

EXERCISE SCIENCE
Kinesiology Division (KNS)
School of Human Movement, Sport, and Leisure Studies

NAME _____

2012-2013

Bachelor of Science in Education. This degree program is designed to be completed in 4 years. Changing majors, academic issues or other unforeseen circumstances may require additional semesters for completion.

MAJOR CURRICULUM	82-87 HRS	COLLEGE REQUIREMENTS	3 HRS
		_____ COMM 1020@	3

REQUIRED COURSES **40 HRS**

_____ KNS 2270 Introduction to Kinesiology@	3
_____ KNS 2290 Lifetime Fitness	2
_____ KNS 2300 Structural and Functional Bases of Human Movement #@	3
_____ KNS 3400 Motor Development Across Lifespan #	
OR	
_____ KNS 3500 Motor Learning #	3
_____ KNS 3600 Exercise Physiology #@	3
_____ KNS 3610 Applied Exercise Physiology #	3
_____ KNS 3700 Biomechanics of Human Movement #	3
_____ KNS 3870 Exercise Science Practicum *** #	3
_____ KNS/PEG/DANC Activities** (take for grade only)	
(Select in consultation with faculty advisor)	
_____ _____, _____, _____	4
_____ BIOL 3320 Human Anatomy@	4
_____ FN 2070 Nutrition	3
_____ SM 2140 Introduction to Research in HMSLS #	3
_____ SM 3650 Foundations of Sport Psychology #	
OR	
_____ SM 3660 Psychological Aspects of Exercise and Fitness	3

CHOOSE ONE SPECIALIZATION (Exercise Programming or Human Movement)

EXERCISE PROGRAMMING **42-47 HRS**

_____ KNS 4230 Exercise Testing and Prescription #	3
_____ KNS 4250 Exercise Testing and Prescription for Special Cases #	3
_____ KNS 4290 Sport Conditioning #	3
_____ KNS 4890 Exercise Science Internship *** #	15
_____ KNS 4500 Organization and Administration of Ex Prog	3
_____ Selectives (in consultation with faculty advisor)	15-20

HUMAN MOVEMENT **42-47 HRS**

_____ KNS 3400 Motor Development Across the Lifespan #	
OR	
_____ KNS 3500 Motor Learning #	3
_____ KNS 4000 Facilitating Movement Change in a Tutorial Setting #	3
_____ KNS 4020 Measurement and Evaluation of Human Movement #	3
_____ KNS 4810 Senior Project #	4
_____ SM 2210 History and Philosophy of Sport	
OR	
_____ SM 4250 Sport and Gender #	3
_____ Selectives (in consultation with faculty advisor)	2-10
_____ Minor or Cognates ##	16-24
(A minimum of 26 hrs. must be completed from Selectives and Minor/Cognate)	

BG PERSPECTIVE REQUIREMENTS

(note: where indicated, some required courses in the major may also be used to fulfill BG Perspective requirements)

_____ GSW 1120 @	(_____ GSW 1100/1110)
<u>Quantitative Literacy (Group A or D Recommended)</u>	
_____ Elective _____	
<u>Natural Science</u>	
_____ Elective _____	
_____ Elective _____	
<u>Social and Behavioral Sciences</u>	
_____ Elective _____	
_____ Elective _____	
<u>Humanities and Arts</u>	
_____ Elective _____	
_____ Elective _____	
<u>Cultural Diversity in the United States</u>	
_____ Elective _____	
<u>Additional BG Perspective Course</u>	
_____ Elective _____	

One BG Perspective course above is an International Perspective course.

- @ Grade of C or higher required
- ** Can also be used to fulfill a BG Perspective requirement
- # Refer to current Undergraduate Catalog for prerequisites
- ## Activity courses cannot be repeated
- ! See faculty advisor

Notes:

- ~ Meet with academic advisors on a regular basis. Names of Advisors are listed via MyBGSU account
- ~ A minimum of 122 total hours is required for a bachelor's degree
- ~ A minimum of 40 hours of courses at the 3000-4000 level is required For a bachelor's degree.