

**HUMAN DEVELOPMENT AND FAMILY STUDIES (HDFS) MINOR**  
School of Family and Consumer Sciences  
College of Education and Human Development

**Spring 2020**

21 SEMESTER HOURS

The minor in Human Development and Family Studies (HDFS) is designed to offer students an introduction to family studies courses in addition to a broad understanding of human development across the lifespan as well as focused coursework in a specific developmental age. Students gain a greater understanding of contemporary family systems, development, and challenges through a strengths-based perspective.

**REQUIRED COURSE**

**REQUIRED CREDIT HOURS**

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|-------|--|
| _____ | HDFS 1930: Lifespan Human Development (3)          |
| _____ | HDFS 2020: Contemporary Marriages and Families (3) |
| _____ | HDFS 3050: Family Resource Management (3)          |
| _____ | HDFS 4280: Sexuality in HDFS (3)                   |

**SELECT ONE COURSE FROM THE FOLLOWING:**

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|-------|--|
| _____ | HDFS 2200: Infancy and Toddlerhood (3)                   |
| _____ | HDFS 2210: Child Development (3)                         |
| _____ | HDFS 2280: Pre-Adolescent and Adolescent Development (3) |
| _____ | HDFS 2290: Adult Development (3)                         |

**SELECT TWO COURSES FROM THE FOLLOWING:**

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|-------|---|
| _____ | HDFS 2080: Family Diversity (3)               |
| _____ | HDFS 3250: Child and Family Under Stress (3)  |
| _____ | HDFS 3290: Families in Mid to Later Years (3) |