

Bachelor of Science in Education. This degree program is designed to be completed in 4 years. Changing majors, academic issues or other unforeseen circumstances may require additional semesters for completion.

BG PERSPECTIVE (BGP) REQUIREMENTS:

Course _____ Credits _____

Must complete at least 1 course in each of the following:

English Composition and Oral Communication

Quantitative Literacy

Must complete at least 2 courses in each of the following:

Humanities and the Arts

Natural Sciences - at least one Lab Science required

Social and Behavioral Sciences

Complete total required BGP credit hours by selecting courses from any of the above categories:

UNIVERSITY REQUIREMENTS

Note: Designated courses in the Humanities and the Arts, and the Social and Behavioral Sciences domains may be used to fulfill both a BGP requirement and one of the following university requirements:

Cultural Diversity in the U.S. _____

International Perspective _____

Composition Requirement:

_____ WRIT 1120 Research Writing _____

Total BGP Credits: Must be at least 36

- @ Grade of C or higher required
- # Refer to current Undergraduate Catalog for prerequisites
- ! See faculty advisor

COLLEGE REQUIREMENTS

_____ COMM 1020 @

3 HRS

MAJOR CURRICULUM

65-70 HRS

Exercise Science Core

46 HRS

_____ EXSC 2030 Emergency Care @	2
_____ EXSC 2100 Care & Prevention of Injuries @	3
_____ EXSC 2270 Introduction to Exercise Science @	3
_____ EXSC 2300 Structural and Functional Bases of Human Movement #@	3
_____ EXSC 3450 Motor Learning & Development #@	3
_____ EXSC 3600 Exercise Physiology #@	3
_____ EXSC 3610 Applied Exercise Physiology #@	3
_____ EXSC 3700 Biomechanics #@	3
_____ EXSC 4190 Clinical Decision Making & EBP Prac @	3
_____ EXSC 4230: Exercise Testing and Prescription @	3
_____ EXSC 4250: Exercise Test & Prescrip/Spec Cases @	3
_____ EXSC 4290 Sport Conditioning @	3
_____ BIOL 3320 Human Anatomy and Physiology II@	4
_____ FN 2070/2080 Nutrition	4
_____ SM 3650 Foundations of Sport Psychology #	3
OR SM 3660 Psychological Aspects of Exercise and Fitness #	3

CHOOSE ONE SPECIALIZATION (Exercise Programming or Sports Medicine)

EXERCISE PROGRAMMING

24 HRS

_____ EXSC 2290 Lifetime Fitness @	3
_____ EXSC 3620 Group Exercise Instruction #@	3
OR EXSC 4270 EKG/Meds #@	
_____ EXSC 3870 Introductory Exer Sci Internship #@!	3
_____ EXSC 4500: Organization and Administration of Ex Prog#@	3
_____ EXSC 4890: Capstone Internship in Ex. Sci. #@!	12

SPORTS MEDICINE

19 HRS

_____ EXSC 3120 Therapeutic Modalities @	3
_____ EXSC 4140 Orthopedic Assessment in Sport Med @	3
_____ EXSC 4150 Therapeutic Meds & Hlth Conditions @	3
_____ EXSC 4160 Therapeutic Exercise @	3
_____ BIOL 3310 Human Anatomy & Physiology I @	4
_____ EXSC 4210 Clinical Internship in Sports Med #@!	3
OR EXSC 4870 Experiential Learning in Exer. Sci #@!	3

Since completion of all EXSC coursework and other requirements may result in fewer than the 122 hours required for graduation, meet with your EXSC faculty advisor to find electives or the possibility of choosing a minor from the Undergraduate Catalog: www.bgsu.edu/catalog/areas-of-study/list-of-minors.html

Important information on the back.

