

Bachelor of Science in Education. This degree program is designed to be completed in 4 years. Changing majors, academic issues or other unforeseen circumstances may require additional semesters for completion.

**BG PERSPECTIVE (BGP) REQUIREMENTS:**

Course \_\_\_\_\_ Credits \_\_\_\_\_

**Must complete at least 1 course in each of the following:**

English Composition and Oral Communication  
\_\_\_\_\_  
\_\_\_\_\_

Quantitative Literacy  
\_\_\_\_\_  
\_\_\_\_\_

**Must complete at least 2 courses in each of the following:**

Humanities and the Arts  
\_\_\_\_\_  
\_\_\_\_\_

Natural Sciences  
\_\_\_\_\_  
\_\_\_\_\_

Social and Behavioral Sciences  
\_\_\_\_\_  
\_\_\_\_\_

**Complete total required BGP credit hours by selecting courses from any of the above categories:**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**UNIVERSITY REQUIREMENTS**

**Note:** Designated courses in the Humanities and the Arts, and the Social and Behavioral Sciences domains may be used to fulfill both a BGP requirement and one of the following university requirements:

Cultural Diversity in the U.S. \_\_\_\_\_

International Perspective \_\_\_\_\_

Composition Requirement:

\_\_\_\_\_ GSW 1120 Academic Writing \_\_\_\_\_

*Total BGP Credits: Must be at least 36*

**COLLEGE REQUIREMENTS**

\_\_\_\_\_ COMM 1020 @

**3 HRS**

**MAJOR CURRICULUM**

**86 HRS**

**Exercise Science Core**

**37 HRS**

- \_\_\_\_\_ EXSC 2100 Care & Prevention of Injuries 3
- \_\_\_\_\_ EXSC 2270 Introduction to Exercise Science @ 3
- \_\_\_\_\_ EXSC 2300 Structural and Functional Bases of Human Movement #@ 3
- \_\_\_\_\_ EXSC 3400 Motor Development # 3
- \_\_\_\_\_ **OR** EXSC 3500 Motor Learning and Control # 3
- \_\_\_\_\_ EXSC 3600 Exercise Physiology #@ 3
- \_\_\_\_\_ EXSC 3610 Applied Exercise Physiology # 3
- \_\_\_\_\_ EXSC 3700 Biomechanics # 3
- \_\_\_\_\_ EXSC 4190 Clinical Decision Making & EBP Prac 3
- \_\_\_\_\_ EXSC 4290 Sport Conditioning 3
- \_\_\_\_\_ BIOL 3320 Human Anatomy and Physiology II@ 4
- \_\_\_\_\_ FN 2070 Nutrition 3
- \_\_\_\_\_ SM 3650 Foundations of Sport Psychology # 3
- \_\_\_\_\_ **OR** SM 3660 Psychological Aspects of Exercise and Fitness # 3

**CHOOSE ONE SPECIALIZATION (Exercise Programming or Sports Medicine)**

**EXERCISE PROGRAMMING**

**49 HRS**

- \_\_\_\_\_ EXSC 2290 Lifetime Fitness 2
- \_\_\_\_\_ EXSC 3620 Group Exercise Instruction # 3
- \_\_\_\_\_ **OR** EXSC 4270 EKG/Meds # 3
- \_\_\_\_\_ EXSC 3870 Introductory Exer Sci Internship #! 3
- \_\_\_\_\_ EXSC 4230: Exercise Testing and Prescription # 3
- \_\_\_\_\_ EXSC 4250: Exer. Sci. Test & Prescrip/Spec Cases # 3
- \_\_\_\_\_ EXSC 4500: Organization and Administration of Ex Prog# 3
- \_\_\_\_\_ EXSC 4890: Capstone Internship in Ex. Sci. ! # 12
- \_\_\_\_\_ Electives (consult with faculty advisor) 20\*

**SPORTS MEDICINE**

**49 HRS**

- \_\_\_\_\_ EXSC 2030 Emergency Care 2
- \_\_\_\_\_ EXSC 3120 Therapeutic Modalities 3
- \_\_\_\_\_ EXSC 4140 Orthopedic Assessment in Sport Med 3
- \_\_\_\_\_ EXSC 4150 Therapeutic Meds & Hlth Conditions 3
- \_\_\_\_\_ EXSC 4160 Therapeutic Exercise 3
- \_\_\_\_\_ BIOL 3310 Human Anatomy & Physiology I 4
- \_\_\_\_\_ EXSC 4210 Clinical Internship in Sports Med #! 3
- \_\_\_\_\_ **OR** EXSC 4870 Experiential Learning in Exer. Sci #! 3
- \_\_\_\_\_ Electives (consult with faculty advisor) 28\*

**Important information on the back.**

- @ Grade of C or higher required
- # Refer to current Undergraduate Catalog for prerequisites
- ## Activity courses cannot be repeated
- ! See faculty advisor

**Notes:**

- Meet with academic advisors on a regular basis. Names of Advisors are listed via MyBGSU account
- A minimum of 122 total hours is required for a bachelor's degree
- A minimum of 40 hours of courses at the 3000-4000 level is required for a bachelor's degree.
- Courses in this major may NOT be taken on an S/U basis.