

First Year Success Series

FALL EDITION 2011



BGSU[®]

B O W L I N G G R E E N S T A T E U N I V E R S I T Y



Welcome to Bowling Green State University!

As you begin your first year at BGSU, you will find there are many people and resources dedicated to your success.

Make the most of these resources by participating in our First Year Success Series (FYSS).

FYSS offers a variety of workshops to assist with your transition to college and connect you with other students and members of the University community. The program will help you:

- > Gain study skills, learn about careers in your chosen field, and create a plan for **academic success**
- > Discover the history and traditions of the University and find opportunities for **involvement and leadership** at BGSU
- > Develop a greater appreciation for the **diverse** experiences, personalities and backgrounds of other students, faculty and staff at BGSU
- > Understand your **responsibilities** and further define your personal **values**
- > Find out ways to incorporate **wellness** practices into your daily life and how to make **safe** choices in your new environment
- > Meet new friends and learn how to **build community** on your residence hall floor
- > Identify important community and **campus resources** to help you feel at home in Bowling Green, Ohio and at BGSU

Most sessions are available on a drop-in basis. Just a few, such as counseling, require advance registration. So, think about what you want to get out of your first year at BGSU and let FYSS help get you there!

SUNDAY, AUG. 21

“Hire Education”

2:30 p.m. and 7 p.m.,
Bowen-Thompson
Student Union, Room 207

Are you ready to work? Come learn about opportunities for part-time employment (including Federal Work Study), how to search for jobs using WorkNet, tips for successful interviewing, and other services and programs dedicated to your career success!

MONDAY, AUG. 22

Make a Difference and Go Greek

6 p.m., Olscamp 223

Learn about how joining a fraternity or sorority at BGSU can impact your undergraduate experience by providing opportunities for academic support, community service, leadership, and lifelong friendships.

THURSDAY, AUG. 25

Are You a Resumé Rookie?

4 p.m., Business Administration 103

If you are considering part-time employment or an internship while at BGSU, you'll impress employers with a solid resume. No formal work experience?? No problem! Through this presentation, learn to create a document that conveys your talents and related experience. Come prepared to begin creating your resume or to give your high school resume a college makeover.

RECREATIONAL SPORTS

Student Recreation Center, 372-2000
www.bgsu.edu/offices/sa/recwell

- > Forrest Creason Golf Course and driving range with championship tees
- > Yoga/Pilates program with nationally certified instructors
- > Cardiovascular spin classes
- > Outdoor programs including hiking, kayaking and climbing
- > Personal trainers to help you establish fitness goals

MONDAY, AUG. 29

What's This "Getting Involved" Thing All About?

1:30 p.m., Bowen-Thompson Student Union, Room 315

Where do you start and who do you talk to? What activities should you pursue? Why? Do I have time? Come find the answers to these questions and more!

TUESDAY, AUG. 30

On Your Own

4 p.m., 315 Bowen-Thompson Student Union

It's your first semester at BG and you're finally on your own! Come discuss when and how to seek help, managing free-time, and balancing new responsibilities.

WEDNESDAY, AUG. 31

The Writing Center and How It Can Help You

10:30 a.m., Business Administration Building, Room 100

Come learn how the Writing Center can support your academic work and writing.

FRIDAY, SEPT. 2

Navigating Involvement Opportunities

11 a.m., Bowen-Thompson Student Union, Room 314

Join us to learn about opportunities in student organizations and on campus for first-year students to get involved.

TUESDAY, SEPT. 6

Facebook: Friend or Foe?

3 p.m., Olscamp 211

In our high tech world blogging, tweeting and uploading a Facebook status happen numerous times a day. But who is reading your information? How are you being perceived? Could you be violating the BGSU Student Code of Conduct? Protect yourself and come to this session to find out the information sharing basics before you click your next "Post".

WEDNESDAY, SEPT. 7

Time Management: The Secret to Your Success!

2:30 p.m., Learning Commons, 1st Floor Jerome Library

Time. Do you "spend" it or "invest" in it? We all have the same 24 hours in a day so why are some people better at balancing their schedules and managing their time than others?

