



DIETETICS

BGSU COLLEGE OF HEALTH AND HUMAN SERVICES

The dietetics program at BGSU is a 4-year didactic program, otherwise known as a DPD, which leads to a Bachelor of Science Degree in Dietetics. Successful completion of the program is the first step to becoming a registered dietitian. Following completion of a Bachelor's Degree in Dietetics, graduates must apply for and complete an accredited dietetics internship and pass the national registration examination to become a registered dietitian.



College of Health and Human Services – Dietetics

Points of Pride

- Fully accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics
- Growing program, yet faculty continue to know students by name
- Every student receives mentoring support from food and nutrition faculty advisors
- Many students accepted into the Honors Program
- Students have the opportunity to interact and conduct research with food and nutrition faculty and professionals in related disciplines
- Annual Food and Nutrition Symposium
- Internship directors consistently rank our graduates “as good as” or “more prepared” compared to their peers
- Active Student Nutrition Association

Alumni Success

Lauren Yacapraro '15 wanting to work in the health care field, looked into becoming a dietitian or a physician assistant (PA). She couldn't pick one, so decided on both.

Yacapraro approached Dr. Mary-Jon Ludy, associate professor in food and nutrition, about conducting nutrition research for her Honors Project. “Lauren focused her Honors Project on body composition in older adult females—an ideal fit given her career goal of obtaining dual licensure, combined with a budding interest in gerontology sparked by Carrie Hamady’s, instructor in dietetics, Life Cycle Nutrition: The Middle and Later Years course,” Ludy said.

Yacapraro presented preliminary research findings at numerous professional venues such as the Academy of Nutrition and Dietetics (AND) Food and Nutrition Conference and Expo (FNCE), Northwest Ohio Undergraduate Symposium for Research and Scholarship, and the 2015 Aging Summit in London, U.K.

What Our Alumni Say

“I cannot be more grateful for BGSU’s dietetics program and professors. There are no words to describe how much I appreciate the caring faculty and high quality education. During my dietetic internship I realized just how well this program prepared me. Thank you for providing me with a strong foundation in dietetics!”

Kaitlyn Hempfling '17

For more information

Dietetics
419-372-8724
bgsu.edu/dietetics

MAJOR MAP

DIETETICS – Bachelor of Science in Dietetics

Minors include Health Promotion, Public Health, Journalism, Psychology, General Business, Entrepreneurship

CLASS OPTIONS	Freshman	Sophomore	Junior	Senior
CLASS OPTIONS	Complete, FN 1010, FN 2100 and FN 2070. Meet with program advisor to discuss core courses, possibility of a minor and degree requirements.	Begin General Chemistry sequence: CHEM 1250 and 1270/1280. Complete FN 3100, 3260, and 3350 and BIOL 3320. Continue to meet with program advisor to ensure you are on track.	Begin 4000 level Food and Nutrition core classes and begin Organic Chemistry and Biochemistry (CHEM 3060 and 3080) sequence.	Complete major requirements including Senior Seminar, Experimental Foods, and Medical Nutrition Therapy. Finalize classes for a minor. Prepare application for Dietetic Internship.
GOOD ADVICE	Meet with your Academic Advisor/Director of the Dietetics Program regularly to discuss your graduation plan. Start building your resume with work and volunteer hours.	Utilize the Learning Commons and attend Supplemental Instruction (SI) sessions. Consider declaring a minor in Health Promotion, Public Health, Business/ Entrepreneurship, or Psychology. Continue meeting with your academic advisor.	Begin looking at accredited Dietetic Internship sites. Talk to registered dietitians (RDs) about being preceptors, if you are considering a distance internship. Start studying for the GRE.	Continue to meet with your faculty advisor. Attend Dietetic Internship Open Houses. Talk with past graduates of the program.
RELEVANT EXPERIENCE	Interview a registered dietitian (RD), explore opportunities on campus and in the community to apply course concepts.	Shadow RDs in your home or local community. Obtain a job or volunteer in a health-related area. Serve as a tutor or learning assistant for FN 2070 or 2100.	Work at summer Diabetes Camps or other opportunities that allow you to work hands-on with clients. Become a research assistant with BGSU faculty.	Become a Peer Educator, obtain work/volunteer positions in a health-related field, become an officer in SNA. Find your own ways to be involved.
USEFUL CONNECTIONS	Get involved! Join the Student Nutrition Association (SNA) and the Academy of Nutrition and Dietetics (the Academy) as Student Members.	Continue membership in SNA and the Academy. Attend local meetings with the Northwest Ohio Dietetics Association. Explore student opportunities with professional groups. Attend professional meetings, such as the Food and Nutrition Conference and Expo (FNCE).		Keep meeting with SNA and pursuing professional endeavors. Attend the Annual Food and Nutrition Symposium on campus to learn about hot topics in nutrition and network with local professionals.
GLOBAL VIEWS	Review Study Abroad opportunities for summer options to enhance your learning.	Consider a minor in a foreign language if you would like to work internationally. Follow organizations or individuals on social media who work on global food and nutrition issues.	Investigate Peace Corps Options or the Military. Study abroad in the summer after junior year.	Present study abroad or other cultural experiences to SNA and faculty. Get involved in local activities that support the mission of global hunger initiatives.
CAREER PREP	Leadership and Peer Educator Groups. Complete Goal Project for FN 1010 to start thinking about what a successful student and professional in Dietetics looks like. Also, register for the Falcon Internship Guarantee through the BGSU Career Center.	Work on goals – how to be a successful student and professional. Continue contact with RDs, investigate all areas of dietetics, read the daily emails from the Academy to stay current on nutrition “hot” topics, be open to all class information, and continue to develop ePortfolio or social media presence.		Take the GRE. Create plans for after graduation: internship, grad school, dietetic technician exam, certified dietary manager exam. Update resume.