

**HEALTH PROMOTION MINOR**  
School of Family and Consumer Sciences  
College of Education and Human Development

**Fall 2020**

21 SEMESTER HOURS<sup>1</sup>

Students will be exposed to the theory and best practices of health promotion and will learn the fundamentals for assessing needs and for implementing and evaluating effective health promotion programs for individuals, families, and communities.

**REQUIRED COURSES**

**CREDIT HRS.**

_____	HP 2150	Health and Wellness	3
_____	HP 3400	Drug Use and Abuse	3
_____	HP 4120	Health Behavior Instructor	3
_____	PUBH 2100	Introduction to Community Health	3
_____	PUBH 3700	Sexually Transmitted Diseases	3

**SELECT A MINIMUM OF SIX (6) HOURS FROM THE FOLLOWING :**

_____	AHS 3010	Medical Terminology	2
_____	FN 2070	Introduction to Human Nutrition	4
_____	And FN 2080	Introduction to Human Nutrition Lab	
_____	HDFS 4280	Sexuality in Human Development and Family Studies	3
_____	HHS 4400	Seminar Health and Human Services	1-5*
_____	PHIL 2420	Medical Ethics	3
_____	PUBH 3100	Community Health Planning and Evaluation	3
_____	PUBH 3200	Introduction to Public Health	3

<sup>1</sup> IMPORTANT NOTE: The Health Promotion minor must include a minimum of 15 hours that cannot be applied toward the student's principal area of study or another minor.

\* Credit selection per advisor recommendation