<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:00-8:30am</td>
<td>Registration</td>
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<tr>
<td>8:30-8:45am</td>
<td>Welcome, Dr. Jim Ciesla, Dean, College of Health and Human Services</td>
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<tr>
<td>8:45-10:00am</td>
<td>Keynote, Clancy Harrison</td>
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<td>9:55-10:05am</td>
<td>Greeting by BGSU President, Dr. Rodney Rogers</td>
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<tr>
<td>10:05-10:15am</td>
<td>Morning Break</td>
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<tr>
<td>10:15-12:00pm</td>
<td>Morning Breakout Sessions</td>
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<td>12:00-1:00pm</td>
<td>Lunch</td>
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<tr>
<td>1:15-3:00pm</td>
<td>Afternoon Breakout Sessions</td>
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<td>3:00-3:15pm</td>
<td>Afternoon Break</td>
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<tr>
<td>3:15-4:45pm</td>
<td>Design Thinking Session (Ballroom)</td>
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<td>4:45-5:00pm</td>
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Keynote Speaker

Clancy Harrison

As a registered dietitian, TEDx speaker, international speaker, and author, Clancy Harrison challenges the way food insecurity is approached in the US. Her mission to demolish the stigma around healthy food access places her on the cutting edge of advocacy.

Clancy is a resident of Forty Fort, Pennsylvania and the founder of the Food Dignity® Movement, a strategic program for leaders who want to shift how they approach nutrition outreach by making healthy food access a priority. She transforms thousands of people's lives through her work with corporations, non-profit organizations, and universities.

Currently, Clancy is an advisory board member for the Pennsylvania American Academy of Pediatrics Food Insecurity EPIC program, Ambassador of the National Dairy Council, and the President of the West Side Food Pantry. Since the onset of COVID-19, Clancy has distributed nearly 1 million meals in her community to improve access to healthy food through effective collaborations.

clancy@clancyharrison.com
Morning Breakout Rooms

Kevin Crane
Community Food Pantries: Are they Enough?
Ballroom (10:15-10:45am)

Kevin is a recent master's graduate. During his work on his degree, he was hired as an AmeriCorps volunteer in the Fall of 2022. After graduation, he was hired to work as a Food Security Coordinator at United Way of Greater Toledo. His work extended beyond his AmeriCorps service. Today he is here to present his findings after visiting food pantries in the Wood County space, as well as findings from Ottawa and Lucas County.

Presentation Abstract: Kevin conducted interviews with 24 food pantries in Wood and Ottawa counties during the summer of 2021. Today Kevin will present the findings, which encompass the challenges encountered by these food pantries within the broader context of food insecurity. These findings suggest that while food pantries play a crucial role in supporting communities during times of need, they may not constitute the definitive solution to addressing systemic food insecurity.
Dema Esper and Dr. Nicole Kent-Strollo
Campus Partnerships
Room 201 (10:15-10:45am)

Dema Halasa Esper, MS, RDN, LD is a seasoned faculty member at Youngstown State University's Food/Nutrition and Dietetics department for over twelve years. With a background in Clinical Dietetics and a Master's in Nutrition and Food Science from Wayne State University. Dema is currently pursuing a Ph.D. in Health Sciences at Health Sciences at Youngstown State University. Through her work in food insecurity, Dema spends her time supporting community efforts to ensure Nutrition Matters through initiatives like local soup kitchens, rescue missions, and food drives. Dema's academic focus includes Nutrition Assessment, Maternal, Infant, and Child Nutrition, and Medical Nutrition Therapy. Her expertise in Nutrition Focused Physical Assessment (NFPA) Skills within the Nutrition Care Process Model (NCPM) has been shared at esteemed conferences like Food and Nutrition Conference and Expo (FNCE).

Abstract: According to Maslow’s Hierarchy of Needs theory, psychological and self-fulfillment needs cannot be met if basic needs, such as safe housing and access to nutritious foods, are not met. If applied to the college or university setting, students not meeting the bottom hierarchy needs may have difficulty concentrating and completing courses and degree pathways. The focus of this session is to discuss the research around basic needs insecurity (BNI) and ways universities can create partnerships to support the emerging concern of the health and well-being of college students.
Dr. M. Razi Rafeeq

Impact of Food Insecurity on Health and Wellness

Room 208 (10:15-10:45am)

Physician in Allergy and Immunology Founder and Executive Director of Islamic Food Bank

Presentation Abstract: The lack of consistent access to nutritious food is a leading health issue across the country. Studies have shown it to be associated with diabetes, hypertension, and cardiovascular disease. Most concerning, researchers have found food insecurity associated with a host of health issues in children, including anemia, cognitive problems, anxiety, and
Alisha Barton and Dr. Dan Remley
Engaging with Food Insecure Communities
Ballroom (11:00-12:00pm)

Alisha Barton, M.S. from The Ohio State University, specializes in nutrition and wellness, striving to enhance education, awareness, and healthy food accessibility. As founder and advisor of the Miami County Food Insecurity Alliance since 2018, Alisha rapidly adapted during COVID-19, aiding over twenty thousand residents in securing emergency food in 2020. A leader in choice-method pantry guidance and community garden initiatives against local food insecurity, she contributes to multiple community task forces addressing health determinants. A member of OSU’s trauma-informed care team, Alisha offers statewide trauma training. Passionate about teaching independent living skills like cooking and gardening, she’s dedicated to reaching and educating underserved populations.

