HUMAN DEVELOPMENT AND FAMILY STUDIES (HDFS) MINOR
School of Family and Consumer Sciences
College of Education and Human Development

Spring 2021 - current

21 SEMESTER HOURS

The minor in Human Development and Family Studies (HDFS) is designed to offer students an introduction to family studies courses in addition to a broad understanding of human development across the lifespan as well as focused coursework in a specific developmental age. Students gain a greater understanding of contemporary family systems, development, and challenges through a strengths-based perspective.

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<tr>
<th>REQUIRED COURSE</th>
<th>REQUIRED CREDIT HOURS</th>
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<tr>
<td>_____ HDFS 1930: Lifespan Human Development (3)</td>
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<td>_____ HDFS 2020: Contemporary Marriages and Families (3)</td>
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<td>_____ HDFS 3050: Family Resource Management (3)</td>
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<td>_____ HDFS 4280: Sexuality in HDFS (3)</td>
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**SELECT ONE COURSE FROM THE FOLLOWING:**

| _____ HDFS 2200: Infancy and Toddlerhood (3) |
| _____ HDFS 2210: Child Development (3) |
| _____ HDFS 2280: Pre-Adolescent and Adolescent Development (3) |
| _____ HDFS 2290: Adult Development (3) |

**SELECT TWO COURSES FROM THE FOLLOWING:**

| _____ HDFS 2080: Family Diversity (3) |
| _____ HDFS 3250: Child and Family Under Stress (3) |
| _____ HDFS 3290: Families in Mid to Later Years (3) |