4230 Exercise Testing and Prescription #	3
_____	KNS 4250 Exercise Testing and Prescription for Special Cases #	3
_____	KNS 4290 Sport Conditioning #	3
_____	KNS 4500 Organization and Administration of Ex Prog	3
_____	KNS 4890 Exercise Science Internship ! #	15
_____	Selectives (in consultation with faculty advisor)	15-20

HUMAN MOVEMENT 42-50 HRS

_____	KNS 3400 Motor Development Across the Lifespan #	
	OR	
_____	KNS 3500 Motor Learning #	3
_____	KNS 4000 Facilitating Movement Change in a Tutorial Setting #	3
_____	KNS 4020 Measurement and Evaluation of Human Movement #	3
_____	KNS 4810 Senior Project #	4
_____	SM 2210 History and Philosophy of Sport	
	OR	
_____	SM 4250 Sport and Gender #	3
_____	Selectives (in consultation with faculty advisor)	2-10
_____	Minor or Cognates	16-24
	(A minimum of 26 hrs. must be completed from Selectives and Minor/Cognate)	

_____ COMM 1020@ 3

BG PERSPECTIVE REQUIREMENTS

(note: where indicated, some required courses in the major may also be used to fulfill BG Perspective requirements)

_____ GSW 1120 @ (_____ GSW 1100/1110)

Quantitative Literacy (Group A or D Recommended)

_____ Elective _____

Natural Science

_____ Elective _____

_____ Elective _____

Social and Behavioral Sciences

_____ Elective _____

_____ Elective _____

Humanities and Arts

_____ Elective _____

_____ Elective _____

Cultural Diversity in the United States

_____ Elective _____

Additional BG Perspective Course

_____ Elective _____

One BG Perspective course above is an International Perspective course.

@ Grade of C or higher required

** Can also be used to fulfill a BG Perspective requirement

Refer to current Undergraduate Catalog for prerequisites

Activity courses cannot be repeated

! See faculty advisor

Notes:

~ Meet with academic advisors on a regular basis. Names of

Advisors are listed via MyBGSU account

~ A minimum of 122 total hours is required for a bachelor's degree

~ A minimum of 40 hours of courses at the 3000-4000 level is required

For a bachelor's degree.