*Bring your planners and syllabi for each class for a closing activity.

Making BG Your Home Away from Home

7 p.m., Bowen-Thompson Student Union, Room 315

Feeling homesick? Wondering how to settle in and get involved at BGSU? We'll discuss coping with homesickness and getting connected here.

THURSDAY, SEPT. 8

Want to be a Millionaire?

11 a.m., Learning Commons, 1st Floor Jerome Library

A better understanding of the importance of financial literacy, taking it seriously and knowing the steps necessary to be successful with personal finances.

FRIDAY, SEPT. 9

Demystifying Academic Writing Expectations: How to be Successful in GSW and All Your College Writing Projects

3 p.m., Learning Commons, 1st Floor Jerome Library

Discover ways to enhance your writing experiences in GSW 1100/1110, and apply what you learn in GSW to all your other college writing projects. Meet with faculty members from multiple departments to discuss writing expectations across the curriculum.



All sessions are scheduled to last for one hour, unless otherwise indicated.

MONDAY, SEPT. 12

Relax Your Body

5 p.m., College Park Room 2

Learn relaxation techniques to ward off stress and maintain productivity and a positive outlook! Strict limit of 15 participants. Call 372-2081 to pre-register.

Roomlywed Game!

Monday, September 12

6:30 p.m., Bowen-Thompson Student Union, Room 315

Bring your roommate with you to play the Roomlywed Game! This session will help you and your roommate get to know each other a little bit better in order to be a great roommate pair this year.

TUESDAY, SEPT. 13

Did You See/Hear That? When Should I REPORT IT?

9 a.m., Honors Classroom, Harshman Chapman 262

Interactive way to explore scenarios that involve the community and how to respond or REPORT IT!



Make a Difference and Go Greek

5:30 p.m., Olscamp 223

Learn about how joining a fraternity or sorority at BGSU can impact your undergraduate experience by providing opportunities for academic support, community service, leadership, and lifelong friendships.

WEDNESDAY, SEPT. 14

What the Help?

8:30 p.m., Olscamp 101A

Ever been in a situation where you should've done something, but didn't? You were a bystander. Come find out about bystander intervention and how and when to intervene in situations.

THURSDAY, SEPT. 15

Free Your Mind

4 p.m., College Park Room 2

Learn to recognize and change the self-defeating thought patterns that come with stress! Strict limit of 15 participants. Call 372-2081 to pre-register.

FRIDAY, SEPT. 16

Navigating Involvement Opportunities

2:30 p.m., Bowen-Thompson Student Union, Room 315

Join us to learn about opportunities in student organizations and on campus for first-year students to get involved.

MONDAY, SEPT. 19

Improve Your Relationship

5 p.m., College Park Room 2

Relationships can affect your stress level. Learn skills for building, evaluating, and improving your relationships. Strict limit of 15 participants. Call 372-2081 to pre-register.

Did You Ask?

6 p.m., Bowen-Thompson Student Union 228

This program uses interactivity to explore and define what sexual assault is, the concept of consent and how sex and alcohol don't mix well.



TUESDAY, SEPT. 20

Banking Basics

10 a.m., Learning Commons,
1st Floor Jerome Library

How checking and savings can be used as tools for success when used properly and understood.

Introduction to the Leadership Certificate Program

6 p.m., Perry Field House

Employers are looking for demonstrated leadership and team development experiences. The BGSU Leadership Certificate Program (LCP) provides a guide for BGSU students to advance and demonstrate their leadership and team experiences. This workshop will introduce participants to the benefits of the LCP and the program requirements.

WEDNESDAY, SEPT. 21

Math & Stats Tutoring Services Offered at BGSU

9:30 a.m., Learning Commons,
1st Floor Jerome Library

The services offered at the Learning Commons include Math & Stats Tutoring. Get help sooner rather than later.

Diversity 101:

The Card Party

3:30 p.m., Bowen-Thompson
Student Union, Room 207

Take on a new identity by playing a game of chance and get an idea of what it is like to walk in someone else's shoes.

Talk Sex with the Student Wellness Network

9 p.m., Olscamp 117

Have questions about sex, relationships and everything in

between? Let our Student Wellness Network panel answer them for you! Participants receive safer sex kits.

