

Bachelor of Science in Education. This degree program is designed to be completed in 4 years. Changing majors, academic issues or other unforeseen circumstances may require additional semesters for completion.

**BG PERSPECTIVE (BGP) REQUIREMENTS:**

Course \_\_\_\_\_ Credits \_\_\_\_\_

**Must complete at least 1 course in each of the following:**

English Composition and Oral Communication  
\_\_\_\_\_  
\_\_\_\_\_

Quantitative Literacy  
\_\_\_\_\_  
\_\_\_\_\_

**Must complete at least 2 courses in each of the following:**

Humanities and the Arts  
\_\_\_\_\_  
\_\_\_\_\_

Natural Sciences - at least one Lab Science required  
\_\_\_\_\_  
\_\_\_\_\_

Social and Behavioral Sciences  
\_\_\_\_\_  
\_\_\_\_\_

**Complete total required BGP credit hours by selecting courses from any of the above categories:**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**UNIVERSITY REQUIREMENTS**

**Note:** Designated courses in the Humanities and the Arts, and the Social and Behavioral Sciences domains may be used to fulfill both a BGP requirement and one of the following university requirements:

Cultural Diversity in the U.S. \_\_\_\_\_

International Perspective \_\_\_\_\_

Composition Requirement:

\_\_\_\_\_ WRIT 1120 Research Writing \_\_\_\_\_

*Total BGP Credits: Must be at least 36*

**COLLEGE REQUIREMENTS**

\_\_\_\_\_ COMM 1020 @

**3 HRS**

**MAJOR CURRICULUM**

**86 HRS**

**Exercise Science Core**

**45 HRS**

_____	EXSC 2030 Emergency Care	2
_____	EXSC 2100 Care & Prevention of Injuries	3
_____	EXSC 2270 Introduction to Exercise Science @	3
_____	EXSC 2300 Structural and Functional Bases of Human Movement #@	3
_____	EXSC 3450 Motor Learning & Development	3
_____	EXSC 3600 Exercise Physiology #@	3
_____	EXSC 3610 Applied Exercise Physiology #	3
_____	EXSC 3700 Biomechanics #	3
_____	EXSC 4190 Clinical Decision Making & EBP Prac	3
_____	EXSC 4230: Exercise Testing and Prescription #	3
_____	EXSC 4250: Exer. Sci. Test & Prescrip/Spec Cases #	3
_____	EXSC 4290 Sport Conditioning	3
_____	BIOL 3320 Human Anatomy and Physiology II@	4
_____	FN 2070 Nutrition	3
_____	SM 3650 Foundations of Sport Psychology #	3
_____	<b>OR</b> SM 3660 Psychological Aspects of Exercise and Fitness #	3

**CHOOSE ONE SPECIALIZATION (Exercise Programming or Sports Medicine)**

**EXERCISE PROGRAMMING**

**41 HRS**

_____	EXSC 2290 Lifetime Fitness	2
_____	EXSC 3620 Group Exercise Instruction #	3
_____	<b>OR</b> EXSC 4270 EKG/Meds #	
_____	EXSC 3870 Introductory Exer Sci Internship #!	3
_____	EXSC 4500: Organization and Administration of Ex Prog#	3
_____	EXSC 4890: Capstone Internship in Ex. Sci. I #	12
_____	Electives (consult with faculty advisor)	18*

**SPORTS MEDICINE**

**41 HRS**

_____	EXSC 3120 Therapeutic Modalities	3
_____	EXSC 4140 Orthopedic Assessment in Sport Med	3
_____	EXSC 4150 Therapeutic Meds & Hlth Conditions	3
_____	EXSC 4160 Therapeutic Exercise	3
_____	BIOL 3310 Human Anatomy & Physiology I	4
_____	EXSC 4210 Clinical Internship in Sports Med #!	
_____	<b>OR</b> EXSC 4870 Experiential Learning in Exer. Sci #!	3
_____	Electives (consult with faculty advisor)	22*

**Important information on the back.**

- @ Grade of C or higher required
- # Refer to current Undergraduate Catalog for prerequisites
- ## Activity courses cannot be repeated
- ! See faculty advisor

**Notes:**

- Meet with academic advisors on a regular basis. Names of Advisors are listed via MyBGSU account
- A minimum of 122 total hours is required for a bachelor's degree
- A minimum of 40 hours of courses at the 3000-4000 level is required for a bachelor's degree.
- Courses in this major may NOT be taken on an S/U basis.