HUMAN DEVELOPMENT AND FAMILY STUDIES (HDFS) MINOR  
School of Family and Consumer Sciences  
College of Education and Human Development

Fall 2019

21 SEMESTER HOURS

The minor in Human Development and Family Studies (HDFS) is designed to offer students an introduction to family studies courses in addition to a broad understanding of human development across the lifespan as well as focused coursework in a specific developmental age. Students gain a greater understanding of contemporary family systems, development, and challenges through a strengths-based perspective.

REQUIRED COURSE  REQUIRED CREDIT HOURS

_____ HDFS 1930: Lifespan Human Development (3)
_____ HDFS 2020: Contemporary Marriages and Families (3)
_____ HDFS 3050: Family Resource Management (3)
_____ HDFS 4280: Sexuality in HDFS (3)

SELECT ONE COURSE FROM THE FOLLOWING:

_____ HDFS 2200: Infancy and Toddlerhood (3)
_____ HDFS 2210: Child Development (3)
_____ HDFS 2280: Pre-Adolescent and Adolescent Development (3)
_____ HDFS 2290: Adult Development (3)

SELECT TWO COURSES FROM THE FOLLOWING:

_____ HDFS 2080: Family Diversity (3)
_____ HDFS 3250: Child and Family Under Stress (3)
_____ HDFS 3290: Families in Mid to Later Years (3)