THURSDAY, SEPT. 22

Nurture Yourself

4 p.m., College Park Room 2

To function well, good self-care is essential. Learn ways to nurture mind, body, and mood. Strict limit of 15 participants. Call 372-2081 to pre-register.

(MEN)tor: BGSU Men Achieving More with Guidance

8 p.m., Olscamp 119

Attention MEN! Do you have a mentor? Come learn the importance/benefits of mentorship and how you can achieve more! (For men Only)

FRIDAY, SEPT. 23

Graphing Calculators in College Math Courses

11 a.m., Learning Commons,
1st Floor Jerome Library

Learn how to use the graphing calculator in your math courses and how to get the most out of what it has to offer.

MONDAY, SEPT. 26

Goal Setting/Decision Making

4 p.m., Olscamp 226

During this workshop, we will take a look at your personal goals, Decision making process, and beliefs that drive you to make Decisions and how these impact your life.

Conquer Procrastination

5 p.m., College Park Room 2

Learn how "A" and "F" students manage their time and how you can conquer procrastination. Strict limit of 15 participants. Call 372-2081 to pre-register.

TUESDAY, SEPT. 27

Why the Nice Roommates Move Out First

2:30 p.m., Olscamp 119

This session provides tips and advice on how to address small issues before they become big conflicts with roommates.

BGSU WRITING SUPPORT

Learning Commons, 1st Floor Jerome Library, 372-2823
www.bgsu.edu/offices/learningcommons

The Learning Commons writing support staff is dedicated to helping students become more competent and confident writers in all courses. Writing consultants provide informed, friendly feedback on:

- > ENG 1100, 1110 and 1120 essays
- > Writing in any course
- > Any stage of writing from pre-writing and research to final drafts
- > Specific topics including thesis constructions, organization, MLA formatting and punctuation

WEDNESDAY, SEPT. 28

Introduction to the Leadership Certificate Program

6 p.m., Business Administration Building Room 104

Employers are looking for demonstrated leadership and team development experiences. The BGSU Leadership Certificate Program (LCP) provides a guide for BGSU students to advance and demonstrate their leadership and team experiences. This workshop will introduce participants to the benefits of the LCP and the program requirements.

4-5-6-8 Moderate!

8:30 p.m., Learning Commons, 1st Floor Jerome Library

Learn ways to develop healthy eating habits and fend off the Freshman 15.

THURSDAY, SEPT. 29

Relax Your Body

4 p.m., College Park Room 2

Learn relaxation techniques to ward off stress and maintain productivity and a positive outlook! Strict limit of 15 participants. Call 372-2081 to pre-register.

Hmm...So, There's Nothing to Do Here

7 p.m., Bowen-Thompson Student Union, Room 207

You have about one thousand three hundred and fifty-four days @bgsu. How are you going to spend them? Get involved.

MONDAY, OCT. 3

Free Your Mind

5 p.m., College Park Room 2

Learn to recognize and change the self-defeating thought patterns that come with stress! Strict limit of

STUDY SKILLS

Learning Commons, 419-372-2823

1st floor Jerome Library

www.bgsu.edu/offices/learning-commons

- > Provides help to students taking 1000- and 2000- level general education courses in sciences, social sciences and humanities
- > Study groups led by an academic mentor
- > Individual help in study skills and reading
- > Offers ACEN 1000 course for freshmen who would like to be better prepared for college-level courses
- > Walk-in tutoring service for biology, chemistry and sociology

15 participants. Call 372-2081 to pre-register.

TUESDAY, OCT. 4

You're So Money!

9 a.m., Learning Commons, 1st Floor Jerome Library

Being successful with finances requires organization, discipline and effort. A budget is an easy way to keep on track and we show you the tools to make it even easier.

Getting What You Need: Assertiveness Skills for Better Relationships

7 p.m., Olscamp 213

Do you have trouble saying no? Avoid conflict? Want to stand up for yourself? We'll discuss more effective, assertive communication.