Presentation Abstract: Food insecurity and healthy food access continue to be important and complex problems. To develop and sustain effective and relevant interventions and coalitions, input is needed from a variety of individuals with different expertise, skill sets, and lived experiences. Today’s presentation will highlight tools and strategies from the Voices for Food toolkit to help practitioners, who are developing interventions or coalitions addressing food insecurity, effectively engage with a variety of stakeholders, especially those marginalized within the community. Specifically, participants will learn about community food assessments, cultural competency training, facilitation, and coaching strategies. A food ethics workshop will also be discussed as a tool to help individuals and volunteers reflect on food values to refine the goals of their work.
Alison Doehring and Dr. Christin Seher
Student Involvement in Creating a Campus Community Garden
Room 201 (11:00-12:00pm)

Alison [Ali] has worked in community engagement centered roles for nearly fifteen years. From volunteer management, civic responsibility, and community relationships to community-engaged learning and partnership, her work has centered in the City of Akron and Summit County area. Ali’s connection to hunger issues started in high school when she would volunteer at the Akron Canton Regional Foodbank each month. Her connection to hunger issues has spanned her professional role and currently, she oversees the University of Akron's campus community garden and robust network of food distributions. Ali started the Campus Cupboard in 2018 based on expressed student need through an emergency grant. She has established partnerships with local agencies, administered several grants, and developed volunteer systems to support the University's commitment to “feeding student success.”

Presentation Abstract: Using a community-engaged learning model, this project combined a group of undergraduate students with more than twelve community experts and twenty volunteers. The group was charged with addressing the complexities of food insecurity on campus and lack of access to fresh produce availability in the Campus Cupboard, the University’s food pantry program. The goal of the project was to turn an underutilized piece of land into a serene outdoor place where food could grow for the campus pantry program. Throughout the course, students learned from community experts about outdoor learning spaces, learning theories, group dynamics, outdoor space design, mental health spaces, urban gardening, and placemaking. Join us to learn how you can engage students in the design and development of campus spaces using a community-engaged learning model and involving a cross-section of content experts both on your campus and within your local community!
Dr. Shannon Orr
Grant Writing for All: Strategies for finding and writing grants
Room 208 (11:00-12:00pm)

Dr. Shannon Orr is the Director of the Falcon Food and Resource Community which includes the Falcon Food Pantry and the BGSU Community Garden. She is a member of the national Swipe Out Hunger Leadership Council and a board member at the Brown Bag Food Project.

Presentation Abstract: This session will focus on the practical tips and techniques needed for writing successful grants for nonprofits working in food insecurity.
Chelsea Csuhran has worked in the local food systems space for the past 9 years. She has a BSS in Food Studies with a Concentration in Anthropology from Ohio University. As the current Food Rescue Program Director at Hunger Network, she oversees a food recovery program and has witnessed the direct result of the connection between food waste reduction and addressing food insecurity in Greater Cleveland by keeping good food out of the landfill. She is passionate about increasing food access, community health, sustainability, and local agriculture. She is a certified Food Literacy Educator through the Cookbook Project and a current member of the Ohio Ecological Food and Farming Association and the Ohio Food Policy Network.

Abstract: 40% of America's food goes to waste, while 1 in 6 people go hungry in Cuyahoga County. It is not that we do not make enough food, it's that good food is ending up in landfills. Hunger Network Food Rescue was launched as a direct response to the disconnect between food waste, hunger, and environmental sustainability. Utilizing an app-based software developed by Food Rescue Hero, Food Rescue facilitates the transport of surplus edible, but not sellable products from businesses in the community to feed those facing food insecurity. As a volunteer-centered program, community members are the driving force behind good food staying out of the landfill and getting to those who need it. Since its inception in November 2018, Hunger Network Food Rescue has kept over 4.2 million pounds of food from entering the landfill.
ZipAssist has the Campus Cupboard program that provides students in periodic need with access to the basic necessities of daily living. This is done through an on-campus walk-in pantry, six grab-n-go locations across campus, two monthly food distributions (Foodbank & The Salvation Army collaboration), and Campus Community Garden. We also provide non-food related initiatives under this program including the Roo-Store (Habitat Re-Store collaboration) and Clothing Collab in addition to volunteer management.

