

COACHING MINOR

School of Human Development, Sport and Leisure Studies
College of Education and Human Development

Spring 2021 - current

Completed Minor 21 Credit Hours

A. Complete all of the following courses (15 credit hours)

_____	AT 2100 Care and Prevention of Sports Injuries	3
_____	EXSC 2390 Applied Sport Science or	3
	EXSC 4290 Sport Conditioning	
_____	PEHE 2470 Introduction to Pedagogy, Coaching and Leadership	3
_____	PEHE 3280 Principles, Ethics & Problems in Sport Coaching	3
_____	PEHE 3390 Practicum: Sport Coaching	3

B. Select one of the following (3 credit hours)

_____	PEHE 2320 Adv. Performance/Content Dev Invasion Games	3
_____	PEHE 2330 Adv. Performance/Content Dev Net/Wall Games	3
_____	PEHE 2340 Adv. Performance/Content Dev Field & Target Games	3
_____	PEHE 2410 Educational Games Teaching	3

C. Select at least one of the following (3 credit hours)

_____	PEHE 3050 Teaching Games for Understanding	3
_____	EXSC 3400 Motor Development Across the Lifespan	3
_____	EXSC 3500 Motor Learning	3
_____	EXSC 3600 Exercise Physiology	3
_____	EXSC 3700 Biomechanics of Human Movement	3
_____	SM 3010 Sport and Event Management	3
_____	SM 3650 Foundations of Sport Psychology	3
_____	SM 4250 Sport and Gender	3

Pre-requisites

In section A, course pre-requisites include other courses listed in the Minor (except for EXSC 4290)

In section B, there are no course pre-requisites

In section C, refer to the Undergraduate Catalog for specific course pre-requisites

Program Requirements

- The coaching minor requires the completion of 21 credit hours
- There are five required courses totaling 15 credit hours in Category A.
 - Students must select at least two elective courses totaling six credit hours. (One elective course must be from Category B and one from Category C).
- Coaching minors must have current CPR and First Aid certificate prior to PEHE 3390; BCI/FBI Background check also required prior to PEHE 3390.
- Students selecting this minor are required to meet with an academic advisor and should declare this minor for inclusion on their DARS audit.
- Students must obtain a grade of "C" or higher in 21 hours that count towards the minor.
- Minor must include 15 hrs that cannot be applied to student's major area of study.
 - PEHE majors already take all PEHE courses in Category B and EXSC 3400, EXSC 3500 & EXSC 3700 in Category C. Therefore, PEHE majors must take PEHE 3050 Teaching Games for Understanding (3) and one additional SM course from Category C.

Coaching Minor (Course Offerings)

Category	Fall Semester	Spring Semester	Summer Semester
A (Required courses)	EXSC 2390 PEHE 3280 PEHE 3390	AT 2100 EXSC 2390 PEHE 3280 PEHE 3390 PEHE 2470 EXSC 4290	EXSC 2390 PEHE 3390
B (Choose 1)	PEHE 2320 PEHE 2340 PEHE 2410	PEHE 2330	
C (Choose 1)	EXSC 3400 EXSC 3600 EXSC 3700 SM 3010 SM 3650 SM 4250	EXSC 3500 EXSC 3600 EXSC 3700 PEHE 3050 SM 3010 SM 3650 SM 4250	EXSC 3600 PEHE 3050 SM 3010 SM 3650 SM 4250

** These are when the course **may** be offered; it does not mean it will be taught EACH semester (e.g., KNS 2390 may not need to be offered 3 times per year, but could be offered in any of those semesters based on demand and faculty availability).

Example Student Minor Plan

Category	Fall Semester	Spring Semester	Summer Semester
<u>Year 1</u> A (Required courses)	EXSC 2390/EXSC 4290	AT 2100 PEHE 2470	
B (Choose 1)	PEHE 2320 or PEHE 2340 or PEHE 2410	PEHE 2330	
<u>Year 2</u> A (Required courses)	PEHE 3280	PEHE 3390	
C (Choose 1)	EXSC 3400 or EXSC 3600 or EXSC 3700 or SM 3010 or SM 3650 or SM 4250	EXSC 3500 or EXSC 3600 or EXSC 3700 or PEHE 3050 or SM 3010 or SM 3650 or SM 4250	