WEDNESDAY, OCT. 5

Building Connections: Creating and Fostering a Working Faculty/Student Relationship

2:30 p.m., Learning Commons, 1st Floor Jerome Library

Creating an effective, professional, working relationship with your professor is essential to academic success. In this session, we will be looking at how to engage in a professional interaction with your professor, utilizing a professor's resources, and establishing a comfort level between the student and faculty to member to help "bridge the gap" and assist in the learning process.





Diversity 101: Unequal Resources

3:30 p.m., Business Administration Building 104

Are you the creative artist type? Create a work of art examining “haves” and “have nots” in society.

My First Career Fair

4:30 p.m., Olscamp 111

Visit with EXPO Job and Internship Fair employers to gain insight and information about job fair preparation, employer expectations, and the internship and job search process. This employer panel will teach students about job opportunities in a variety of fields, while answering all of your questions.

Introduction to the Leadership Certificate Program

6 p.m., Business Administration Building 103

Employers are looking for demonstrated leadership and team development experiences. The BGSU Leadership Certificate Program (LCP) provides a guide for BGSU students to advance and demonstrate their leadership and team experiences. This workshop will introduce participants to the benefits of the LCP and the program requirements.

THURSDAY, OCT. 6

Improve Your Relationship

4 p.m., College Park Room 2

Relationships can affect your stress level. Learn skills for building, evaluating, and improving your relationships. Strict limit of 15 participants. Call 372-2081 to pre-register.

FRIDAY, OCT. 7

Did You See/Hear That? When Should I REPORT IT?

11 a.m., Founders Hall Conference Room

Interactive way to explore scenarios that involve the community and how to respond or REPORT IT!

THURSDAY, OCT. 13

Conquer Procrastination

4 p.m., College Park Room 2

Learn how “A” and “F” students manage their time and how you can conquer procrastination. Strict limit of 15 participants. Call 372-2081 to pre-register.

MONDAY, OCT. 17

Relax Your Body

5 p.m., College Park Room 2

Learn relaxation techniques to ward off stress and maintain productivity and a positive outlook! Strict limit of 15 participants. Call 372-2081 to pre-register.

David Coleman: “America’s Real-Life Hitch”

9 p.m., Olscamp 101

Need relationship advice? Dating Doctor and BGSU Graduate David Coleman will give you all the advice you can handle. Come out and talk about love and life with “America’s Real-Life Hitch”.

TUESDAY, OCT. 18

What Can I Do with a Major In _____?

4 p.m., Jerome Library, Room 122 Computer Lab

Not sure what to do with a major in _____? During this presentation, explore multiple

majors and careers to find your fit! We will share tips for researching academic majors and career resources. Let us help you find your path at BGSU.

Off Campus 101

7 p.m., Learning Commons, 1st Floor Jerome Library

Planning to move-off campus before you graduate? Don’t go into this decision without proper preparation. This session will help you to best understand your responsibilities and learn more about the resources available to you before you make this transition.

WEDNESDAY, OCT. 19

Dazed and Confused

5 p.m., Business Administration Building 104

This interactive workshop will attempt to separate marijuana fact from fiction.

Make a Difference and Go Greek

8 p.m., Olscamp 223

Learn about how joining a fraternity or sorority at BGSU can impact your undergraduate experience by providing opportunities for academic support, community



service, leadership, and lifelong friendships.

Diversity 101: Potato Patato... Same or Different

3:30 p.m., Bowen-Thompson Student Union, Room 207

This activity will examine the uniqueness of each individual in relation to diversity.

THURSDAY, OCT. 20

Free Your Mind

4 p.m., College Park Room 2

Learn to recognize and change the self-defeating thought patterns that come with stress! Strict limit of 15 participants. Call 372-2081 to pre-register.

Experience Matters: Learn About Co-Ops and Internships

4:30 p.m., Business Administration Building 264

Survey says...employers hire students with experience! Set yourself apart from the crowd by listening to current students as they share personal and professional tips on the value of finding and applying to co-ops and internships that meet career goals.

MONDAY, OCT. 24

Nurture Yourself

5 p.m., College Park Room 2

To function well, good self-care is essential. Learn ways to nurture mind, body, and mood. Strict limit of 15 participants. Call 372-2081 to pre-register.

