

**Total Hours Needed for Graduation: 122**

**BG PERSPECTIVE (BGP) REQUIREMENTS:**

Course \_\_\_\_\_ Credits \_\_\_\_\_

**Must complete at least 1 course in each of the following:**

English Composition and Oral Communication  
\_\_\_\_\_

Quantitative Literacy  
\_\_\_\_\_

**Must complete at least 2 courses in each of the following:**

Humanities and the Arts  
\_\_\_\_\_  
\_\_\_\_\_

Natural Sciences  
\_\_\_\_\_  
\_\_\_\_\_

Social and Behavioral Sciences  
\_\_\_\_\_  
\_\_\_\_\_

**Complete total required BGP credit hours by selecting courses from any of the above categories:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**UNIVERSITY REQUIREMENTS**

Note: Designated courses in the Humanities and the Arts, and the Social and Behavioral Sciences domains may be used to fulfill both a BGP requirement and one of the following university requirements:

Cultural Diversity in the U.S. \_\_\_\_\_

International Perspective \_\_\_\_\_

Composition Requirement:

\_\_\_\_ GSW 1120 Academic Writing \_\_\_\_\_

Total BGP Credits: Must be at least 36

**CORE REQUIREMENTS (55-57 hours)**

- 4 \_\_\_\_\_ BIOL 2050: General Biology
- 4 \_\_\_\_\_ BIOL 3130 or 3140/3150: Microbiology
- 4 \_\_\_\_\_ BIOL 3310: Anatomy and Physiology I
- 4 \_\_\_\_\_ BIOL 3320: Anatomy and Physiology II
- 5 \_\_\_\_\_ CHEM 1250: General Chemistry
- 5 \_\_\_\_\_ CHEM 1270 & 1280 General Chemistry
- 5 \_\_\_\_\_ PHYS 2010: College Physics I
- 5 \_\_\_\_\_ PHYS 2020: College Physics II
- 3-5 \_\_\_\_\_ MATH 1200, 1220, 1280 or 1300
- 3 \_\_\_\_\_ MATH 1150: Intro to Statistics **or**  
STAT 2000: Intro to Statistics **or**  
PSYC 2700: Quantitative Methods **or**  
SOC 2690: Introductory Statistics
- 4 \_\_\_\_\_ PSYC 1010: General Psychology
- 3 \_\_\_\_\_ PHIL 2420: Medical Ethics
- 1 \_\_\_\_\_ AHS 1010: Intro to Health Professions
- 2 \_\_\_\_\_ AHS 3010: Medical Terminology
- 3 \_\_\_\_\_ PUBH 3300: Research Meth/Pub & Allied Hlth

**SUPPORTIVE REQUIREMENTS (Choose 6 hours minimum)**

- 3 \_\_\_\_\_ SOC 1010: Principles of Sociology
- 3 \_\_\_\_\_ PSYC 3110: Social Psychology **or**  
SOC 3010: Social Psychology
- 3 \_\_\_\_\_ CS 1000 or 1010 or MIS 2000
- 3 \_\_\_\_\_ CDIS 1230: Intro to Communication Disorders **or**  
COMM 1020: Intro to Communication **or**  
COMM 3060: Interpersonal Communication **or**  
COMM 4440: Health Communication
- 3 \_\_\_\_\_ ENG 3880: Technical Writing **or**  
ENG 2070: Intermediate Writing
- 3 \_\_\_\_\_ PUBH 1930Q: Inquiry Public & Allied Health

**DISEASE-RELATED COURSES (Choose 6 hours minimum)**

- 1 \_\_\_\_\_ PUBH 2050: Intro HIV and AIDS
- 2 \_\_\_\_\_ PUBH 3700: Sci Aspects of HIV/AIDS **or**  
PUBH 3800: AIDS Education in Schools
- 3 \_\_\_\_\_ PUBH 4500 Emerging Infectious Diseases
- 3 \_\_\_\_\_ PSYC 4050: Abnormal Psychology
- 3 \_\_\_\_\_ PUBH 3400: Intro to Human Diseases
- 3 \_\_\_\_\_ BIOL or PUBH 4490: Epidemiology
- 3 \_\_\_\_\_ ENVH 4070 Environmental Toxicology

**ADMINISTRATIVE COURSES (Choose 6 hours minimum)**

- 3 \_\_\_\_\_ BA 3250: Org & Struc of Health Care Services Industry
- 3 \_\_\_\_\_ MGMT 3050: Management
- 3 \_\_\_\_\_ LEGS 4250: Health Care Law
- 3 \_\_\_\_\_ AHS 4010: Issues in Health Care
- 3 \_\_\_\_\_ ECON 2000: Intro to Economics

**AGING COURSES (Choose 6 hours minimum)**

- 3 \_\_\_\_\_ GERO 1010: Introduction Gerontology
- 3 \_\_\_\_\_ GERO 3300: Psychology of Aging\* **or**  
GERO 4020: Health & Aging\*
- 3 \_\_\_\_\_ PSYC 3100: Developmental Psychology
- 3 \_\_\_\_\_ BIOL 3100: Biology of Aging
- 3 \_\_\_\_\_ PHIL 2190: Death and Dying

**HEALTH AND WELLNESS COURSES (Choose 6 hours minimum)**

- 3 \_\_\_\_\_ HP 2150: Personal Wellness
- 3 \_\_\_\_\_ FN 2070: Intro to Human Nutrition
- 3 \_\_\_\_\_ PUBH 2100: Intro to Community Health
- 3 \_\_\_\_\_ PUBH 3010: International Health
- 3 \_\_\_\_\_ PUBH 3100: Community Health Planning & Eval
- 3 \_\_\_\_\_ PUBH 3200: Intro to Public Health
- 3 \_\_\_\_\_ PUBH 4030: Issues in Global Health

\* Prerequisite: GERO 1010

Based upon an average 15 credit hour semester, students entering the major as freshman are expected to complete the degree requirements in 8 semesters. Students transferring to the university or major may require additional time depending upon transfer credit awarded.

