



# Stall Talk

Your source for health events, news, and tidbits

Welcome Back to BGSU!!



## AlertBG

BGSU Text Message Alert System  
Sign up Now for  
Alert BG!

You will receive text messages to warn of such situations as campus emergencies, building closures, severe weather and classes canceled. To Sign up visit the MYBGSU site.

## Student Money

### Management Services

406 Moseley Hall



Free to ALL BGSU students! They can help you with your personal financial issues & goals!

Call (419) 372-2252 or email [smms@bgsu.edu](mailto:smms@bgsu.edu)

For more information visit [www.bgsu.edu/smms](http://www.bgsu.edu/smms)

## Don't Miss Out on Campus Fest!!

Friday Sept. 3rd, 10 am - 3 pm.

Campus Fest gives you a chance to discover all your options for getting involved with BGSU.

BGSU offers more than 300 student organizations! You can also explore volunteer opportunities in BG and NW Ohio.



## HIV TESTING FREE & CONFIDENTIAL

Available Fridays between  
9:30 am and 3:30 pm!

Wellness Connection  
Room 214 Student Rec Center  
Call the Wellness Connection at  
419-372-9355 to schedule an  
appointment!

## Student Recreation Center

MON-THURS 6 AM-11 PM  
FRIDAY 6 AM-9PM  
SATURDAY 12-9 PM  
SUNDAY 12-11PM

## DO YOU HAVE "CONDOM SENSE"?

The Condom Sense Program provides discounted male condoms to students at BGSU.

Membership includes 50 latex condoms for \$10 and a fun, educational program on the proper use of condoms!

For more information contact the Student Wellness Network at [wellnet@bgsu.edu](mailto:wellnet@bgsu.edu)

## Student Health Service Party on the Lawn



Thursday, Sept 3, 2009  
2 - 5:30 PM Health Center Lawn  
Please stop by for games, enjoy a sno-cone or two, have some popcorn and meet your favorite healthcare providers here at the Student Health Service. Drop by for tons of fun!

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[www.glasbergen.com](http://www.glasbergen.com)



*"If you hadn't done those tests to find out what's wrong with me, I'd still be healthy!"*

## THE STUDENT WELLNESS NETWORK

We strive to promote awareness of all aspects of wellness and to develop interactive & educational programs for the BGSU community. Meetings held Tuesdays at 7:45 pm in the Student Recreation Center Conference Room. For more information, please contact Colleen at [cbfitzg@bgsu.edu](mailto:cbfitzg@bgsu.edu).

**Wellness Connection Hours:**  
Mon- Fri 8 AM- 5 PM  
(419)-372-9355

## Seasonal Flu 101

Flu season is right around the corner! Here are some general precautions to remember:

- Wash hands regularly
- Stay home from class or work if you are sick
- If you have flu-like symptoms go to the Student Health Service or call 419-372-2271 for an appointment
- Cough and sneeze into your sleeve

## How Will You Use the Buddy System This Year?

The buddy system is an excellent idea for friends when they are out late at night...or get sick! It is recommended that people develop a "flu buddy" where they pair up to care for each other if one or the other becomes ill.

## IMPORTANT SAFETY NUMBERS

CAMPUS POLICE  
419-372-2346

BG POLICE  
419-352-2571

CAMPUS ESCORT  
419-372-8360

2-RIDE  
419-372-RIDE

## FOLLOW THE WELLNESS CONNECTION ON TWITTER!!!

[www.twitter.com/BGSUwellness](http://www.twitter.com/BGSUwellness)

## WELCOME BACK WEEK EVENTS

### Sept 1 -

Men's Soccer vs. Marshall  
1:00 PM Cochrane Field  
Comedian Tracey Ashley  
9:00 PM 202 BTSU

### Sept 2-

Welcome Back Cookout  
4 - 6 PM Jerome Library Patio  
Illusionist Craig Karges  
9:00 PM 202 BTSU

### Sept 3-

Campus Fest  
10 AM - 3 PM University Lawn  
Football Home Opener  
7 PM Doyt Perry Stadium

Visit [http://www.bgsu.edu/offices/sa/first\\_year/page18305.html](http://www.bgsu.edu/offices/sa/first_year/page18305.html) for a complete list of Welcome Week Events!

Brought to you by the Wellness Connection and Recreation and Wellness

•214 Student Recreation Center • Phone 419-372-9355 (WELL) • [www.bgsu.edu/wellness](http://www.bgsu.edu/wellness)•