

Be HOPEFUL! Strategies For Success

Harness Your Strengths

- Discover your passions, interests, strengths, and learning strategies
- Examine how you became good at something and apply those strategies to something you're struggling to learn

Overcome Obstacles

- Predict possible difficulties or obstacles you might face and seek out tools, resources, and people who can help you overcome these potential obstacles.
- Think of alternate pathways to achieve your goal.

Plan and Prioritize

- Use planning tools, lists, etc. to help you keep track of and be prepared for due dates, tests, assignments, etc.
- Always keep your goals in mind. Consider ways that your classes and assignments can help you reach your goals.

Embrace the Journey

- Approach learning with a growth mindset
- Remember that learning is a process – enjoy the journey
- Be prepared to work hard
- Learn as much as you can from mistakes

Focus on your Progress

- Track your own progress in your classes
- Look closely at graded work that your instructors hands back to you – make an effort to understand the feedback/grade
- Celebrate your successful completion of tasks, assignments, etc. and see them as one step closer to achieving your goals

Utilize Resources

- Learn about and try new study/organizational strategies
- Find a mentor, tutor, or teacher to guide you in your journey
- Be creative and resourceful. Seek out solutions to any problems you might be facing.
- Use Chaffey's resources to help you achieve your goals (Success Centers, SI, library, financial aid, Career Center, Counseling, health services, etc.)

Live Out Your Dreams

- Find meaningful ways to celebrate your progress and achievement of your goals
- Keep going! Once you've reached a goal, set a new one.