TUESDAY, OCT. 25

Fantastic Plastic

9:30 a.m., Bowen-Thompson Student Union, Room 208

What you need to know about credit cards and keeping your accounts secure.

Nacho Disability: Learning and Leading with Inclusivity in Mind

4 p.m., Olscamp, Room 119

When it's Nach-yo disability, it's your responsibility to learn as much as you can about visible and invisible conditions that impact your peers on this campus and how to be inclusive in leadership. Nachos provided!

Taking a Radical LEAP as a Greek

7:30 p.m., Learning Commons, 1st Floor Jerome Library

Steve Farber's leadership model creates excitement about challenges that lie before a leader. Fraternity and sorority members will be motivated to "do something cool, something significant, something meaningful." (Part of the Greek New Members series)

WEDNESDAY, OCT. 26

Off Campus 101

4 p.m., Learning Commons, 1st Floor Jerome Library

Planning to move-off campus before you graduate? Don't go into this decision without proper preparation. This session will help you to best understand your responsibilities and learn more about the resources available to you before you make this transition.

Moral/Ethical Leadership

4 p.m., Business Administration Building 103

What makes any given Decision an ethical Decision? The problem with ethics is that what may seem morally right (or ethical) to one person may seem inappropriate to another. Moral and ethical leadership is about knowing your core values and having the courage to live them in all parts of your life. During this workshop, we will discuss the value of ethical leadership and learn techniques to help us handle ethical dilemmas.

Blue at BGSU? Seasonal Depression

5 p.m., Bowen-Thompson Student Union, Room 315

October is Depression Awareness Month. Learn ways to manage "down" days, feel better generally, and/or help a friend with depression.

STUDENT MONEY MANAGEMENT SERVICES

406 Moseley Hall, 372-2252
www.bgsu.edu/offices/smms

Services include:

- > Free and confidential individual Financial Education Sessions with a trained professional and a trained Student Financial Educator
- > Group Seminars at various times and locations to help students learn about topics such as credit cards, budgeting, banking and credit scores
- > Comprehensive student-oriented money management website with local, state and national financial education resources

THURSDAY, OCT. 27

Improve Your Relationship

4 p.m., College Park Room 2

Relationships can affect your stress level. Learn skills for building, evaluating, and improving your relationships. Strict limit of 15 participants. Call 372-2081 to pre-register.

I'm Not as Think as You Drunk I Am

6 p.m., Olscamp 120

This workshop will explore current trends, perceptions, and misperceptions about college drinking, and when alcohol can become a problem.

MONDAY, OCT. 31

Free Your Mind

5 p.m., College Park Room 2

Learn to recognize and change the self-defeating thought patterns that come with stress! Strict limit of 15 participants. Call 372-2081 to pre-register.

TUESDAY, NOV. 1

Drift Away from the Jersey Shore Mentality: A Guide to Healthy Relationships

8:30 p.m., Learning Commons,
1st Floor Jerome Library

Various forms of media send mixed messages to college students that prove to be quite confusing and misleading. Learn about romantic relationships and how you can develop a healthy path! (Part of the Greek New Members series)

WEDNESDAY, NOV. 2

Diversity 101: BG's Rainbow

3:30 p.m., Bowen-Thompson
Student Union, Room 207

Learn about the LGBT community on campus and available resources for LGBT students and their friends.

Off Campus 101

7 p.m., Learning Commons,
1st Floor Jerome Library

Planning to move-off campus before you graduate? Don't go



into this decision without proper preparation. This session will help you to best understand your responsibilities and learn more about the resources available to you before you make this transition.

THURSDAY, NOV. 3

Relax Your Body

4 p.m., College Park Room 2

Learn relaxation techniques to ward off stress and maintain productivity and a positive outlook! Strict limit of 15 participants. Call 372-2081 to pre-register.

MONDAY, NOV. 7

Conquer Procrastination

5 p.m., College Park Room 2

Learn how “A” and “F” students manage their time and how you can conquer procrastination. Strict limit of 15 participants. Call 372-2081 to pre-register.

