### BG PERSPECTIVE (BGP) REQUIREMENTS:

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
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<tbody>
<tr>
<td><strong>Must complete at least 1 course in each of the following:</strong> English Composition and Oral Communication</td>
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<tr>
<td>Quantitative Literacy</td>
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<tr>
<td><strong>Must complete at least 2 courses in each of the following:</strong> Humanities and the Arts</td>
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<tr>
<td>Natural Sciences - at least one Lab Science required</td>
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<tr>
<td>Social and Behavioral Sciences</td>
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Complete total required BGP credit hours by selecting courses from any of the above categories:

**UNIVERSITY REQUIREMENTS**

Note: Designated courses in the Humanities and the Arts, and the Social and Behavioral Sciences domains may be used to fulfill both a BGP requirement and one of the following university requirements:

- Cultural Diversity in the U.S.
- International Perspective

Composition Requirement:

- **WRIT 1120** Research Writing

Total BGP Credits: Must be at least 36

### COLLEGE REQUIREMENTS

- **COMM 1020** @

### MAJOR CURRICULUM

**Exercise Science Core**

- **EXSC 2030** Emergency Care
- **EXSC 2100** Care & Prevention of Injuries
- **EXSC 2270** Introduction to Exercise Science @
- **EXSC 2300** Structural and Functional Bases of Human Movement @
- **EXSC 3450** Motor Learning & Development
- **EXSC 3600** Exercise Physiology @
- **EXSC 3610** Applied Exercise Physiology #
- **EXSC 3700** Biomechanics #
- **EXSC 4190** Clinical Decision Making & EBP Prac
- **EXSC 4230** Exercise Testing and Prescription #
- **EXSC 4250** Exer. Sci. Test & Prescr/Spec Cases #
- **EXSC 4290** Sport Conditioning
- **BIOL 3320** Human Anatomy and Physiology II @
- **FN 2070** Nutrition
- **SM 3650** Foundations of Sport Psychology #

**OR**

- **SM 3660** Psychological Aspects of Exercise and Fitness #

### CHOOSE ONE SPECIALIZATION (Exercise Programming or Sports Medicine)

#### EXERCISE PROGRAMMING

- **EXSC 2290** Lifetime Fitness
- **EXSC 3620** Group Exercise Instruction #
- **EXSC 4210** Clinical Internship in Sports Med #!
- **EXSC 4870** Experiential Learning in Exer. Sci.#!
- Electives (consult with faculty advisor)

**SPORTS MEDICINE**

- **EXSC 3120** Therapeutic Modalities
- **EXSC 4140** Orthopedic Assessment in Sport Med
- **EXSC 4150** Therapeutic Meds & Hlth Conditions
- **EXSC 4160** Therapeutic Exercise
- **BIOL 3310** Human Anatomy & Physiology I
- **EXSC 4210** Clinical Internship in Sports Med #!
- **EXSC 4870** Experiential Learning in Exer. Sci.#!
- Electives (consult with faculty advisor)

Total BGP Credits: Must be at least 36

Important information on the back.
• @ Grade of C or higher required

• # Refer to current Undergraduate Catalog for prerequisites

• ## Activity courses cannot be repeated

• ! See faculty advisor

Notes:
• Meet with academic advisors on a regular basis. Names of Advisors are listed via MyBGSU account

• A minimum of 122 total hours is required for a bachelor’s degree

• A minimum of 40 hours of courses at the 3000-4000 level is required for a bachelor’s degree.

• Courses in this major may NOT be taken on an S/U basis.