

**HEALTH PROMOTION MINOR**  
School of Family and Consumer Sciences  
College of Education and Human Development

**Spring 2018**

21 SEMESTER HOURS<sup>1</sup>

Students will be exposed to the theory and best practices of health promotion and will learn the fundamentals for assessing needs and for implementing and evaluating effective health promotion programs for individuals, families, and communities.

**REQUIRED COURSES**

**CREDIT HRS.**

_____	HP 2150	Health and Wellness	3
_____	PUBH 2100	Introduction to Community Health	3
_____	HDFS 3080	Communication Strategies	3
_____	HP 4120	Health Behavior Instructor	3
	or		
	PUBH 3100	Community Health Planning and Evaluation	3
_____	HDFS 4280	Sexuality in Human Development and Family Studies	3

**SELECT SIX (6) HOURS FROM THE FOLLOWING :**

_____	HP 3400	Drug Use and Abuse	3
_____	FN 2070	Introduction to Human Nutrition	3
_____	HHS 4400	Seminar Health and Human Services	2
_____	HDFS 3250	Children and Families Under Stress	3
_____	PUBH 2050	Acquired Immunodeficiency Syndrome	1
_____	PUBH 3200	Introduction to Public Health	3
_____	PUBH 3700	Sexually Transmitted Diseases	3

<sup>1</sup> IMPORTANT NOTE: The Health Promotion minor must include a minimum of 15 hours that cannot be applied toward the student's principal area of study or another minor.