Don't Let the Sex Bugs Bite

8 p.m., Learning Commons,
1st Floor Jerome Library

Wonder how sexually transmitted infections (STI) get transmitted or if you could be at risk of transmitting one? Come find all your answers through an interactive “tic-tac-toe” game.

TUESDAY, NOV. 8

Wearing Your Letters 24/7

6 p.m., Learning Commons,
1st Floor Jerome Library

Greek members take great pride in wearing their letters. As a member of a values-based organization, learn more about how to best exemplify your fraternity/sorority. (Part of the Greek New Members series)

WEDNESDAY, NOV. 9

Diversity Leadership

4 p.m., Education Building 301

As organizations become more diverse, leaders can no longer assume that employees want the same things, act in the same manner, and can be led in the same way. The goal behind having a diverse organization is to bring in and share new points of view and ideas. During this workshop, we will explore the benefits of diverse teams, the unique contributions individual identities bring to leadership positions and review key techniques for recruiting and leading diverse organizations.

Off Campus 101

4 p.m., Learning Commons,
1st Floor Jerome Library

Planning to move-off campus before you graduate? Don't go into this decision without proper preparation. This session will help you to best understand your responsibilities and learn more about the resources available to you before you make this transition.

THURSDAY, NOV. 10

For Better or Worse... Married to Your Credit

9:30 a.m., Bowen-Thompson
Student Union, Room 315

How the Decisions you make now will affect your future financial outcome, for better or worse.

Nurture Yourself

4 p.m., College Park Room 2

To function well, good self-care is essential. Learn ways to nurture mind, body, and mood. Strict limit of 15 participants. Call 372-2081 to pre-register.

MONDAY, NOV. 14

Improve Your Relationship

5 p.m., College Park Room 2

Relationships can affect your stress level. Learn skills for building, evaluating, and improving your relationships. Strict limit of 15 participants. Call 372-2081 to pre-register.

TUESDAY, NOV. 15

Courageous Conversations: Creating Genuine Bonds Through Brotherhood and Sisterhood

6 p.m., Learning Commons,
1st Floor Library

Learn how to strengthen your bond with fellow chapter

WELLNESS CONNECTION

214 Student Recreation Center, 372-WELL (9355)
www.bgsu.edu/wellness

The educational and health promotional branch of the Student Health Service provides:

- > Health education presentations by peer educators and staff
- > On-site alcohol and other drug counseling and evaluation services
- > Nutritional counseling and assessment by a Registered Dietitian
- > Health and Wellness Resource Library
- > Free HIV testing on Fridays



members. Focusing on genuine communication and expression of heartfelt perspective will result in the ability to be assertive and forge long-lasting friendships. (Part of the Greek New Members series)

WEDNESDAY, NOV. 16

Did You See/Hear That? When Should I REPORT IT?

10 a.m., Bowen-Thompson Student Union, Room 315

Interactive way to explore scenarios that involve the community and how to respond or REPORT IT!

Diversity 101: Barnqa

3:30 p.m., Bowen-Thompson Student Union, Room 207

Play a game about cooperative learning and competitive playing.

THURSDAY, NOV. 17

Free Your Mind

4 p.m., College Park Room 2

Learn to recognize and change the self-defeating thought patterns that come with stress! Strict limit of 15 participants. Call 372-2081 to pre-register.

MONDAY, NOV. 21

Relax Your Body

5 p.m., College Park Room 2

Learn relaxation techniques to ward off stress and maintain productivity and a positive outlook! Strict limit of 15 participants. Call 372-2081 to pre-register.

MONDAY, NOV. 28

Free Your Mind

5 p.m., College Park Room 2

Learn to recognize and change the self-defeating thought patterns that come with stress! Strict limit of 15 participants. Call 372-2081 to pre-register.

TUESDAY, NOV. 29

Know What You Owe

8:30 a.m., Bowen-Thompson Student Union, Room 315

What to expect after graduation when it comes to paying back school loans. Options you may want or need to consider.

WEDNESDAY, NOV. 30

Diversity 101: Pizza Party... with a Catch

3:30 p.m., Bowen-Thompson Student Union, Room 207

Experience a condition similar to what some people deal with regularly.

