

BGSU Cheer

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Bowling Green, Ohio 43403
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Ay Ziggy!

We are excited for your interest in the Bowling Green State University Cheerleading Squad. We will be offering a recruitment model as well as a traditional tryout as opportunities to be selected for the team. As a program, we will select a few individuals through recruitment and then encourage all others to attend our in-person tryouts in the spring. By offering both models we are aiming to sign individuals who are definitively interested in BGSU and the cheer program, while still allowing those who decide BGSU in the early spring to tryout.

All athletes interested in pursuing the recruitment model as a potential option must review the guidelines below and complete the registration. If you have any questions, please email coach Tyler Bill (tbill@bgsu.edu). Thank you!

Recruitment Skills Video Guidelines

Student athletes who are interested in becoming a member of the BGSU Cheerleading Program are highly encouraged to submit an official recruitment video. The video will assist the coaching staff in making an informed decision in potentially offering you an official letter of intent as well as a roster spot on our team. The video does not need to be professionally produced with videos captured on a phone being perfectly acceptable. Please make sure the videos are clear to see you and the skills being performed. The suggested guidelines for the recruitment skills video are outlined below.

0:30 – 1:00: INTRODUCTION

Introduce yourself. Here at BGSU, we truly value you as an individual and are greatly interested in who you are as a person. Share anything that you would like to share. You can talk about why BGSU, what you enjoy about cheer, what are you most looking forward to, etc.

0:15 – 1:00: TUMBLING

Please highlight all standing and running tumbling you can perform consistently and with a high level of execution. The skills should be performed on a dead mat, rubberized track surface or turf. Skills we are looking forward include a standing tuck (for female identifying athletes with poms), standing handspring tuck, standing two handsprings tuck, standing two handsprings layout, standing two handsprings full, standing handspring full, standing full, running roundoff handspring tuck, running roundoff handspring layout, running roundoff handspring full, specialty pass ending in full, etc. In your video you should include any of the above skills you are able to perform consistently and with good technique. You may include other tumbling if you would like.

0:30 – 1:30 STUNTING

Please highlight your preferred stunting position and show as many skills as you can in that position. If able, we would like to see some skills in your secondary position as well. At BGSU we strongly encourage versatility amongst our athletes as it helps us to be more well-rounded as a team. For the stunts you should be performing in your video, we would like to see solid and clean gameday skills. This includes hands, extensions, liberties, stretches, full ups and more. If you are able to perform any elite skills, please also include those in your video. The focus of your stunting portion should be on clean execution, not difficulty.