

Bachelor of Science in Education. This degree program is designed to be completed in 4 years. Changing majors, academic issues or other unforeseen circumstances may require additional semesters for completion.

BG PERSPECTIVE (BGP) REQUIREMENTS:

Course _____ Credits _____

Must complete at least 1 course in each of the following:

English Composition and Oral Communication

Quantitative Literacy

Must complete at least 2 courses in each of the following:

Humanities and the Arts

Natural Sciences - at least one Lab Science required

Social and Behavioral Sciences

Complete total required BGP credit hours by selecting courses from any of the above categories:

UNIVERSITY REQUIREMENTS

Note: Designated courses in the Humanities and the Arts, and the Social and Behavioral Sciences domains may be used to fulfill both a BGP requirement and one of the following university requirements:

Cultural Diversity in the U.S. _____

International Perspective _____

Composition Requirement:

_____ WRIT 1120 Research Writing _____

Total BGP Credits: Must be at least 36

COLLEGE REQUIREMENTS

_____ COMM 1020 @

3 HRS

MAJOR CURRICULUM

86 HRS

Exercise Science Core

45 HRS

_____ EXSC 2030 Emergency Care	2
_____ EXSC 2100 Care & Prevention of Injuries	3
_____ EXSC 2270 Introduction to Exercise Science @	3
_____ EXSC 2300 Structural and Functional Bases of Human Movement #@	3
_____ EXSC 3450 Motor Learning & Development	3
_____ EXSC 3600 Exercise Physiology #@	3
_____ EXSC 3610 Applied Exercise Physiology #	3
_____ EXSC 3700 Biomechanics #	3
_____ EXSC 4190 Clinical Decision Making & EBP Prac	3
_____ EXSC 4230: Exercise Testing and Prescription #	3
_____ EXSC 4250: Exer. Sci. Test & Prescrip/Spec Cases #	3
_____ EXSC 4290 Sport Conditioning	3
_____ BIOL 3320 Human Anatomy and Physiology II@	4
_____ FN 2070 Nutrition	3
_____ SM 3650 Foundations of Sport Psychology #	3
OR SM 3660 Psychological Aspects of Exercise and Fitness #	3

CHOOSE ONE SPECIALIZATION (Exercise Programming or Sports Medicine)

EXERCISE PROGRAMMING

41 HRS

_____ EXSC 2290 Lifetime Fitness	3
_____ EXSC 3620 Group Exercise Instruction #	3
OR EXSC 4270 EKG/Meds #	
_____ EXSC 3870 Introductory Exer Sci Internship #!	3
_____ EXSC 4500: Organization and Administration of Ex Prog#	3
_____ EXSC 4890: Capstone Internship in Ex. Sci. ! #	12
_____ Electives (consult with faculty advisor)	17*

SPORTS MEDICINE

41 HRS

_____ EXSC 3120 Therapeutic Modalities	3
_____ EXSC 4140 Orthopedic Assessment in Sport Med	3
_____ EXSC 4150 Therapeutic Meds & Hlth Conditions	3
_____ EXSC 4160 Therapeutic Exercise	3
_____ BIOL 3310 Human Anatomy & Physiology I	4
_____ EXSC 4210 Clinical Internship in Sports Med #!	3
OR EXSC 4870 Experiential Learning in Exer. Sci #!	3
_____ Electives (consult with faculty advisor)	22*

Important information on the back.

- @ Grade of C or higher required
- # Refer to current Undergraduate Catalog for prerequisites
- ## Activity courses cannot be repeated
- ! See faculty advisor

Notes:

- Meet with academic advisors on a regular basis. Names of Advisors are listed via MyBGSU account
- A minimum of 122 total hours is required for a bachelor's degree
- A minimum of 40 hours of courses at the 3000-4000 level is required for a bachelor's degree.
- Courses in this major may NOT be taken on an S/U basis.