THURSDAY, DEC. 1

Fitting in Fitness

9 a.m., Business Administration Building 102

You know it's important to exercise and be active. The challenge is making time to do it and sticking with it! Join this interactive session and learn easy tips to fit in fitness and feel your best!

Conquer Procrastination

4 p.m., College Park Room 2

Learn how "A" and "F" students manage their time and how you can conquer procrastination. Strict limit of 15 participants. Call 372-2081 to pre-register.

BGSU Goes Red: A Panel Discussion on HIV/AIDS

8 p.m., Bowen-Thompson Student Union, Room 207

This panel discussion will cover HIV/AIDS issues and how BGSU students can help end AIDS. Participants will receive free condoms and red awareness ribbons.

MONDAY, DEC. 5

Nurture Yourself

5 p.m., College Park Room 2

To function well, good self-care is essential. Learn ways to nurture mind, body, and mood. Strict limit of 15 participants. Call 372-2081 to pre-register.

All sessions are scheduled to last for one hour, unless otherwise indicated.

TUESDAY, DEC. 6

Lessons from Harry Potter: Making Difficult Decisions in Difficult Situations

10 a.m., Business Administration Building 102

Learn how to make difficult decisions in difficult situations using lessons from Harry Potter.

WEDNESDAY, DEC. 7

Negotiating a Truce: Conflict Resolution

7 p.m., Olscamp 203

Do you fight fair? Want to solve conflicts more effectively? Learn to find “win-win” solutions to conflicts with friends, family, and coworkers.

THURSDAY, DEC. 8

Relax Your Body

4 p.m., College Park Room 2

Learn relaxation techniques to ward off stress and maintain productivity and a positive outlook! Strict limit of 15 participants. Call 372-2081 to pre-register.

STUDENT LEGAL SERVICES

401 South Hall, 372-2951
www.bgsu.edu/offices/sls

Services include:

- > Landlord-tenant matters
- > Contract and consumer matters including credit problems
- > Misdemeanor criminal cases
- > Traffic cases on and off campus
- > Family and domestic relations matters
- > Miscellaneous matters including review of employment contracts, notary service, etc.





COUNSELING CENTER

College Park Office Bldg, 372-2081
www.bgsu.edu/counseling

- > Licensed psychologists, mental health professionals and advanced pre-doctoral trainees provide free services including:
- > Counseling (individual, group and couples)
- > Psychological consultation
- > Psychiatric services
- > Stress management clinic
- > Workshops and programming
- > Training
- > Online resource and referral services
- > National testing services are also provided through the Counseling Center

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419-372-9277
www.bgsu.edu/its/arc

Career Center
318C Math Sciences Bldg.
419-372-2356
hire.bgsu.edu

Center for Leadership
105 Moseley Hall
419-372-9623
www.bgsu.edu/leadership

Counseling Center
College Park Office Bldg.
419-372-2081
www.bgsu.edu/counseling

Disability Services
413 South Hall
419-372-8495 voice
419-372-9455 TTY
www.bgsu.edu/offices/sa/disability

Fraternity & Sorority Life
301 Bowen-Thompson Student Union
Room 301
419-372-2581
www.bgsu.edu/offices/sa/greek

Learning Commons
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www.bgsu.edu/offices/learningcommons

Off-Campus Student Services
401 Bowen-Thompson Student Union
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Office of the Bursar
132 Administration Building
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www.bgsu.edu/offices/bursar

Office of Campus Activities
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419-372-2343
www.bgsu.edu/getinvolved

Office of the Dean of Students
301 Bowen-Thompson Student Union
419-372-2843
www.bgsu.edu/offices/sa/life

Office of Multicultural Affairs
3rd floor Math-Science Building
419-372-2642
www.bgsu.edu/offices/sa/oma

Office of Residence Life
4th floor Math-Science Building
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hire.bgsu.edu

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Health Center
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Wellness Connection
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www.bgsu.edu/wellness

Women's Center
108A Hanna Hall
419-372-7227
www.bgsu.edu/offices/women

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