

Benefits of Carpooling

Each year a car/SUV emits:

80 to 114 pounds of hydrocarbons

606 to 894 pounds of carbon monoxide

41 to 59 pounds of nitrogen oxides

10 to 16.8 thousand pounds of carbon dioxide

Which all mixes into the air we breath!

And consumes 550 to 915 gallons of gas

Carpooling with friends and co-workers can reduce the amount of cars on the road and the amount of harmful chemicals being pumped into the atmosphere

Take a moment to find friends and co-workers near you and carpool to work or go out to lunch together!

Every trip saved is a win for the environment



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5 Reasons to Bike!

- 1. Environmentally-friendly:** Transportation is one of the leading causes of climate change and consumes 70% of the U.S oil. Biking is carbon neutral and consumes no oil!
- 2. Save Money:** The average American spends 15% of their income directly on transportation. A bicycle is a fraction of the cost and can save you thousands of dollars!
- 3. Healthy:** Biking is a great moderate to rigorous activity that helps promote a healthier lifestyle. Physical activity also releases endorphins (the chemical for happiness) which will improve your outlook on the day!
- 4. Avoid Traffic:** Traffic jams are frustrating and can slow down your day. Pedal past them and avoid the hassle!
- 5. Improves the City:** Bikes don't create noise or air pollution, nor are they dangerous (unlike vehicles).
Bikes create a safe city for everyone to enjoy!

Start Biking Today!



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