

Bachelor of Science in Education. This degree program is designed to be completed in 4 years. Changing majors, academic issues or other unforeseen circumstances may require additional semesters for completion.

BG PERSPECTIVE (BGP) REQUIREMENTS:

Course _____ Credits _____

Must complete at least 1 course in each of the following:

English Composition and Oral Communication

Quantitative Literacy

Must complete at least 2 courses in each of the following:

Humanities and the Arts

Natural Sciences

Social and Behavioral Sciences

Complete total required BGP credit hours by selecting courses from any of the above categories:

UNIVERSITY REQUIREMENTS

Note: Designated courses in the Humanities and the Arts, and the Social and Behavioral Sciences domains may be used to fulfill both a BGP requirement and one of the following university requirements:

Cultural Diversity in the U.S. _____

International Perspective _____

Composition Requirement:

_____ GSW 1120 Academic Writing _____

Total BGP Credits: Must be at least 36

COLLEGE REQUIREMENTS

_____ COMM 1020 @

3 HRS

MAJOR CURRICULUM

86 HRS

Exercise Science Core

37 HRS

_____ EXSC 2100 Care & Prevention of Injuries 3
 _____ EXSC 2270 Introduction to Exercise Science @ 3
 _____ EXSC 2300 Structural and Functional Bases of Human Movement #@ 3
 _____ EXSC 3400 Motor Development # 3
OR EXSC 3500 Motor Learning and Control # 3
 _____ EXSC 3600 Exercise Physiology #@ 3
 _____ EXSC 3610 Applied Exercise Physiology # 3
 _____ EXSC 3700 Biomechanics # 3
 _____ EXSC 4190 Clinical Decision Making & EBP Prac 3
 _____ EXSC 4290 Sport Conditioning 3
 _____ BIOL 3320 Human Anatomy and Physiology II@ 4
 _____ FN 2070 Nutrition 3
 _____ SM 3650 Foundations of Sport Psychology # 3
OR SM 3660 Psychological Aspects of Exercise and Fitness # 3

CHOOSE ONE SPECIALIZATION (Exercise Programming or Sports Medicine)

EXERCISE PROGRAMMING

49 HRS

_____ EXSC 2290 Lifetime Fitness 2
 _____ EXSC 3620 Group Exercise Instruction # 3
OR EXSC 4270 EKG/Meds # 3
 _____ EXSC 3870 Introductory Exer Sci Internship #! 3
 _____ EXSC 4230: Exercise Testing and Prescription # 3
 _____ EXSC 4250: Exer. Sci. Test & Prescrip/Spec Cases # 3
 _____ EXSC 4500: Organization and Administration of Ex Prog# 3
 _____ EXSC 4890: Capstone Internship in Ex. Sci. I # 12
 _____ Electives (consult with faculty advisor) 20*

SPORTS MEDICINE

49 HRS

_____ EXSC 2030 Emergency Care 2
 _____ EXSC 3120 Therapeutic Modalities 3
 _____ EXSC 4140 Orthopedic Assessment in Sport Med 3
 _____ EXSC 4150 Therapeutic Meds & Hlth Conditions 3
 _____ EXSC 4160 Therapeutic Exercise 3
 _____ BIOL 3310 Human Anatomy & Physiology I 4
 _____ EXSC 4210 Clinical Internship in Sports Med #! 3
OR EXSC 4870 Experiential Learning in Exer. Sci #! 3
 _____ Electives (consult with faculty advisor) 28*

Important information on the back.

- @ Grade of C or higher required
- # Refer to current Undergraduate Catalog for prerequisites
- ## Activity courses cannot be repeated
- ! See faculty advisor

Notes:

- Meet with academic advisors on a regular basis. Names of Advisors are listed via MyBGSU account
- A minimum of 122 total hours is required for a bachelor's degree
- A minimum of 40 hours of courses at the 3000-4000 level is required for a bachelor's degree.
- Courses in this major may NOT be taken on an S/U basis.