In order to complete the required 122 total hours toward graduation, please refer to the reverse side.

While the course listed below are not required for the AHS degree, they may be required for admission to post baccalaureate programs such as medical, dental, veterinary, podiatric, and chiropractic schools, physical therapy, occupational therapy, and physician assistant.

**PHYSICAL THERAPY REQUIREMENTS** (Choose for physical therapy, occupational therapy)

- 3 \_\_\_\_\_ EXSC 3400: Motor Development
- 3 \_\_\_\_\_ EXSC 3500: Motor Learning
- 3 \_\_\_\_\_ EXSC 3600: Exercise Physiology\*\*
- 3 \_\_\_\_\_ EXSC 3700: Biomechanics

**BASIC SCIENCE REQUIREMENTS** (Choose for medical, veterinary, dental school or physician assisting)

- 3-5 \_\_\_\_\_ MATH 1160: Intro to Stats II **or**  
MATH 1260: Basic Calculus **or**  
MATH 1310: Calculus/Anal Geometry **or**  
MATH 1340: Calculus/Anal Geometry
- 4-5 \_\_\_\_\_ CHEM 3060: Organic Chemistry **or**  
CHEM 3410: Organic Chemistry
- 4-5 \_\_\_\_\_ CHEM 3080/3090: Basic Biochem **or**  
CHEM 3440/3460: Organic Chemistry

**NOTE:** Credit hours completed to fulfill minor requirements may not be used to satisfy core/supportive credit hour requirements. For example: if PUBH 3300 was chosen to fulfill the AHS core requirement, PUBH 3300 credit hours could not be counted toward the Public Health Minor.

**PUBLIC HEALTH MINOR REQUIREMENTS**

If pursuing graduate degree in Public Health

- 3 \_\_\_\_\_ PUBH 3010: International Health
- 3 \_\_\_\_\_ PUBH 3200: Intro to Public Health
- 3 \_\_\_\_\_ PUBH 3300: ResMeth/Pub/Allied Hlth
- 3 \_\_\_\_\_ PUBH 4020: Issues in Interna'l Health
- 3 \_\_\_\_\_ PUBH 4500: Emerging Infectious Diseases
- 3 \_\_\_\_\_ PUBH or BIOL 4490: Epidemiology **or**  
GEOG4240 or ENVS 4030: Geog Info System

**ENVIRONMENTAL HEALTH MINOR REQUIREMENTS**

- 3 \_\_\_\_\_ ENVH 2100: Global Commons
- 3 \_\_\_\_\_ ENVH 3010: Public Health Sanitation
- 3 \_\_\_\_\_ ENVH 3060: Environmental Regulation Admin & Org
- 3 \_\_\_\_\_ PUBH 4490 Epidemiology **or**  
ENVH 4070 Environmental Toxicology

**GERONTOLOGY MINOR REQUIREMENTS**

- 3 \_\_\_\_\_ GERO 1010: Aging, the Individual & Society
- 3 \_\_\_\_\_ GERO 4020: Health and Aging

FIVE (5) of the following:

- 3 \_\_\_\_\_ GERO 3010: Ethnicity and Aging
- 3 \_\_\_\_\_ GERO 3300: Psyc Aspects of Aging **or**  
PSYC 3090: Psychology of Aging
- 3 \_\_\_\_\_ GERO 4100: Administration and Aging
- 3 \_\_\_\_\_ GERO 4200: Proposal Writing
- 3 \_\_\_\_\_ DHS 3000: Research Methods
- 3 \_\_\_\_\_ GERO 4700: Special Topics in Gero
- 3 \_\_\_\_\_ BIOL 3100: Biology of Aging
- 3 \_\_\_\_\_ PHIL 2190: Phil of Death & Dying

**HEALTH PROMOTION MINOR REQUIREMENTS**

- 1 \_\_\_\_\_ HP 2150: Health & Wellness
- 2 \_\_\_\_\_ HP 2160: Intro Com & Worksite Health Promotion
- 3 \_\_\_\_\_ HP 3080: Health Comm Strategies
- 3 \_\_\_\_\_ HP 3100: Program Planning & Evaluation
- 3 \_\_\_\_\_ HP 4110: Org & Admin of Health Promotion Prog.

TWO (2) of the following:

- 3 \_\_\_\_\_ HP 3110: HP & HC System
- 3 \_\_\_\_\_ HP 3380: Concepts Human Sexuality
- 3 \_\_\_\_\_ HP 3400: Drug Use and Abuse
- 3 \_\_\_\_\_ HP 4100: Ergonomics
- 3 \_\_\_\_\_ HP 4120: Health Behavior Instructor
- 3 \_\_\_\_\_ FN 2070: Intro to Human Nutrition

\*\* Required for admission to UTMC PT program