The minor in Human Development and Family Studies (HDFS) is designed to offer students an introduction to family studies courses in addition to a broad understanding of human development across the lifespan as well as focused coursework in a specific developmental age. Students gain a greater understanding of contemporary family systems, development, and challenges through a strengths-based perspective.

### REQUIRED COURSE

- **HDFS 1930**: Lifespan Human Development (3)
- **HDFS 2020**: Contemporary Marriages and Families (3)
- **HDFS 3050**: Family Resource Management (3)
- **HDFS 4280**: Sexuality in HDFS (3)

### SELECT ONE COURSE FROM THE FOLLOWING:

- **HDFS 2200**: Infancy and Toddlerhood (3)
- **HDFS 2210**: Child Development (3)
- **HDFS 2280**: Pre-Adolescent and Adolescent Development (3)
- **HDFS 2290**: Adult Development (3)

### SELECT TWO COURSES FROM THE FOLLOWING:

- **HDFS 2080**: Family Diversity (3)
- **HDFS 3250**: Child and Family Under Stress (3)
- **HDFS 3290**: Families in Mid to Later Years (3)