COACHING MINOR
School of Human Development, Sport and Leisure Studies
College of Education and Human Development

Completed

Minor 21 Credit Hours

A. Complete all of the following courses (15 credit hours)

- AT 2100 Care and Prevention of Sports Injuries 3
- EXSC 2390 Applied Sport Science or 3
- EXSC 4290 Sport Conditioning 3
- PEHE 2470 Introduction to Pedagogy, Coaching and Leadership 3
- PEHE 3280 Principles, Ethics & Problems in Sport Coaching 3
- PEHE 3390 Practicum: Sport Coaching 3

B. Select one of the following (3 credit hours)

- PEHE 2320 Adv. Performance/Content Dev Invasion Games 3
- PEHE 2330 Adv. Performance/Content Dev Net/Wall Games 3
- PEHE 2340 Adv. Performance/Content Dev Field & Target Games 3
- PEHE 2410 Educational Games Teaching 3

C. Select at least one of the following (3 credit hours)

- PEHE 3050 Teaching Games for Understanding 3
- EXSC 3400 Motor Development Across the Lifespan 3
- EXSC 3500 Motor Learning 3
- EXSC 3600 Exercise Physiology 3
- EXSC 3700 Biomechanics of Human Movement 3
- SM 3010 Sport and Event Management 3
- SM 3650 Foundations of Sport Psychology 3
- SM 4250 Sport and Gender 3

Pre-requisites
In section A, course pre-requisites include other courses listed in the Minor (except for EXSC 4290)
In section B, there are no course pre-requisites
In section C, refer to the Undergraduate Catalog for specific course pre-requisites

Program Requirements
- The coaching minor requires the completion of 21 credit hours
- There are five required courses totaling 15 credit hours in Category A.
  - Students must select at least two elective courses totaling six credit hours. (One elective course must be from Category B and one from Category C).
- Coaching minors must have current CPR and First Aid certificate prior to PEHE 3390; BCI/FBI Background check also required prior to PEHE 3390.
- Students selecting this minor are required to meet with an academic advisor and should declare this minor for inclusion on their DARS audit.
- Students must obtain a grade of “C” of higher in 21 hours that count towards the minor.
- Minor must include 15 hrs that cannot be applied to student’s major area of study.
  - PEHE majors already take all PEHE courses in Category B and EXSC 3400, EXSC 3500 & EXSC 3700 in Category C. Therefore, PEHE majors must take PEHE 3050 Teaching Games for Understanding (3) and one additional SM course from Category C.
Coaching Minor (Course Offerings)

<table>
<thead>
<tr>
<th>Category</th>
<th>Fall Semester</th>
<th>Spring Semester</th>
<th>Summer Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>A</strong> (Required courses)</td>
<td>EXSC 2390 &lt;br&gt; PEHE 3280 &lt;br&gt; PEHE 3390</td>
<td>AT 2100 &lt;br&gt; EXSC 2390 &lt;br&gt; PEHE 3280 &lt;br&gt; PEHE 3390 &lt;br&gt; PEHE 2470 &lt;br&gt; EXSC 4290</td>
<td>EXSC 2390 &lt;br&gt; PEHE 3390</td>
</tr>
<tr>
<td><strong>B</strong> (Choose 1)</td>
<td>PEHE 2320 &lt;br&gt; PEHE 2340 &lt;br&gt; PEHE 2410</td>
<td>PEHE 2330</td>
<td></td>
</tr>
<tr>
<td><strong>C</strong> (Choose 1)</td>
<td>EXSC 3400 &lt;br&gt; EXSC 3600 &lt;br&gt; EXSC 3700 &lt;br&gt; SM 3010 &lt;br&gt; SM 3650 &lt;br&gt; SM 4250</td>
<td>EXSC 3500 &lt;br&gt; EXSC 3600 &lt;br&gt; EXSC 3700 &lt;br&gt; SM 3010 &lt;br&gt; SM 3650 &lt;br&gt; SM 4250</td>
<td>EXSC 3600 &lt;br&gt; PEHE 3050 &lt;br&gt; SM 3010 &lt;br&gt; SM 3650 &lt;br&gt; SM 4250</td>
</tr>
</tbody>
</table>

** These are when the course may be offered; it does not mean it will be taught EACH semester (e.g., KNS 2390 may not need to be offered 3 times per year, but could be offered in any of those semesters based on demand and faculty availability).

Example Student Minor Plan

<table>
<thead>
<tr>
<th>Category</th>
<th>Fall Semester</th>
<th>Spring Semester</th>
<th>Summer Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Year 1</strong>&lt;br&gt;A (Required courses)</td>
<td>EXSC 2390/EXSC 4290</td>
<td>AT 2100 &lt;br&gt; PEHE 2470</td>
<td></td>
</tr>
<tr>
<td><strong>Year 2</strong>&lt;br&gt;B (Choose 1)</td>
<td>PEHE 2320 or PEHE 2340 or PEHE 2410</td>
<td>PEHE 2330</td>
<td></td>
</tr>
<tr>
<td><strong>Year 2</strong>&lt;br&gt;A (Required courses)</td>
<td>PEHE 3280</td>
<td>PEHE 3390</td>
<td></td>
</tr>
<tr>
<td><strong>Year 2</strong>&lt;br&gt;C (Choose 1)</td>
<td>EXSC 3400 or EXSC 3600 or EXSC 3700 or SM 3010 or SM 3650 or SM 4250</td>
<td>EXSC 3500 or EXSC 3600 or EXSC 3700 or PEHE 3050 or SM 3010 or SM 3650 or SM 4250</td>
<td></td>
</tr>
</tbody>
</table>