Abstract: Trends in UA student data have resulted in feedback related to reliable access to fresh food, basic homeware items and hygiene products. Noting that these items are often difficult for pantries to consistently offer, the University of Akron's student advocacy and support office, ZipAssist, will highlight unique programs related to sustainability. In 2022 and 2023, ZipAssist successfully ran a homeware pop up event, the Roo-Store, receiving the 2022 ACUI Region VI Outstanding Collaborative Program Award. In 2022-2023, ZipAssist held three professional clothing drives which received ACUI's 2023 national Collaborative Program of the Year. In a sustainability effort, June of 2021 saw ZipAssist transform and open the Campus Community Garden aimed toward feeding student success while providing access to fresh food. A ZipAssist main tenet is to connect and provide our Zips with resources to address their basic needs while removing barriers so students may focus on their academic pursuits.
Dr. Kelly Balistreri

Food Insecurity as a Social Determinant of Health in Ohio
Room 208 (1:15-1:45pm)

Dr. Balistreri is a population scientist with a research focus on racial/ethnic health disparities, health behaviors and healthcare access across various stages of the life course, as well as a demographic analysis of the social determinants of health among Ohio's working-age population. In another line of work funded by the USDA, Dr. Balistreri extended her research on food security among lower-income children, to study the role that a range of social context and policies play in alleviating food insecurity among older adults.

Abstract: This project uses multiple rounds of the Ohio Medicaid Assessment Survey (OMAS), along with census-based data to examine the distribution of several key social determinants of health: poverty, educational attainment, food insecurity, and loneliness in Ohio. The association between social determinants and health behaviors and health outcomes of working age Ohioans are presented paying particular attention to adults living at lower-incomes (≤138% FPL), as well as lower-income adults with a potentially disabling condition.
Abstract: Modeled like a market instead of a pantry, customers of MidTown Market experience a dignified choice shopping environment with personalized service. The market stocks fresh, culturally relevant foods, shelf stable products, plus personal/home hygiene items.

MidTown Market uses a digital food pantry ordering and inventory management system. Guests shop in person or pre-order online for curbside pickup, allowing healthy choice selections and reducing food waste. The system features many languages and picture selection options for limited language proficient customers. Delivery is available for eligible home-bound or mobility-impaired individuals.

The Market also implements a food ranking nutrition system based upon the amount of saturated fats, sodium and sugar in each food. This platform improves our food ordering methods, helps our customers make healthier food selections, and serves as the prototype for Hunger Network partners to replicate the system.
Nancy Parkinson
Incorporating a Campus Farm into the Curriculum
Room 201 (2:00-3:00pm)

Nancy Parkinson, M.S., R.D.N., C.D., L.D., is a registered dietitian nutritionist and Senior Clinical faculty member at Miami University, specializing in Nutrition and Dietetics. Her clinical specialty is nutrition with chronic kidney disease. She is past president of the Ohio Nutrition Council, a longtime member of the Academy of Nutrition and Dietetics, and a member of the School Nutrition Association. Passionate about nutrition education, Nancy is deeply involved in community initiatives such as Talwanda Oxford Pantry, Oxford Family Resource Center, and Miami Nutrition STEM Conferences among several others. She is a dedicated educator and researcher, impacting both professionals and individuals. Outside of work, Nancy enjoys cats, cooking, gardening, and music. Alongside her husband, she's been happily married for 23 years, residing in Oxford while serving their shared faith.

Abstract: "Farm to Fork, Food as Medicine" are key themes for the foundational work designed and implemented by Registered Dietitian Nutritionist, Nancy Parkinson. In 2016, with support from administration, the College of Arts and Sciences at Miami University established the Miami Institute for Food Farm. Further collaborations with faculty and staff from the College of Education, Health, and Society, Parkinson has been able to incorporate the Miami Institute for Food Farm into the Nutrition and Dietetic curriculum at Miami. Key areas for curriculum development involve students enrolled in undergraduate and graduate programs. Activities for students incorporate hands on learning experiences, nutrition education program development, grant writing opportunities, and implementation of community outreach programs are integrated into the curriculum. A review of curriculum development, student learning outcomes, and community impact will be reviewed.

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Sabrina Schirzinger, Tanner Cooper, & Tami Ruhl

Strengthening Our Community: Using a grant to create collaboration between Extension programs and partners.

Room 208 (2:00-3:00pm)

Tanner, Tami and Sabrina are all members of the Knox County Local Food Council and within our job responsibilities work with local food pantries and hot meal programs. After receiving a grant through The Ohio State University and their Voices for Food program they partnered with local agencies to support pantries and hot meals to strength the choices and quality of foods they are distributing.

Abstract: Today they are here to highlight the work of an Extension ANR Educator and SNAP-Ed Program Assistant who worked together with their local food council to receive a Voices for Food grant for their county. Through a series of conversations their project expanded from working with one pantry to connecting their food council with the local funders of all the food assistance programs to create a system that will bring all the county food assistance programs together to increase collaboration and resource sharing. The presenters will be sharing how their goal shifted from helping one agency to bringing multiple agencies together. In partnership with the local community funders and the local health department they were able to create a Food Pantry Scorecard for grant funders to use that will help encourage the shift to Choice Pantries and resource collaboration among food assistance programs. This initiative helped to break down silos within the community.