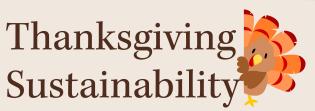
# Recycler 2924

## November



### Reducing our carbon footprint during the holiday season

- Instead of throwing away your Thanksgiving leftovers, freeze them, compost them, or donate them to local food banks!
- Carpool with a friend when traveling home for break.
- If you do go home, make sure to unplug all appliances in your campus living space that are not in use to avoid wasting energy.

#### Did you know?

Approximately 204 million pounds of turkey are consumed on Thanksgiving Day in the United States with an estimated 35% of that food going uneaten.

Thanksgiving food waste produces greenhouse gases equivalent to 1.1 million metric tons of CO2.

The EPA estimates that household waste increases by more than 25% between Thanksgiving and New Year's Day, resulting in about 1 million extra tons of waste each week.



#### Easy green tips

- Set up a recycling station at your gathering for bottles, cans, and recyclable items.
- Try to have your family use reusable plates, cutlery, and other items during your meals to avoid generating waste.



Keep yourself warm and your

Open curtains on the south-

facing windows during the

naturally heat your home, and

close them at night to reduce

the chill from cold windows.

When you are asleep or out of

back to save as much as 10%

a year on your heating and

the house, turn the thermostat

day to allow sunlight to

Winter Energy

Efficiency

energy bill low

## December



#### **Shocking Holiday Waste Facts**

- In the U.S., it's estimated that around 4.6
  million pounds of wrapping paper are used
  each holiday season. This is equivalent to
  about 2.3 million miles of wrapping paper,
  or enough to circle the Earth 92 times.
- The average American household spends an additional \$20 on energy to power Christmas lights, and the U.S. as a whole spends over \$2 billion annually on lighting displays.

# Sustainable New Years 2025 Resolutions

- Switch to reusable products!
   This would include reusable shopping bags, straws, water bottles, etc.
- Choose to ride your bike whenever you can when traveling to near-by locations.
- Educate yourself about sustainability.
- Only use the stairs and not escalators
- Unplug anything not in use.

### **BG**SU.

cooling bills.

Office of
Campus
Sustainability

#### **BOWLING GREEN STATE UNIVERSITY**

To individuals with disabilities, please indicate if you need special services, assistance or appropriate modifications to fully participate in this event by contacting Accessibility Services at access@bgsu.edu or 419-372-8495. Please notify us prior to the event.

#### **Restore Event**

Nov. 14 12-2pm and 4-6pm

Stop by to find a gift or two for friends or family! Or find some fun holiday decorations!

## Sustainable Gift Guide

- Shop locally when looking for gifts for a loved one.
- Thrift clothing or purchase second-hand items.
- Purchase eco-friendly wrapping paper.
- When purchasing gifts, look for items that are not in plastic packaging.







