

Do you have a Voice Disorder?

Do you become hoarse frequently?

Do you have a hoarse voice that lasts for an extended period of time (weeks, months)?

Do you lose your voice after talking for a long period of time?

Does your voice sound "different"? (nasal, stuffy, etc.)

Do you have a breathy voice?

Does it hurt to talk for long periods of time?

Do you experience vocal fatigue after talking?

Is your voice too high or too low when speaking?

If any of these symptoms last longer than three weeks, you should seek advice from your family doctor, your Ear/Nose/Throat doctor, or a speech-language pathologist (therapist).

Treatment for voice disorders will vary depending on the cause of the problem. Most voice disorders can be successfully treated when identified and treated early.