Setting Goals to Succeed

Specific goal: ______________________

Actions I need to take this week
1. 
2. 

Actions I need to take this month
1. 
2. 

Actions I need to take this semester
1. 
2. 

Obstacle 1:
____________

Obstacle 2:
____________

Obstacle 3:
____________

Resources:

People:

Strategies:

Resources:

People:

Strategies:

Resources:

People:

Strategies:

Handout created by Cindy Walker, 2012