How to be Eco-Friendly this Thanksgiving

• Buy local
Buying from local markets not only supports your community, but it reduces your carbon footprint dramatically. Food typically has to travel hundreds of miles before it arrives on your plate, unless you know it’s coming from a local source.

• Eat less meat
It might be difficult to skip meat for a holiday that centers around it, but reducing any meat intake helps to reduce your carbon footprint.

• Compost your scraps
Instead of throwing out peels or veggie scraps, throw them into a compost bin and transform into fertilizer!

Sustainable Tips for the Cold

• Keep your thermostat low
Keeping your temperature around 65 degrees is both comfortable and energy-efficient. You can put it lower as you sleep at around 60 degrees.

• Hang heavy or insulated curtains
Heavier curtains can keep the cool air from your windows from getting into your living space and will save your heaters from having to work harder.

• Buy used winter gear
Check local second-hand stores for used winter gear that will aid in keeping you as warm as possible this winter season.